

NESCEL M. YGOT, LPT

Brgy. Igang Baybay City, Leyte 6521 Philippines

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PROFILE

A dedicated and self-starting individual with a background in organizing different activities and an eagerness to learn more, skills, and experience-wise. Possesses a highly professional approach, outstanding communication skills, and keen attention to safety and detail. Offers an important ability to work and perform well independently or in a team.

EDUCATION

September 2020 – August 2024

Visayas State University-Main Campus (Baybay City, Leyte)
Bachelor of Culture and Arts Education
College of Teacher Education | Institute of Human Kinetics

June 2018 – March 2020

Baybay City Senior High School
Humanities and Social Sciences (HUMSS)
With Honors
Baybay City, Leyte

June 2014 – March 2018

Baybay National High School
Science, Technology, Engineering and Mathematics (STEM)
With Honors
Baybay City, Leyte

PROFESSIONAL EXPOSURE

June – August 2025

Baybay City Senior High School
KALAHI-DSWD CIDDS Program
Baybay City, Leyte

Office Staff

- Greeting visitors and providing a professional, welcoming environment.
- Directing inquiries and visitors to the appropriate departments or staff members.
- Maintaining office supplies and ensuring the workspace is organized.
- Operating standard office equipment such as printers, photocopiers, and computers.

December 2023 – December 2024

Acadsoc
Remote Job (Work from home)

ESL Teacher

- Sensitivity to cultural differences, open-mindedness, and empathy when teaching diverse students.



- Ability to manage student behavior, create a positive learning environment, and handle diverse learning needs.
- Proficiency with computer-based educational software and online learning platforms.
- Providing constructive feedback on student progress and offering targeted support for improvement.

February – May 2024

**Baybay National High School
Baybay City, Leyte**

Student Teacher

- Assessed student progress through formative and summative assessments.
- Provided guidance and assistance to students in addressing academic, social, and emotional needs.
- Developed positive relationships with parents and guardians to ensure students' academic success.
- Kept classroom clean, organized, and safe for students and visitors.

July – August 2023

**Baybay City Tourism Office
Baybay City, Leyte**

Apprentice

- Creating promotional materials and events.
- Managing and maintaining tourism-related information and resources
- Developing and implementing tourism marketing campaigns.

July – August 2022

**DYDC 104.7 FM
Visayas State University
Baybay City, Leyte**

Apprentice

- Assisting with the operation and maintenance of broadcast equipment.
- Editing audio, logging music and program information, and managing data and reports related to broadcast systems.
- Performing general office duties, managing schedules, and interacting with internal teams and external customers or guests.

PAPER PRESENTATIONS

December 18, 2023

Untangling Ribbons: Exploring Roger Pernites' Artistic Expression and Motif

This study explores Roger Pernites' artistic expression and motif in his different art works. It scopes limits on how ribbons connect in his every piece of artwork.

May 2024

Enhancing Students' Time Management using Promodoro Technique

This study aims to help students with their time management both in

school and at home using Promodoro Technique.

RECOGNITIONS AND AWARDS

July 13, 2025
May 2024
February 2024
December 2020

- **NCII Holder (Agro-entrepreneurship)**
- **Most Kinesthetic Student-teacher Awardee**
- **Best Choreographer (BNHS Foundation Day)**
- **Best Oral Presentor**
- **Best Action Research Paper**



May 23, 2025

- **Passed the Licensure Examination for Professional Teachers (LEPT)**

SKILLS

- Excellent and effective writing and communication skills.
- Effectively manage an environment to foster a positive and productive atmosphere
- Established strong connection to colleagues' interaction
- Computer Savvy
- Open to new ideas and willing to learn new ways of doing things

REFERENCES

Renee Calamba

MAPEH Department Head
Baybay National High
School

Andrew A. Mazo

IHK Director
Institute of Human Kinetics
Visayas State University

Kevin Sumayang

Professor/Adviser
Institute of Human Kinetics
Visayas State University

*Contact numbers are available upon request