

DAILY TIME RECORD
ALBA, ARTURO B. JR.
(NAME)

For the month of
November 1 - 30, 2025
Official hours for arrival and departure
8:00AM - 5:00PM

Day	AM		PM		T/U	Total
	IN	OUT	IN	OUT		
1-SAT						Off
2-SUN						Off
3-MON						SUSPENDED 8:00 am 5:00 pm
4-TUE						SUSPENDED 8:00 am 5:00 pm
5-WED						Absent
6-THU						Absent
7-FRI						Absent
8-SAT						Off
9-SUN						Off
10-MON						SUSPENDED 8:00 am 5:00 pm
11-TUE	6:19	11:33	11:33	5:00		8hrs
12-WED	6:08	11:31	11:31	5:00		8hrs
13-THU						SEL
14-FRI						SEL
15-SAT						Off
16-SUN						Off
17-MON	6:06	11:32	11:33	5:00		8hrs
18-TUE	6:16	11:31	11:31	5:01		8hrs
19-WED	6:11	11:30	11:31	4:10	50mins	7hrs 10mins
20-THU	6:00	11:33	11:34	5:00		8hrs
21-FRI	6:02	11:30	11:31	5:02		8hrs
22-SAT						Off
23-SUN						Off
24-MON	7:00	12:08				4hrs 30mins
						SUSPENDED 12:01 pm 11:59 pm
25-TUE	6:40	11:30	11:31	5:00		8hrs
26-WED	5:58	11:35	11:35	5:01		8hrs
27-THU						SEL
28-FRI						SEL
29-SAT						Off
30-SUN						Off

I CERTIFY on my honor that the above is true and correct report of the hours of work performed record of which was made daily at the time of arrival at and departure from office.

ARTURO B. ALBA JR.

VERIFIED as to prescribed office hours

ANDREW A. MAZO
Department Head
Institute of Human Kinetics

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