



EXCERPT FROM THE APPROVED MINUTES OF THE
112th VSU Board of Regents' Meeting
CHED Central Office, Diliman, Quezon City
27 October 2023

PROPOSAL ON ADOPTION OF THE CMO NO. 39, s. 2021 -
POLICIES, STANDARDS, AND GUIDELINES ON THE
IMPLEMENTATION OF TERTIARY PHYSICAL EDUCATION:
PHYSICAL ACTIVITY TOWARDS HEALTH AND FITNESS
(PATHFIT) COURSES

The Board passed

BOR Resolution No. 70, s. 2023

A Resolution Approving the proposal of the Institute of Human Kinetics for the Adoption of CMO No. 39, s. 2021: Policies, Standards, and Guidelines on the Implementation of Tertiary Physical Education: Physical Activity Towards Health and Fitness (PATHFIT) Courses.

BOARD ACTION : **APPROVED**
Date : 27 October 2023

Certified True and Correct:


GUIRALDO C. FERNANDEZ, JR.
Board & University Secretary

Cc: OVPAA
IHK
CoEduc
University Registrar