



EXCERPT FROM THE APPROVED MINUTES OF THE  
**99<sup>th</sup> VSU Board of Regents Meeting**  
**19 November 2020**  
Visayas State University  
(by Teleconference)

**Implementation of a “Wellness Week” from**  
**November 23-27, 2020 Across VSU System**

The Board passed

**BOR Resolution No. 143, s. 2020**

A Resolution Approving the Implementation of a “Wellness Week” Across VSU System for the period November 23-27, 2020 *provided* that the objectives of implementing a “Wellness Week” are defined, as well as the activities and the expected outcomes of these activities for the Students, the faculty and the administrators.

BOARD ACTION : **APPROVED**  
Date : 19 November 2020

Certified True and Correct:

  
**GUIRALDO C. FERNANDEZ, JR.**  
*Board Secretary*

Cc: OP  
OVPA  
University Registrar  
Component Colleges (4)