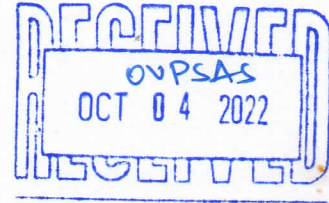




October 3, 2022

Dr. Edgardo E. Tulin
VSU President
Visca, Baybay City, Leyte



Through: **Dr. Aleli A. Villocino**
VP for Student Affairs and Services

Sir:


The Office of the Dean of Students through the Office of Student Welfare Services joins the Department of Health in the celebration of the Mental Health Week this 2nd week of October. This is to remind us to give priority to our mental health in line with the World Mental Health Day's theme: "Make Mental Health & Well-Being for All a Global Priority."

With this, we are organizing a Mental Health Forum on October 12, 2022 at the RDE Hall for our students, faculty and staff. We have invited Dr. Kathina Oaminal-Watin, psychologist from AKVO Applied Psychology Center-Cebu to talk about "Managing the Mental Health Challenges" of our students and "Strengthening the Response of faculty and staff for Mental Health and Psycho Social Support. We also have resource speakers from Baybay City Health and City Social Welfare Development Office to discuss the mental health resources available or services that our students can avail of.

Attached herewith is the activity proposal with the budgetary requirements and the CV of the Resource Speaker.

Thank you.

Very truly yours,


CHONA A. BRIT
Head, OSWS

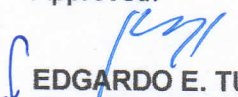
Noted:


MANOLO B. LORETO, JR.
Dean of Students

Recommending Approval:


ALELI A. VILLOCINO
VP for Student Affairs and Services

Approved:


EDGARDO E. TULIN
President *alc nlsnw*





II. PROGRAM OF ACTIVITIES

PART I: MENTAL HEALTH FORUM

A.M. SESSION (9:30-12:00)

Topic 1: Managing Mental Health Challenges of Students

Resource Speaker: Dr. Kathrina Oaminal-Watin, RPsy, PhD
Psychologist, AKVO Applied Psychology Center, Cebu City

Topic 2: Mental Health Services/Resources

Presenter 1: **Dr. Jerome B. Profetana, M.D.**
Medical Officer V, Baybay City Health Office

Presenter 2: **Dr. Manuel Icon P. Donaire, DPA**
City Social Welfare and Development Officer

P.M. SESSION (1:30-3:30)

ADVOCATING FOR MENTAL HEALTH

Topic: Mental Health and Psycho-Social Support: Strengthening
Faculty and Staff Response

Resource Speaker: Dr. Kathrina Oaminal-Watin, RPsy, PhD
Psychologist, AKVO Applied Psychology Center, Cebu City

PART II. OATH TAKING CEREMONY OF DBGF's, ADVISERS & CAMPUS MINISTERS (3:30-4:30 P.M.)

III. BUDGETARY REQUIREMENTS (charged to the Office of Student Welfare Services & Office of Student Development Services allocation)

A. Honorarium for Speaker(s)	-	P 21,000.00
B. Accommodation of the Speaker (Apartelle)	-	1,500.00
C. Transportation Expense	-	3,500.00
D. Food (Snacks and Lunch for the Resource Speakers & Working committee members)	-	7,500.00
E. Gasoline for Service Vehicle	-	2,500.00
F. Snacks for the Campus Ministers, DBGF, Advisers & Student Leaders (charged to OSDS)	-	15,000.00
TOTAL		51,000.00

Prepared by:

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CHONA A. BRIT
Head, OSWS

Noted:

Manolo B. Loreto, Jr.
MANOLO B. LORETO, JR.
Dean of Students

Funds Available:

Louella C. Ampac
LOVELLA C. AMPAC
Financial Management Director