

☒ Original PPMP

☐ Revised (Changed items, same budget)

☐ Supplemental



Republic of the Philippines
VISAYAS STATE UNIVERSITY
Visca, Baybay City, Leyte

SCAN HERE



PPMP-2025-0808-289884

PROJECT PROCUREMENT MANAGEMENT PLAN (PPMP)

CY 2025

END-USER/UNIT: Institute of Human Kinetics

CHARGED TO GF-MOOE

Project, Programs and Activities (PPAs):

This study aims to assess the physical fitness level of service physical education students at Visayas State University (VSU) using standardized health-related and skill-related fitness tests. By evaluating students' fitness before and after the assessment, the research seeks to identify gaps in their physical conditioning and recommend tailored exercise routines to improve their overall fitness. Additionally, the study supports the university's commitment to SDG 3 (Good Health and Well-being) and SDG 4 (Quality Education) by promoting lifelong fitness and enhancing physical education programs. The findings will help instructors design more effective fitness interventions, ensuring students develop the necessary motor skills and health-related fitness for an active lifestyle.

PPMP #: PPMP-2025-072425-1337

Project Code: IHK.FTE.PFA.0325-0326.02

Code	General Description	Quantity / Size	Estimated Budget	Mode of Procurement	Schedule/Milestone of Activities (in quantities)											
					Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
	Laboratory Supplies															
	Field Tape Measure 50m	3 pc	2,400.00	Shopping - B										3		
	Sub-Total		2,400.00													
	Medical & Dental Supplies & Equipment															
	Pulse Oximeter (SPO2 blood oxygen saturation; normal range 94%-100%...see attached spec.)	2 pcs	4,000.00	Shopping - B										2		
	Sub-Total		4,000.00													
	Office Equipment															
	Aluminum Steel Metal Ruler	5 pc	1,500.00	Shopping - B										5		
	Printer, All-in-One Ink Tank	1 pc	10,000.00	Shopping - B										1		
	Sub-Total		11,500.00													
	Office Supplies															
	Paper, Bond, A4, S-24, 80 gsm	7 reams	2,023.00	Shopping - B										7		
	Sub-Total		2,023.00													
	Sports Equipment															
	Automatic Wrist Type Blood Pressure Monitor BPM Digital with Bluetooth Connectivity	1 pc	6,000.00	Shopping - B										1		
	Sub-Total		6,000.00													

Code	General Description	Quantity / Size	Estimated Budget	Mode of Procurement	Schedule/Milestone of Activities (in quantities)											
					Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
	Sports Supplies															
	Baseball 5 Ball	1 6pcs/pack	3,000.00	Shopping - B										1		
	Tennis Ball, Lawn Tennis	2 tube	1,000.00	Shopping - B										2		
	Sub-Total		4,000.00													
	Trainings															
	Vertical Jump Measurement Tool, Wall Mounted	1 pc	10,000.00	Shopping - B										1		
	Weighing Scale With height measurement	1 pc	15,000.00	Shopping - B										1		
	Sub-Total		25,000.00													
	TOTAL BUDGET:		54,923.00													

Note: Technical Specifications for each Item/Project being proposed shall be submitted as part of the PPMP

Prepared by:

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Submitted by:

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Date: 08/08/2025



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