



**VISAYAS**  
STATE UNIVERSITY

Institute of Human Kinetics  
College of Education  
VISAYAS STATE UNIVERSITY

### OFFICE PERFORMANCE COMMITMENT & REVIEW (OPCR)

I, **CHARIS B. LIMBO**, director of the Institute of Human Kinetics, commits to deliver and agree to be rated on the attainment of the following targets in accordance with the indicated measures for the period July to December 2022.

*[Signature]*

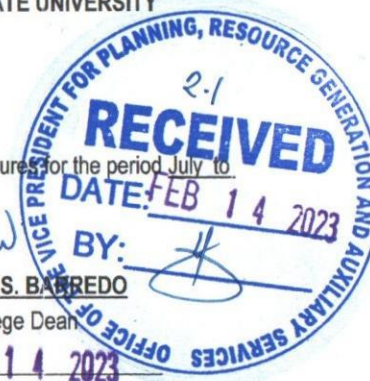
**CHARIS B. LIMBO**  
Director

Date: **FEB 13 2023**

*[Signature]*

**BAYRON S. BAREDO**  
College Dean

Date: **FEB 14 2023**



#### INFORMATION ON PERSONNEL FULL-TIME TEACHING EQUIVALENT (FTE):

Personnel	Number (1)	Min. FTE (2)	Total FTE (1x2)		RDE Commitments***		
					Research	Publication	Extension
Department Head	1	4	17.75		0.0	0	0
Faculty w/ Univ. Designated Position	2	4	19.3		0.0	0	0
Regular Faculty (VSL)*	3	4.00	41.60		0.0	0	1
Regular Faculty (TLS)*	6	18	128.40		0.0	1	0
Part time Faculty	9	18.00	402.15		0.0	0	0
Admin Staff Members	-	-					
<b>TOTAL:</b>			609.15		0.0	1	1

Rating Equivalents:  
5 - Outstanding  
4 - Very Satisfactory  
3 - Satisfactory  
2 - Fair  
1 - Poor

MFO No.			Success/Performance Indicator (PI)		Units/Persons Responsible	Department Target	Actual Accomplishments		Rating				Remark (Details of the targetted output indicators with **)
							% Accomplishment	Details of Accomplishments	Quality	Efficiency	Timeliness	Average	
MFO 1			ADVANCED EDUCATION SERVICES (20%)										

Received: *[Signature]*  
2/17/23

OVPI MFO 1. Graduate Degree Program Management Services											
1	PI 1. Percentage of graduate school faculty engaged in research work applied in any of the following:										
	a.	pursuing advanced research degree program (Ph.D) *	IHK Faculty	3	3.00		5	5	5	5	Mazo, Sapan and Gatchalian
	b.	actively pursuing in the last three (3) years (investigative research, basic and applied scientific research, policy research social science research)	IHK Faculty	2	3.00		5	5	5	5	Limbo, Cayetano, Villocino
	c.	producing technologies for commercialization or livelihood improvement									
	d.	whose research resulted in an extension program									
OVPI MFO 2. Graduate Student Management Services											
PI 1: Percentage of graduate students enrolled in research degree programs *											
PI 2: Percentage of accredited graduate programs *											
PI 3: Number of graduate degree specializations offered and monitored *			IHK Director and Faculty	1	1.00		5	5	5	5	M.Ed Physical Education
PI 4: Total FTE coordinated, implemented & monitored*			IHK Faculty	4	4.50		5	5	5	5	
PI 5: Percentage increase in number of graduate students enrolled *											
PI 6: Percentage increase in number of students who graduated within prescribed period *											







	On consultation		Director & IHK Faculty	94	1607.00		5	5	5	5	3- Bacolod (BCAEd), 105-Cayetano (BCAEd students, ECEd students, TEGr students), 300- Aberilla ( Service PE students, BPED and BCAEd students), 128 -Cerna (BCAEd students, apprentices and advisees), 581-Varron (Service PE students, BCAED and BPED students, Varsity Athletes), 300- Tabudlong (Service PE students, BCAED and BPED students, Varsity Athletes), 156- Maningo( Service PE students, BCAED and BPED students, Varsity Athletes),334 Limbo ( BPED and BCAEd students, Athletes, Student Leaders)
	<b>PI9:</b> Number of student organizations advised/ assisted *										
	Student organizations advised		IHK Faculty	3	3.00		5	5	5	5	1- ADARNA Cerna, 1-ADARNA Varron, 1-BPEDSS Maningo, 1-BPEDSS Artiga, 1-USSC Limbo

	<i>Student organizations assisted on student related activities</i>		Director & IHK Faculty	7	17.00		5	5	5	5.00	Commencement Exercises, Student Teaching Proficiency Selection, Intramural Games Opening Program, G Malakas at B Maganda 2022, Intramural Games Closing Program, SCUAA 2022, BCAED/BPED Acquaintance Party, COEd Christmas Party, BCAEd Apprenticeship Orientation, BCAEd Apprenticeship Culmination, ZEAMAYS Talent Showdown, Paraclet Choir, BCAED/BPED General Assembly, BCAEd Election, USSC General Assembly, Student Orientation
	<b>PI 10:</b> Number of instructional materials developed *										
	On-line ready courseware		Director & IHK Faculty	11	14.00		5	5	5	5	5- Bacolod ( CAEd 132, CAEd 127, CAEd 102, CAEd 101, CAEd 124), 3- Cayetano(CAEd 111, CAEd 121, ECED 105),3- Aberilla (CAEd 123,PhEd 1,PhEd 138 ( Folk Dance), 1-Cerna (PhEd 151), 2-Varron (Phed 13 and Caed 115),1 Tabudlong (PhEd 103), 1-Limbo (PhEd 124)



	Flexible instructional materials		Director & IHK Faculty	16	98.00		5	5	5	5	18- Bacolod ( Learning Task 1-3: CAEd 132, CAEd 127, CAEd 102, CAEd 101, CAEd 124), 15-Cayetano (Learning Tasks: CAEd 111, CAEd 121, ECED 105), 8-Cerna (Powerpoint Presentations : PhEd 151), 18- Varron (Phed 13( Folk Dance, Volleyball and CAEd 115 Powerpoint Presnetations and Activity Sheets), 12-Tabudlong (PhEd 103 Powerpoint Presentations, Supplemental learning resources), 22 Maningo ( Phed 121 supplemental learning resources), 5-Limbo (Learning tasks)
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	Assessment tools		Director & IHK Faculty	32	137.00		5	5	5	5	4 (PHED 151), 4 (PhEd 11), 3 (PhEd 13)= 11 (Cerna); 15 (CAEd 111, CAED 121, ECEd 105 Assessment Tasks): Cayetano, 20 ( CAEd 101, CAEd 102, CAED 124, CAEd 127, CAEd 132 Assessment Tasks): Bacolod, 14 (CAEd 125, PhEd 138, PhEd 12 Assessment Tasks): Aberilla, 17 (PhEd 13 Folkdance, Volleyball, CAEd 115 Assessment Tasks): Varron, 46 Maningo Assesment tasks, 7 Tabuldong Assessment Task, 7 Limbo Assessment Tasks
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	PI 1. Number of active partnerships with LGUs, industries, NGOs, NGAs, SMEs, and other stakeholders as a result of extension activities *		Director & IHK Faculty	3	5		5	5	5	5	LGU- Pangasugan, LGU-Guadalupe, LGU-Bunga, LGU-Albuera, LGU-Baybay, DEPED-Baybay City Division
	PI 2. Number of trainees weighted by the length of training *		Director & IHK Faculty	16	132		5	5	5	5	60 CAEd Apprentices, 46 CAED FS students, 26 Langoy sa kaluwasan
	PI 3. Number of extension programs organized and supported consistent with the SUC's mandated and priority programs *		Director & IHK Faculty	1	1		5	5	5	5	Langoy sa Kaluwasan
	PI 4. Percentage of beneficiaries who rated the training course/s and advisory services as satisfactory or higher in terms of quality and relevance*		Director & IHK Faculty	95%	100%		5	5	5	5	
	PI 5. Number of technical/expert services *										
	Research Mentoring/ Sports Trainer		Director & IHK Faculty	0	118		5	5	5	5	Varsity Coaches, 4- Cerna, 4- Aberilla, 2- Cayetano, 1- Bacolod, 5- Artiga, 9-Varron, 93 -Limbo (BPED research adviser, IHS research adviser, coach)

	Peer reviewers/Panelists/ Coach		Director & IHK Faculty	0	118		5	5	5	5	Varsity Coaches, 4- Cerna, 4- Aberilla, 2- Cayetano, 1- Bacolod, 5- Artiga, 9-Varron, 93-Limbo
	Resource Persons/ Coach of the diff. sports and dance events		Director & IHK Faculty	0	35		5	5	5	5	Varsity Coaches, 4- Cerna, 4- Aberilla, 2- Cayetano, 1- Bacolod, 5- Artiga, 9-Varron, 1- Aberilla ("Capacitating Teachers for the Revival and Diffusion of Cultural Heritage in Schools Through Local Folk Dance Workshop"), 1-Varron ( "Capacitating Teachers for the Revival and Diffusion of Cultural Heritage in Schools Through Local Folk Dance Workshop"), 2- Bacolod (THREADS (Technology, Hub, Research, Entrepreneurship, Academia, Design, Sustainability) Summit 2022- Fashion Social Innovation presented and organized by The British Embassy in Manila, The Chevening Alumni Fund Programme (CAFP) by the Foreign, Commonwealth and Development Office(CFDO); co-presented by The Design Center of the Philippines; FIRE (Female-led Innovative Rural Enterprise) Program funded by the the US Embassy in Manila and FIBERS Manila Write to Chris Chan), 1- Cerna ( BCAEd Apprenticeship Orientation Resource Person), 1- Varron (( BCAEd Apprenticeship Orientation Resource Person),2 -Tabudlong ( BCAEd Apprenticeship Orientation

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	<b>OVPI MFO 1. Faculty Development Services</b>										
	<b>PI 1:</b> Number of faculty pursuing advanced research degree programs (PhD) facilitated, monitored and assisted *	Director & IHK Faculty	3	3		5	5	5	5	Mazo, Sapan, Gatchalian	
	<b>OVPI MFO 2. Faculty Recruitment/Hiring Services</b>										
	<b>PI 2:</b> Number of faculty recruited/hired based on needed competencies and aligned with ISO standards *	Director & IHK Faculty	0	10		5	5	5	5	Part-time Faculty Members	
	<b>OVPI MFO 3. Faculty Evaluation Services</b>										
	<b>PI 3:</b> Number of seminars/trainings/ conventions/workshops coordinated for entire university *	Director & IHK Faculty	0	6		5	5	5	5	Kayak, Badminton, Fun Run,Padyak, Basketball,Table Tennis Refresher Courses	
	<b>PI 4:</b> Number of seminars/trainings/ conventions/workshops coordinated outside of the university *	Director & IHK Faculty	0	1.0		5	5	5	5	Bacolod and Cerna	
	<b>PI 5:</b> Percentage of faculty rated by students with at least very satisfactory rating in 50% of the subjects evaluated *	Director & IHK Faculty	100%	100%		5	5	5	5	All faculty	

	PI6 : Number of in-house seminars/trainings/ workshops/reviews conducted *		Director & IHK Faculty	0	6		5	5	5	5	Kayak, Badminton, Fun Run, Padyak , Basketball, Table Tennis Refresher Courses
	PI7 : Additional outputs *										
	Number of faculty/staff awards/honors received related to operations support		Director & IHK Faculty	0	14.00		5	5	5	5	All regular faculty ( On time submission of grades), 4- Loyalty Awards
	<b>OVPI MFO 4. Program and Institutional Accreditation Services</b>										
	PI 8. Compliance to all requirements thru the established/adequate implementation, maintenance and improvement of the QMS of the core processes of the College/department under ISO 9001:2015*		Director & IHK Faculty								Complaint
<b>MFO 6</b>	<b>General Admin. &amp; Support Services (GASS)</b>										
	PI 1. Submission of College/Department PPMP for the following year within deadline as prescribed by BAC*		Director & IHK Faculty								
	PI 2. Zero percent complaint from clients served		Director & IHK Faculty								
	PI 3. Number of coaching sessions among faculty & staff**		Director & IHK Faculty	0	2		5	5	5	5	



	<b>PI 4.</b> Number of planning sessions, tracking and monitoring of targets, etc. conducted to ensure attainment of department targets**		Director & IHK Faculty	0	2		5	5	5	5	OPCR and IPCR Meeting
	<b>PI 5.</b> Number of monthly/special faculty & staff meetings conducted**		Director & IHK Faculty	0	6		5	5	5	5	Monthly meetings
	<b>PI 3:</b> Additional Outputs										
	No. of Budget Proposals Proposed and Approved		Director & IHK Faculty	0	2.00		5	5	5	5	Intramural games budget, SCUAA 2022 Budget
							220	219	220	219.66	

Total Over-all Rating								219.66	
Average Rating								4.99	
Adjectival Rating								Outstanding	

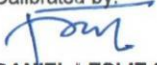
Received by:

  
**TONI MARC L. DARGANTES**

Planning Office

Date: FEB 14 2023


Calibrated by:

  
**DANIEL LESLIE S. TAN**

Chairman, PMT

Date: FEB 14 2023

Approved:

  
**EDGARDO E. TULIN**

President

Date: FEB 15, 2023