

OFFICE PERFORMANCE COMMITMENT & REVIEW (OPCR)

I, CHARIS B. LIMBO, director of the Instittue of Human Kinetics, commits to deliver and agree to be rated on the attainment of the following targets in accordance with the indicated measures for the

period January - June 2021.

CHARIS B. LIMBO

Director

Date: 07 - 16 - 21

College Dean

BAYRON S. BARREDO

Date:

7-4-1021

INFORMATION ON PE	RSONNEL FULL-TIME TEACHING EQUIVALEN	T (FTE):		Total FTE (1x2)	RD	E Commitments	常常常	1
	Personnel	Number (1)	Min. FTE (2)		Research	Publication	Extension	
	Department Head	1	13.35	13.35	0.0	0	0	Rating Equivalents: 5 - Outstanding
	Faculty w/ Univ. Designated Position	2	16.5	16.5	0.0	0	0	4 - Very Satisfactory
	Regular Faculty (VSL)*	3	33.15	33.15	0.0	1	1	3 - Satisfactory 2 - Fair
	Regular Faculty (TLS)*	6	130.25	130.25	0.0	0	0	1 - Poor
	Part time Faculty	10	362.18	362.18	0.0	0	0	
	Admin Staff Members		-					
TOTAL:				555.43	0.0	1	1	L.

							Ac	tual		F	Rating		
MFO No.			Success/Performance Indicator (PI)		Units/Person s Responsible	Department	% Accom- plishment	Accom.	Quality	Efficiency	Timeliness	Average	Remark (Details of the targetted output indicators with **)
MFO 1	ADVAN	CED	EDUCATION SERVICES (20%)										
	OVPI N	IFO	1. Graduate Degree Program Management Se	rvices									

1	eng	1. Percentage of graduate school faculty gaged in research work applied in any of the powing:				,					
		pursuing advanced research degree program (Ph.D) *									
	b.	actively pursuing in the last three (3) years (investigative research, basic and applied scientific research, policy research social science research)			T.						
	C.	producing technologies for commercialization or livelihood improvement									
	d.	whose research resulted in an extension									
OVPI MI	FO 2	. Graduate Student Management Services									
PI 1: Per		tage of graduate students enrolled in research									
		tage of accredited graduate programs *									
PI 3: Nu		er of graduate degree specializations offered and									
PI 4: To	tal F	TE coordinated, implemented & monitored*	IHK Faculty	9	6.90		5	5	5	5	Prof. Florife Gatchalian, Ms. Sheena Eunice Tabudlong and Dr. Aleli A. Villocino
PI 5: Pe		stage increase in number of graduate students									
		stage increase in number of students who thin prescribed period *									
PI 7: Nu honors/d		er of graduate students awarded with ction *									

	Number of graduate students advised *		IHK Faculty	7	35.00	5	5	5	5	6-Limbo, 4-Villocino, 15-Gatchalian, 10- Tabudlong
	PI 9: Number of instructional materials developed *									
	On-line ready courseware		IHK Faculty	3	3.00	5	5	5	5	PHED 208, Phed 209, PhEd 207
	Flexible instructional materials		IHK Faculty	3	14.00	5	5	5	5	6- Gatchalian, 8-Tabudlong,
	Assessment tools		IHK Faculty	3	11.00	5	5	5	5	7- Gatchalian (LT, AT, MT and FT),4 - Tabudlong (LT)
	PI 10: Number of virtual classrooms created and operationalized		IHK Faculty	3	3.00	5	5	5	5	PhED 208, Phed 209, PhEd 207
MFO 2	HIGHER EDUCATION SERVICES (50%)									
	PI 1. Percentage of first time licensure exam takers that pass the licensure exams *									
	PI 2. Percentage of graduates (2 years prior) that are employed *									
	PI 3. Percentage of undergraduate student population enrolled in CHED-identified and RDC-identified priority									
	PI 4. Percentage of undergraduate programs with accreditations *									
	PI 5: Total FTE, coordinated, implemented and monitored *	1	Director & IHK Faculty	96	555.43	5	5	5	5	Tabudlong, Gatchalian, Limbo, Aberilla, Villocino, Cerna, Varron, Maningo, Sacro, Guy-ab, Batis, Alfajardo, Zabala, Desades, Nopal, Catacutan, Apipi, Limpangog and Artiga

PI 8: Number of students advised: *								
On thesis/ field practice/special problem								
No. of approved manuscript submitted within prescribed period				+				
On consultation	Director & IHK Faculty	94	598.00	5	5	5	5	44- Cerna, 55- Gatchalian, 44- Artiga, 103-Limbo, 100- Tabudlong 52-Aberilla, 100- Maningo,100- Varron
PI 9: Number of student organizations advised/ assisted *								
Student organizations advised	IHK Faculty	3	3.00	5	5	5	5	BPEd Students Society, ADARNA- BCAEd, USSC-Baybay
 Student organizations assisted on student related activities	Director & IHK Faculty	7	7.00	5	5	4	4.60	Tabang-Viscan, USSC-Baybay Meetings- 6,
PI 10: Number of instructional materials developed *						T		

On-line ready courseware	Director & IHK Faculty	11	20.00	5	5	5	5	2-Gatchalian (PhEd 134, PhEd 122), 2 - Artiga(PhEd 126 and PhEd 132), 3- Cema (PhEd 14, PhEd 138, TEGr 113), 2- Limbo (PhEd 124 and Phd 140), 2- Tabudlong (PhEd 14, TEGr 113), 3- Maningo (PhEd 139 , PhEd 12, and PhEd 128), 3- Aberilla (PhEd 12, PhEd 120, CAEd 116), 3- Varron (PhEd 14, TEGR 113, CAEd 126)
Flexible instructional materials	Director & IHK Faculty	16	150.00	5	5	5		20- Gatchalian (Powerpoint, Modules), 8- Tabudlong (Powerpoint, Learning Guide), 11-Artiga (Powerpoint, Learning Guide, Handouts), 37 Limbo (Powerpoint Learning Guide, Sample Format), 14-Cerna (Learning Guides), 13- Maningo (Learning Guide, Powerpoint), 31-Varron (Learning Guides, Powerpoint , Forms, Video, Activity Sheets), 16-Aberilla (Learning Guides)

PI 10: Number of virtual classrooms created and operationalized Director & IHK Faculty Director & IHK Faculty 12 20.00 5 5 5 5 5 2-Gatchalian (PhEd 134, PhEd 122), 2 - Artiga(PhEd 126 and PhEd 132), 3 - Cema (PhEd 14, PhEd 138, TeGr 113), 2 - Limbo (PhEd 138, TeGr 113), 3 - Maningo (PhEd 14, TeGr 113), 3 - Maningo (PhEd 139, PhEd 12, and PhEd 128), 3 - Aberilla (PhEd 12, PhEd 120, CAEd 116), 3 - Varron (PhEd 14, TEGR 113, CAEd 126) PI 11: Additional Outputs	Assessment tools	Director & IHK Faculty	32	143.00	5	5	5	5	10- Maningo (Learning Tasks, Midterm Exam, Final Term Exam), 17- Cerna (Learning Tasks, Midterm and Final Term Exam), 28-Limbo (Learning Tasks, Assessment Tasks, Midterm Examination, Final Term Examination), 24- Gatchalian (Learning Tasks, Midterm and Final Term), 37- Varron (Learning Tasks, Assessment Taks, Midterm and Final Term), 10 Tabudlong (Learning Task, Midterm and Final Term), 7-Aberilla (Learning Task, Midterm and Final Term)
PI 11: Additional Outputs			12	20.00	5	5	5		122), 2 - Artiga(PhEd 126 and PhEd 132), 3- Cerna (PhEd 14, PhEd 138, TEGr 113), 2- Limbo (PhEd 124 and Phd 140), 2- Tabudlong (PhEd 14, TEGr 113), 3- Maningo (PhEd 139 , PhEd 12, and PhEd 128), 3- Aberilla (PhEd 12, PhEd 120, CAEd 116), 3- Varron (PhEd 14, TEGR 113,
	PI 11: Additional Outputs								

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MFO 3	RESEARCH SERVICES (10%)				T				
	PI 1. Number of research outputs in the last three (3) years utilized by the industry or by other beneficiaries *								
	PI 2. Number of research outputs completed within the year *								
	PI 3. Percentage of research outputs published in internationally-referred or CHED recognized journal within the year (2%) *								
	In refereed int'l journals	Director & IHK Faculty	5%	5.00	5	5	5	5	Journal of Indonesian Physical Education and Sport- Gatchalian and Limbo
	In refereed nat'l/regional journals								
	PI 4. Number of research outputs presented in regional/national/ int'l fora/conferences *								
	In int'l fora/conferences	Director & IHK Faculty	1	1.00	5	5	5	5	3rd International Congress in Multidisciplinary Research Online- Tabudlong
	In nat'l/regional fora/conferences				\vdash				
	PI 5. Percent of research proposals approved *								
	PI 6. Additional outputs*								
	No. of research-related awards (research conducted by faculty or student w/ faculty)								
MFO 4	EXTENSION SERVICES (10%)								

PI 1. Number of active partnerships with LGUs, industries, NGOs, NGAs, SMEs, and other stakeholders as a result of extension activities *	Director & IHK Faculty	6	6	5	5	5	5	Brgy. Gabas, Brgy. Pangasugan, Brgy. Guadalupe, Brgy. Marcos, Brgy. San Agustin, Brgy. Bunga
PI 2. Number of trainees weighted by the length of training *	Director & IHK Faculty	16	3090	5	5	5	5	376-Participants of Webinar Series on Indeginous, Games, Sports and Dance, Webinar Series on Diet and Nutrition, 2714-Kinetika Radio Program
PI 3. Number of extension programs organized and supported consistent with the SUC's mandated and priority programs *	Director & IHK Faculty	1	2	5	5	5	5	Kinetika Radio Program, Langoy sa Kaluwasan
PI 4. Percentage of beneficiaries who rated the training course/s and advisory services as satisfactory or higher in terms of quality and relevance*	Director & IHK Faculty	95%	100%	5	5	5	5	Participants of Webinar Series on Indeginous, Games, Sports and Dance, Webinar Series on Diet and Nutrition, Kinetika Radio Program
PI 5. Number of technical/expert services *								
Research Mentoring/ Sports Trainer								
Peer reviewers/Panelists/ Coach								
Resource Persons/ Coach of the diff. sports and dance events								

10 10	T	Director & IHK	To.	140	Ι	TE	Te	T _E	Te	Wahinan Cariaa an Cafanna II
Convenor/Organizer		Faculty	8	16		5	5	5	5	Webinar Series on Safeguarding
		racuity								Culture at the Grassroots: Working
										with local and indigenous cultural
										communities in the Philippines, The
										Roles of Philippine Games and the
										University: Challenges and
										Opportunities Amidst the Pandemic
										, Paligsahan sa IHK, Virtual Varsity
								1		Awards, Dagan Ghorl,
										Thanksgiving Mass, Usapang 45th
										with IHK Directors, Pride of IHK,
										Mga Juana sa IHK, Biggest Loser
										VSU Edition, Viscans, Managan
										Ta!, Sikad, Abante VSU!,
										Homecoming Virtual Run, Virtual
										Dance Fitness, Webinar Series on
										Diet and Nutrition
										1
Consultancy		Director & IHK	1	2		5	5	5	5	SLSU- Cultural Mapping and
Consultancy		Faculty				١		-		Dances for Southern Leyte-
										Aberilla, PEKAF - Limbo
										/ Living Living
Evaluator	1	Director & IHK	0	9		5	5	5	5	4- Varron (Tiktok- Women's Month,
Lvaluatoi		Faculty	ľ	Ĭ						Alumni, PhEd 211 Final Term,
										Proctor), 2- Tabudlong(PhEd 211
										Tiktok Judge, CAT-Proctor), 1-
										Cerna (PhEd 211), 1- Aberilla (
										Tiktok- Alumni), 1- Limbo (PEKAF
										National Competition),
										ivational Competition),
				L						

	DI 9 Percent of extension preneeds assumed t		To: (0.1111/	Test		 				
	PI 8. Percent of extension proposals approved *		Director & IHK Faculty	5%	5%	5	5	5	5	Langoy sa Kaluwasan
	PI 11. Additional outputs *					T				
vi .	DA National Competition: Ani at Kita		Director & IHK Faculty	0	1	5	5	5	5	Participant- Ani at Kita DA National Competition
	No. of extension-related awards (extn. conducted by faculty or student & faculty) *									- Compounding
MFO 5	Support to Operations					T	T	1		
	OVPI MFO 1. Faculty Development Services					+	T	1	1	
	PI 1: Number of faculty pursuing advanced research degree programs (PhD) facilitated, monitored and assisted *		Director & IHK Faculty	3	3	5	5	5	5	Sapan, Mazo and Cayetano
	OVPI MFO 2. Faculty Recruitment/Hiring Services					\vdash	T	\vdash	1	
	PI 2: Number of faculty recruited/hired based on needed competencies and aligned with ISO standards *		Director & IHK Faculty	0	10	5	5	5	5	Sacro, Guy-ab, Batis, Alfajardo, Zabala, Desades, Nopal, Catacutan, Apipi, Limpangog
	OVPI MFO 3. Faculty Evaluation Services								-	,
	PI 3: Number of seminars/trainings/ conventions/workshops coordinated for entire university *	- 1	Director & IHK Faculty	0	4.00	5	5	5	5	Webinar Series on Safeguarding Culture at the Grassroots: Working with local and indigenous cultural communities in the Philippines, The Roles of Philippine Games and the University: Challenges and Opportunities Amidst the Pandemic, Webinar Series on Diet and Nutrition
	PI 4: Number of seminars/trainings/ conventions/workshops coordinated outside of the university *									





	PI 5: Percentage of faculty rated by students with at least very satisfactory rating in 50% of the subjects evaluated *	Director & IHK Faculty	100%	94.74%%	4	4	4	4	
	PI6: Number of in-house seminars/trainings/ workshops/reviews conducted *	Director & IHK Faculty	0	4.00	5	5	5	5	Webinar Series on Safeguarding Culture at the Grassroots: Working with local and indigenous cultural communities in the Philippines, The Roles of Philippine Games and the University: Challenges and Opportunities Amidst the Pandemic, Webinar Series on Diet and Nutrition
-	PI 7 : Additional outputs * Number of faculty/staff awards/honors received related to				+				
	operations support								
	OVPI MFO 4. Program and Institutional Accreditation Services				+	-	-	+	
	PI 8. Compliance to all requirements thru the established/adequate implementation, maintenance and improvement of the QMS of the core processes of the College/department under ISO 9001:2015*	Director & IHK Faculty		100%	5	5	5	5	ISO Compliant
	General Admin. & Support Services (GASS)				 +				
	PI 1. Submission of College/Department PPMP for the following year within deadline as prescribed by BAC*	Director & IHK Faculty		100%	 5	5	5	5	Accomplished
	PI 2. Zero percent complaint from clients served	Director & IHK		100%	 5	5	5	5	Accomplshed
	PI 3. Number of coaching sessions among faculty & staff**	Director & IHK (Faculty)	2	5	5	5	5	Group Coaching Session, Individual

PI 4. Number of planning sessions, tracking and mon targets, etc. conducted to ensure attainment of departargets**		Director & IHK Faculty	0	2	5	5	5	5	Target Setting and Cascading of Accomplishments
PI 5. Number of monthly/special faculty & staff meet conducted**	ngs	Director & IHK Faculty	0	8	5	5	5	5	Faculty Meetings
PI 3: Additional Outputs		Director & IHK Faculty	0	6.00	5	5	5		Revised Varsity Sports Program, Proposed Virtual Intramural Program,Proposed Events for the for VSU Centennial Cup, Updated Webpage Content and Structure, Submit budget proposals of sports programs and Sports Facilities Maintained
Total Over-all Rating					223.60				
Average Rating					4.97				
Adjectival Rating						Out	tstandi	ng	

Received	by:
	And in column 2 is not as the last of the

JUL 2 6 2021

REMBERTO A. PATINDOL

Chairman, PMT Date: __

Recommending Approval:

BEATRIZ S. BELONIAS

Vice Pres. For Academic Affairs Date: 7/22/2

Approved:

Light EDGARDO E. TULIN

President Date: ___