



Institute of Human Kinetics College of Education

College	DI Education
VISAYAS	TRATE UNIVERSITY

OFFICE PERFORMANCE COMMITMENT & REVIEW (OPCR)

1, CHARIS B. LIMBO, director of the Instittue of Human Kinetics, commits to deliver and agree to be rated on the attainment of the following targets in accordance with the indicated measures for the period January - June 2020

CHARIS B. LIMBO Director

Date: 09 - 19 - 20

ALELI A. VILLOCINO College Dean

Date:

	Development	1	Number (1)	Min. FTE (2)		Research	Publication	Extension	
	Personnel		(1/	WIII. 1 1L (2)		Nesearch	1 abiloadon	LACOTOON	
	Department Head		1	4	4.0	0.0	0	0	Rating Equivalents: 5 - Outstanding
	Faculty w/ Univ. Designated Position		2	3	10.0	0.0	0	0	4 - Very Satisfactory 3 - Satisfactory
	Regular Faculty (VSL)*		3	8	24.0	0.0	0	0	2 - Fair
	Regular Faculty (TLS)*		8	18	144.0	0.0	0	0	1 - Poor
	Part time Faculty		5	36	135.4	0.0	0	0	
	Admin Staff Members		-						
TOTAL:		•			317.40	0.0	0	0	

							Act	tual		Ra	ing		
MFO No.			Success/Performance Indicator (PI)	8	Units/Person 8 Responsible	Department Target	% Accomplishment	Details of Accom- plishments	Quality	Efficiency	Timeliness	Average	Remark (Details of the targetted output indicators with **)
MFO 1	ADVANG	CED	EDUCATION SERVICES (20%)										
	OVPI M	IFO 1	I. Graduate Degree Program Management Servi	ices									

1	-	1. Per tage of graduate school faculty engaged	0							
	in r	esearch work applied in any of the following:								
	a.	pursuing advanced research degree program (Ph.D) *								
	b.	actively pursuing in the last three (3) years (investigative research, basic and applied scientific research, policy research social science research)								
	c.	producing technologies for commercialization or livelihood improvement								
	d.	whose research resulted in an extension program								
OVPI	MFO 2	. Graduate Student Management Services								
-	Dercen e progr	tage of graduate students enrolled in research ams *								
PI 2: F	Percen	tage of accredited graduate programs *								
PI 3:		er of graduate degree specializations offered and								
PI 4:	Total F	TE coordinated, implemented & monitored*	IHK Faculty	0	8.10	5		5 5	5 5	FTE of the three graduate faculty members namely: Prof. Gtachalia Mr. Mazo and Ms. Tabudlong
				10 (10 (10 (10 (10 (10 (10 (10 (10 (10 (7.00			N. T.
PI 5: enrolle		ntage increase in number of graduate students								
		ntage increase in number of students who thin prescribed period *								
	Numbe s/distin	er of graduate students awarded with ction *								
PI 8:	Numbe	er of graduate students advised *	IHK Faculty	0	33.00	5	5	5	5	M.Ed Graduate Students

	PI 9: Number of in ctional materials developed *	0				I			
	On-line ready courseware	IHK Faculty	3	3.00	5	5	5	5	PhEd 212, PhEd 207, PhEd 209
	Flexible instructional materials	IHK Faculty	3	3.00	5	5	5	5	PhEd 212, PhEd 207, PhEd 209
	Assessment tools	IHK Faculty	3	3.00	5	5	5	5	PhEd 212, PhEd 207, PhEd 209
	PI 10: Number of virtual classrooms created and operationalized	IHK Faculty	3	3.00	5	5	5	5	PhEd 212, PhEd 207, PhEd 209
MFO 2	HIGHER EDUCATION SERVICES (50%)								
	PI 1. Percentage of first time licensure exam takers that pass the licensure exams *								
	PI 2. Percentage of graduates (2 years prior) that are employed *								
	PI 3. Percentage of undergraduate student population enrolled in CHED-identified and RDC-identified priority programs *								
	PI 4. Percentage of undergraduate programs with accreditations *								
	PI 5: Total FTE, coordinated, implemented and monitored *	Director & IHK Faculty	142	436.56	5	5	5	5	Based on Faculty Teaching load
	PI 8: Number of students advised: *	Director & THK Faculty	150	184.00	5	5	5	5	BPED , BCAEd and M.Ed students
	On thesis/ field practice/special problem			•					
	No. of approved manuscript submitted within prescribed period								
	On consultation	Director & IHK Faculty	150	184.00	4	4	4	4	

PI 9:	Number of sent organizations advised/ assisted *	ctor & IHK	8	8.00	4	4	4	20 15 W. S.	COEd SSC, BPSS, Beta Phi Upsilon/ Kambda Phi Delta Frat./Sor., Ultimate Frisbee Club, Service PE Students, CAEd- Adama, BPED Club, Mentors Guild
Stu	udent organizations advised	IHK Faculty	3	8.00	4	4	4	4	COEd SSC, BPSS, Beta Phi Upsilon/ Kambda Phi Delta Frat./Sor., Ultimate Frisbee Club, Service PE Students, CAEd- Adama, BPED Club, Mentors Guild
Stu	udent organizations assisted on student related activities	Director & IHK Faculty	5	8.00	4	4	4	4	COEd SSC, BPSS, Beta Phi Upsilon/ Kambda Phi Delta Frat./Sor., Ultimate Frisbee Club, Service PE Students, CAEd- Adarna, BPED Club, Mentors Guild

PI 10: Number of inctional materials developed *	ctor & IHK	11	11.00	5.0	5.0	5.0	1. CAED 115 (Foundations of
TTTO, Hambor of Countries materials acrosspen	alty						Dance): Aberilla, Jovel M.
							2.PATHFit II (Outdoor and
							Adventure Activities): Antipaso,
							Vicente B. 3. PHEd 123 (Individua
					Vin a		Dual Sports): Artiga, Edilberto Jr. I
							E. 4. Softball: Batis, Rubie Jane
							5.HOPE 1: Catacutan, Irish 6.
							Movement Enhancement: Cerna,
							Dennis Joel 7. Volleyball:
							Gatchalian, Florife 8. Basketball:
							Guy-ab, maria Elena 9. Curriculur
							and Assessment of PE and Health
			34 872 3 1				Limbo, Charis 10. Anatomy of
		Towns.					Physiology and Human Movemen
							Maningo, Lyndon 11. Traditional
		The same					Games: Palaran, Donna Jean

On-line ready of pware	ctor & IHK 11	11.00	5 5	5 5	1. CAED 115 (Foundations of Dance): Aberilla, Jovel M. 2.PATHFit II (Outdoor and Adventure Activities): Antipaso, Vicente B. 3. PHEd 123 (Individua Dual Sports): Artiga, Edilberto Jr. II E. 4. Softball: Batis, Rubie Jane 5.HOPE 1: Catacutan, Irish 6. Movement Enhancement: Cerna, Dennis Joel 7. Volleyball: Gatchalian, Florife 8. Basketball: Guy-ab, maria Elena 9. Curriculum and Assessment of PE and Health Limbo, Charis 10. Anatomy of Physiology and Human Movement Maningo, Lyndon 11. Traditional Games: Palaran, Donna Jean
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Games: Palaran, Donna Jean		Flexible instruction materials	ector & IHK	11	11.00	5	5	5	5	1. CAED 115 (Foundations of Dance): Aberilla, Jovel M. 2.PATHFit II (Outdoor and Adventure Activities): Antipaso, Vicente B. 3. PHEd 123 (Individua Dual Sports): Artiga, Edilberto Jr. II E. 4. Softball: Batis, Rubie Jane 5.HOPE 1: Catacutan, Irish 6. Movement Enhancement: Cerna, Dennis Joel 7. Volleyball: Gatchalian, Florife 8. Basketball: Guy-ab, maria Elena 9. Curriculum and Assessment of PE and Health Limbo, Charis 10. Anatomy of Physiology and Human Movement Maningo, Lyndon 11. Traditional Games: Palaran, Donna Jean
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Assessment too			11	11.00		5 5	5	5	1. CAED 115 (Foundations of
	Facult	У							Dance): Aberilla, Jovel M.
									2.PATHFit II (Outdoor and
		1000							Adventure Activities): Antipaso,
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									Dual Sports): Artiga, Edilberto Jr. II
									E. 4. Softball: Batis, Rubie Jane
									5.HOPE 1: Catacutan, Irish 6.
		. 709							Movement Enhancement: Cerna,
									Dennis Joel 7. Volleyball:
									Gatchalian, Florife 8. Basketball:
					w				Guy-ab, maria Elena 9. Curriculum
									and Assessment of PE and Health
									Limbo, Charis 10. Anatomy of
									Physiology and Human Movement
									Maningo, Lyndon 11. Traditional
									Games: Palaran, Donna Jean

	PI 10: Number of al classrooms created and operationalized	Fá	ctor & IHK	11	11.00	5	5 5	5 1. CAED 115 (Foundations of Dance): Aberilla, Jovel M. 2.PATHFit II (Outdoor and Adventure Activities): Antipaso, Vicente B. 3. PHEd 123 (Individual/Dual Sports): Artiga, Edilberto Jr. II E. 4. Softball: Batis, Rubie Jane 5.HOPE 1: Catacutan, Irish 6. Movement Enhancement: Cerna, Dennis Joel 7. Volleyball: Gatchalian, Florife 8. Basketball: Guy-ab, maria Elena 9. Curriculum and Assessment of PE and Health: Limbo, Charis 10. Anatomy of Physiology and Human Movement: Maningo, Lyndon 11. Traditional Games: Palaran, Donna Jean
	PI 11: Additional Outputs							Oames. Falaran, Doma Jean
MFO 3	RESEARCH SERVICES (10%)							
	PI 1. Number of research outputs in the last three (3) years utilized by the industry or by other beneficiaries * PI 2. Number of research outputs completed within the year *						-	
	Pl 3. Percentage of research outputs published in internationally-referred or CHED recognized journal within the year (2%) * In refereed int'l journals							
	In refereed nat'Vregional journals							
	PI 4. Number of research outputs presented in regional/national/ int'l fora/conferences *							

	In int'l fore/conf	0							
	In nat'l/regional fora/conferences								
	PI 5. Percent of research proposals approved *	Director	5%	5%	5	5	5	5	Graduate Tracer Study (Cuadra, Aure & Limbo)
	PI 6. Additional outputs*								
	No. of research-related awards (research conducted by faculty or student w/ faculty)								
MFO 4	EXTENSION SERVICES (10%)								
	PI 1. Number of active partnerships with LGUs, industries, NGOs, NGAs, SMEs, and other stakeholders as a result of extension activities *	Director & IHK Faculty	1	7	5	5	5	5	LGU's selected barangays participated in the ongoing extension project, SK Federation
	Pl 2. Number of trainees weighted by the length of training *	Director & IHK Faculty	20	20	4	4	4	4	Participants of Langoy sa kaluwasan
	PI 3. Number of extension programs organized and supported consistent with the SUC's mandated and priority programs *	Director & IHK Faculty	1	5	4	4	4	4	LSK, Basketball clinic, volleyball clinic, Badminton Clinic and Kinetika Radio program
	PI 4. Percentage of beneficiaries who rated the training course/s and advisory services as satisfactory or higher in terms of quality and relevance*	Director & IHK Faculty	95%	100%	5	5	5	5	
100	PI 5. Number of technical/expert services *	A second							
	Research Mentoring/ Sports Trainer	Director & IHK Faculty	11	12	5	5	5	5	Trainer in Badminton, Basketball, Arnis (Men), Arnis (Women), Soccer, Fotball, Swimming, Athletics, Dancesport -Latin, Dancesport-Modern Standard, and Volleyball, VSU-CAC trainer

						25.11				
	No. of extension-related awards (extn. conducted by faculty or student & faculty) *									
IFO 5	Support to Operations									
	OVPI MFO 1. Faculty Development Services									
	PI 1: Number of faculty pursuing advanced research degree programs (PhD) facilitated, monitored and assisted *	IHK Faculty	2	3	5	5		5	5	Mr. Andrew A. Mazo, Mr. Joselle Cayetano and Ms. Mary Jean Sapan
	OVPI MFO 2. Faculty Recruitment/Hiring Services								T	
	PI 2: Number of faculty recruited/hired based on needed competencies and aligned with ISO standards *	IHK Faculty	4	6	5	5		5	5	Ms. Rubie Jane Batis, Ms. Donna Jean Palaran, Mr. Irish N. Catacutan, Ms. Maria Elena Guy- ab, Ms. Marisol Sacro and Mr. Dennis Joel Cerna
	OVPI MFO 3. Faculty Evaluation Services					1		Signal.		
	PI 3: Number of seminars/trainings/ conventions/workshops coordinated for entire university *									
	PI 4: Number of seminars/trainings/ conventions/workshops coordinated outside of the university *	Director & IHK Faculty	1	1.00		4	4	4	4	"Langoy sa Kaluwasan : First AidTraining"
	PI 5: Percentage of faculty rated by students with at least very satisfactory rating in 50% of the subjects evaluated *									
	P16 : Number of in-house seminars/trainings/ workshops/reviews conducted *									
	PI 7 : Additional outputs *					1				
	Number of faculty/staff awards/honors received related to operations support									

Peer reviewers/Panelists/ Coach	Director & IHK Faculty	11	20	5	5		5	5	Coach in Badminton, Basketball, Arnis (Men), Arnis (Women), Soccer, Fotball, Swimming, Athletics, Dancesport -Latin, Dancesport-Modern Standard, and Volleyball, VSU-CAC dance choreographer, Hugyaw festival, Bato Balani Festival and Sinulog de malitbog
Resource Persons/ Coach of the diff. sports and dance events	Director & IHK Faculty	11	12	5	5 5		5	5	Coach in Badminton, Basketball, Arnis (Men), Arnis (Women), Soccer, Fotball, Swimming, Athletics, Dancesport -Latin, Dancesport-Modern Standard, and Volleyball
Convenor/Organizer	Director & IHK Faculty	11	12	5	5		5	5	Organizer in Badminton, Basketball, Amis (Men), Arnis (Women), Soccer, Fotball, Swimming, Athletics, Dancesport -Latin, Dancesport-Modern Standard, and Volleyball, VSU-CAC Month
Consultancy	Director & IHK Faculty	0	3		5	5	5	5 5	5 Hugyaw 2020, Bato Balani, Sinulog
Evaluator	Director & IHK Faculty	0	2		5	5	5	5 5	Evaluated Sports Facilities of VSU Tolosa and VSU-Villaba
PI 8. Percent of extension proposals approved *	Director & IHK	5%	5%		5	5	-	1	5 "Langoy sa kaluwasan"

	PI 8. Compliance to all requirements thru the established/adequate implementation, maintenance and improvement of the QMS of the core processes of the College/department under ISO 9001:2015*	Director & IHK Faculty	100%	100%	5	5	5	5	Zero Non-conformity (No NC)
MFO 6	General Admin. & Support Services (GASS)								
	PI 1. Submission of College/Department PPMP for the following year within deadline as prescribed by BAC*	Director	100%	100%	5	5	5	5	Submitted Promptly the PPMP
	PI 2. Zero percent complaint from clients served	Director & IHK Faculty	100%	100%	5	5	5	5	Zero Complains
	PI 3. Number of coaching sessions among faculty & staff**	Director	11	11	4	4	4	4	Coaching done by group and individually
	PI 4. Number of planning sessions, tracking and monitoring of targets, etc. conducted to ensure attainment of department targets**	Director	4	6	5	5	5	5	Conducted during faculty meeting
	PI 5. Number of monthly/special faculty & staff meetings conducted**	Director	3	3	5	5	5	5	Limited number of f2f meeting due to the Covid 19 pandemic
	PI 3: Additional Outputs								
	Number of Best practices/new initiatives in academic units management replicated/benchmarked by other depts/agencies *	Director & IHK Faculty	3	3.00	5	5	5	5	Maintained the VSU Facilities through assigning caretakers is considered as best practice of the institute because not all departments perform the same function. The way the activity is also implemented is alsovery different.

	Number of sports facilities maintained	Director & IHK Faculty	10	10.00	5	5	5	5	Basketball Courts (lower and upper) , Volleyball Courts (Lower and upper), Soccer field, Tennis Courts (, Badminton Courts, Sepak Takraw Courts, Oval stage, Gym, Swimming Pool, Oval ground (Lower and Upper)
	Submit budget proposals of sports programs	Director & IHK Faculty	1	1	5	5	5	5	Anniverasy Budget but was not pursued due to Covid-19 Pandemic
Total Ove	r-all Rating						197		
Average Rating						4.80			
Adjectival	Rating					Outstanding		ng	

Received by:

Planning Office Date:

Calibrated by

REMBERTO A PATINDOL

Chairman, PMT Date:

Recommending Approval:

BEATRIZ S. BELONIAS

Vice Pres. for Instruction

Date:

Approved:

LLL

EDGARDO E. TULIN

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President Date: