



01-18-22

Institute of Human Kinetics College of Education VISAYAS STATE UNIVERSITY

1-19-22

OFFICE PERFORMANCE COMMITMENT & REVIEW (OPCR)

I, CHARIS B. LIMBO, director of the Instittue of Human Kinetics, commits to deliver and agree to be rated on the attainment of the	ne following targets in accordance with the indicated measures for the period
July - December 2021.	Chus -
CHARLS B. LIMBO	BAYRON S. BARREDO
Director	College Dean

DRMATION ON PERSONNEL FULL-TIME TEACHING EQUIV	ALENT (FTE):		Total FTE (1x2)		RDE Commitments***		*
Personnel	Number (1)	Min. FTE (2)		Research	Publication	Extension	
Department Head	1	17.1	17.10	0.0	0	0	Rating Equivalents: 5 - Outstanding
Faculty w/ Univ. Designated Position	2	24.3	24.3	0.0	0	0	4 - Very Satisfactory 3 - Satisfactory
Regular Faculty (VSL)*	3	41.40	41.40	0.0	1	1	2 - Fair
Regular Faculty (TLS)*	6	147.65	147.65	0.0	0	0	1 - Poor
Part time Faculty	9	372.02	372.02	0.0	0	0	
Admin Staff Members	-	-					
TOTAL:			602.47	0.0	1	1	

							Ac	tual		Rati	ng		
MFO No.			Success/Performance Indicator (PI)		Units/Person s Responsible	Department Target	% Accomplishment	Accom-	Quality	Efficiency	Timeliness	Average	Remark (Details of the targetted output indicators with **)
MFO 1	ADVANCE	DE	DUCATION SERVICES (20%)							_	-		
	OVPI MF	0 1.	Graduate Degree Program Management Se	rvices									NING, RESOURCE

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1		1. Percentage of graduate school faculty engaged research work applied in any of the following:								
	a.	pursuing advanced research degree program (Ph.D) *	IHK Faculty	4	4.00	5	5	5	5	Ms. Florife Gatchalian, Ms. Mary Jean Sapan, Mr. Joselle Cayetano,
	b.	actively pursuing in the last three (3) years (investigative research, basic and applied scientific research, policy research social science research)	IHK Faculty	2	2.00	5	5	5	5	Ms. Charis Limbo, Prof. Florife Gatchalian, Prof. Aleli A. Villocino
	C.	producing technologies for commercialization or livelihood improvement								
	d.	whose research resulted in an extension								
OVPI	MFO 2	2. Graduate Student Management Services								
degre	e prog	tage of graduate students enrolled in research rams * tage of accredited graduate programs *								
PI 3:		er of graduate degree specializations offered and	IHK Director and	1 1	1.00	5	5	5	5	M.Ed Physical Education
Pl 4:	Total F	FTE coordinated, implemented & monitored*	IHK Faculty	9	13.47	5	5	5	5	Dr. Limbo, Ms. Sheena Eunice Tabudlong and Dr. Aleli A. Villocino
PI 5: enrol		ntage increase in number of graduate students								
		ntage increase in number of students who ithin prescribed period *								
	Numbers/distin	er of graduate students awarded with								

	PI 8: Number of graduate students advised *	IHK Faculty	7	19.00	5	5	5	5	6-Limbo, 4-Villocino, 9- Tabudlong
	PI 9: Number of instructional materials developed *								
	On-line ready courseware	IHK Faculty	3	3.00	5	5	5	5	PhEd 211,PhEd 206, PhEd 208
	Flexible instructional materials	IHK Faculty	3	14.00	5	5	5	5	6- Limbo, 8-Tabudlong
	Assessment tools	IHK Faculty	3	11.00	5	5	5	5	5 Limbo (LT, AT, MT and FT),5 - Tabudlong (LT)
	PI 10: Number of virtual classrooms created and operationalized	IHK Faculty	3	3.00	5	5	5	5	PhEd 211,PhEd 206, PhEd 208
MFO 2	HIGHER EDUCATION SERVICES (50%)								
	PI 1. Percentage of first time licensure exam takers that pass the licensure exams *								
	Pl 2. Percentage of graduates (2 years prior) that are employed *								
	PI 3. Percentage of undergraduate student population enrolled in CHED-identified and RDC-identified priority programs *								
	PI 4. Percentage of undergraduate programs with accreditations *								
	PI 5: Total FTE, coordinated, implemented and monitored *	Director & IHK Faculty	96	555.43	5	5	5	5	Tabudlong, Antipaso, Limbo, Aberilla, Villocino, Cerna, Varron,
									Maningo, Marianne, Guy-ab, Batis, Ma. Venus, Desades, Nopal, Catacutan, Gorre, Lecciones and Artiga

PI 8: Number of students advised: *								
On thesis/ field practice/special problem	IHK Faculty	0	39.00	5	5	5	5	Tabudlong, Varron, Aberilla
No. of approved manuscript submitted within prescribed period								
On consultation	Director & IHK Faculty	94	598.00	5	5	5	5	44- Cerna, 44-Artiga, 103-Limbo, 155- Tabudlong, 52-Aberilla, 100- Maningo,100- Varron
PI 9: Number of student organizations advised/ assisted *								
Student organizations advised	IHK Faculty	3	3.00	5	5	5	5	BPEd Students Society, ADARNA- BCAEd, USSC-Baybay
Student organizations assisted on student related activities	Director & IHK Faculty	7	8.00	5	5	4	4.60	World Teachers's Day, USSC- Baybay Meetings/Elections- 6.BCAEd Election
PI 10: Number of instructional materials developed *								
On-line ready courseware	Director & IHK Faculty	11	25.00	5	5	5	5	Artiga-5, Aberilla- 4, Cema-3, Antipaso-2, Maningo-4, Tabudlong 4, Varron- 2, Limbo-4, Villocino- 2

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Flexible instructional materials	Director & IHK Faculty	16	154.00	5	5	5	5	43- Tabudlong (Powerpoint, Learning Guide), 11-Artiga (Powerpoint, Learning Guide, Handouts), 37 Limbo (Powerpoint Learning Guide, Sample Format), 14-Cerna (Learning Guides), 13- Maningo (Learning Guide, Powerpoint), 20- Varron (Learning Guides, Powerpoint, Forms, Video, Activity Sheets), 16-Aberilla (Learning Guides)
Assessment tools	Director & IHK Faculty	32	164.00	5	5	5	5	10- Maningo (Learning Tasks, Midterm Exam, Final Term Exam), 17- Cerna (Learning Tasks, Midterm and Final Term Exam), 28- Limbo (Learning Tasks, Assessment Tasks, Midterm Examination, Final Term Examination), 24- Gatchalian (Learning Tasks, Midterm and Final Term), 23- Varron (Learning Tasks, Assessment Taks, Midterm and Final Term), 10 Tabudlong (Learning Task, Midterm and Final Term), 7-Aberilla (Learning Task, Midterm and Final Term)
								Midterm and Final Term)

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	PI 10: Number of virtual classrooms created and operationalized	Director & IHK Faculty	12	28.00		5	5	5	5	Artiga-5, Aberilla- 4, Cerna-3, Antipaso-2, Maningo-4, Tabudlong- 4, Varron- 5, Limbo-4, Villocino- 2
	PI 11: Additional Outputs	Director & IHK Faculty	0	1.00	1	5	5	5	5	Art Apprenticeship Plan
MFO 3	RESEARCH SERVICES (10%)									
	PI 1. Number of research outputs in the last three (3) years utilized by the industry or by other beneficiaries *									
	Pl 2. Number of research outputs completed within the year *									
	PI 3. Percentage of research outputs published in internationally-referred or CHED recognized journal within the year (2%) *									
	In refereed int'l journals	Director & IHK Faculty	5%	5%		5	5	5	5	Motivation, Attitude, And Competence of Physical Education Students
	In refereed nat'l/regional journals						+	1	-	
	PI 4. Number of research outputs presented in regional/national/ int'l fora/conferences *									
	In int'l fora/conferences	Director & IHK Faculty	1	1.00		5	5	5	5	NOSTE International Conference- Ms. Charis Limbo
	In nat'l/regional fora/conferences									
	PI 5. Percent of research proposals approved *									
	PI 6. Additional outputs*						+			

	No. of research-related awards (research conducted by faculty or student w/ faculty)								
MFO 4	EXTENSION SERVICES (10%)								
	PI 1. Number of active partnerships with LGUs, industries, NGOs, NGAs, SMEs, and other stakeholders as a result of extension activities *	Director & IHK Faculty	3	3	5	5	5	5	Brgy. Pangasugan, Brgy. Guadalupe, Brgy. Bunga
	PI 2. Number of trainees weighted by the length of training *	Director & IHK Faculty	16	55	5	5	5	5	50- Langoy sa Kaluwasan-learn to swim, Langoy sa Kaliwasan- First Aid Components, 5- DYDC-Kinetik
	PI 3. Number of extension programs organized and supported consistent with the SUC's mandated and priority programs *	Director & IHK Faculty	1	2	5	5	5	5	Kinetika Radio Program, Langoy sa Kaluwasan
	PI 4. Percentage of beneficiaries who rated the training course/s and advisory services as satisfactory or higher in terms of quality and relevance*	Director & IHK Faculty	95%	100%	5	5	5	5	Participants of Langoy sa Kaluwasan
	PI 5. Number of technical/expert services *					-		\vdash	
	Research Mentoring/ Sports Trainer								
	Peer reviewers/Panelists/ Coach								
	Resource Persons/ Coach of the diff. sports and dance events								

	Convenor/Organizer	Director & IHK Faculty	8	14		5	5	5	5	CSC Online Fitness, Art Apprenticeship Orientation, CAEd Webinar Series, LEPT Review, Padyak-Fun-Ride, Padyak-New Hype, Dance Fitness Line Dancing, Biggest Loser, Weight Loss versus Fat Loss, FS II webinar Series-3, CAED Culmination Program, Campus Tour, 2021 ASEAN Month Celebration, Regional CHED Padyak Caravan
	Consultancy	Director & IHK Faculty	1	2		5	5	5	5	SLSU- Cultural Mapping and Dances for Southern Leyte- Aberilla, PEKAF - Limbo
	Evaluator	Director & IHK Faculty	0	5		5	5	5	5	Limbo (Tiktok Competitio), Aberilla (Titktok Competition), Limbo (Curriculum Review- Surigao State University), Varron (Titktok Competition), Cerna (Tiktok Competition)
	PI 8. Percent of extension proposals approved *	Director & IHK Faculty	5%	5%	,	5	5	5	5	Langoy sa Kaluwasan
	PI 11. Additional outputs *									
	No. of extension-related awards (extn. conducted by faculty or student & faculty) *									
MFO 5	Support to Operations									
	OVPI MFO 1. Faculty Development Services							1		

PI 1: Number of faculty pursuing advanced research degree programs (PhD) facilitated, monitored and assisted *	Director & IHK Faculty	3	4	10 1	5	5	5	5	Sapan, Mazo, Gatchalian, and Cayetano
OVPI MFO 2. Faculty Recruitment/Hiring Services									
PI 2: Number of faculty recruited/hired based on needed competencies and aligned with ISO standards *	Director & IHK Faculty	0	9		5	5	5	5	Maianne, Guy-ab, Fuentes, Batis,Gorre, Desades, Nopal, Catacutan, Lecciones
OVPI MFO 3. Faculty Evaluation Services									
PI 3: Number of seminars/trainings/ conventions/workshops coordinated for entire university *	Director & IHK Faculty	0	14		5	5	5	5	CSC Online Fitness, Art Apprenticeship Orientation, CA Webinar Series, LEPT Review, Padyak-Fun-Ride, Padyak-New Hype, Dance Fitness Line Danc Biggest Loser, Weight Loss ver Fat Loss, FS II webinar Series- CAED Culmination Program, Campus Tour, 2021 ASEAN Mc Celebration, CHED Regional Padyak-Fun Ride
PI 4: Number of seminars/trainings/ conventions/workshops coordinated outside of the university *									
PI 5: Percentage of faculty rated by students with at least very satisfactory rating in 50% of the subjects evaluated *	Director & IHK Faculty	100%	94.74%%		4	4	4	4	

	PI6 : Number of in-house seminars/trainings/ workshops/reviews conducted *	Director & IHK Faculty	0	6.00	5	5	5	5	Orientation, CAEd Webinar Series LEPT Review, Biggest Loser- Webinar Series, FS II Webinar Series-3, FS I Webinar Series
	PI 7 : Additional outputs *								
	Number of faculty/staff awards/honors received related to operations support	Director	0	1.00	5	5	5	5	NOSTE 3rd Best Presenter
	OVPI MFO 4. Program and Institutional Accreditation Services								
	PI 8. Compliance to all requirements thru the established/adequate implementation, maintenance and improvement of the QMS of the core processes of the College/department under ISO 9001:2015*	Director & IHK Faculty		100%	5	5	5	5	ISO Compliant
WFO 6									
	PI 1. Submission of College/Department PPMP for the following year within deadline as prescribed by BAC*	Director & IHK Faculty		100%	5	5	5	5	Accomplished
	PI 2. Zero percent complaint from clients served	Director & IHK Faculty		100%	5	5	5	5	Accomplshed
	PI 3. Number of coaching sessions among faculty & staff**	Director & IHK Faculty	0	2	5	5	5	5	Group Coaching Session, Individual Coaching
	PI 4. Number of planning sessions, tracking and monitoring of targets, etc. conducted to ensure attainment of department targets**	Director & IHK Faculty	0	2	5	5	5	5	Target Setting and Consolidation of Accomplishments

	PI 5. Number of monthly/special faculty & staff meetings conducted**	Faculty	0	7	5	5	5	5	Faculty Meetings
	PI 3: Additional Outputs	Director & IHK Faculty	0	4.00	5	5	5	5	Approved Activity Proposal on Physical Fitness Program, The Biggest Loser 2.0 Activity Porposal, VSU Varsity Program, Padyak Fun- ride Proposal
									*
					194	194	193	193.6	
Total Over-all Rating				183.60					
Average Rating					4.96				
Adjectival Rating				Outstanding					

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Received by:

Calibrated by: /

Planning Office
Date: 11 Feb 20

DANIEL LESLIE S. TAN

Chairman, PMT Date: 1/21/22

Recommending Approval:

BEATRIZ S. BELONIAS

Vice Pres. For Academic Affairs Date: 144 w

Approved:

EDGARDO E. TULIN

President Date: 2 10 2 2