

LEYTE STATE UNIVERSITY

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Office of the President

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MEMORANDUM CIRCULAR NO. <u>57</u> Series of 2004

T O: All Faculty and Staff

R E: University Wellness and Fitness Program

In line with the University Wellness and Fitness Program, the Institute of Human Kinetics is reviving the "Hataw" on Tuesdays and Thursdays, 4 - 5 P.M. at the IHK Quadrangle. All are encouraged to join. Participating faculty and staff are requested to come in proper attire.

Those who are not interested should work in their offices. Likewise, all are reminded that the "Hataw" is only for 4-5 TTh, not earlier nor daily.

For your information and guidance.

PACIENCIA P. MILAN

President