



VISAYAS
STATE UNIVERSITY

OFFICE OF THE
PRESIDENT



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MEMORANDUM CIRCULAR NO. 101
Series of 2025

TO: All VSU Employees

RE: L&D Activity on Self-Empowerment entitled "Yung Sumakses Ka!: Toolkits for Flourishing" and Culmination Activity of the 2025 National Women's Month Celebration (NWM)

FROM: PROSE IVY G. YEPES, EdD
University President

For and on behalf of the University President:


MOISES NEIL V. SERIO
Vice President for Administration and Finance

DATE: March 26, 2025

All interested VSU Employees are invited to attend the L&D activity entitled "**Yung Sumakses Ka!: Toolkits for Flourishing**" and **Culmination Activity of the 2025 National Women's Month Celebration (NWM)** on **April 3, 2025, 8:00 am-5:00 pm** at **RDE Hall, VSU Main Campus**.

This invaluable event serves as an opportunity to equip participants with strategies to build self-confidence, enhance productivity, and develop resilience. By fostering self-assurance and adaptability, it will strengthen leadership skills, interpersonal and stress management skills, and contribute to a more positive and supportive work culture.

This activity will be conducted in two (2) batches—morning (AM) and afternoon (PM)—to accommodate a manageable number of participants while ensuring uninterrupted office operations. For logistical purposes on snacks and certificate preparations, please confirm your attendance using the link: <https://forms.gle/VvpUdkqX35choSHDA> **on or before March 31, 2025**. Strictly, those who pre-registered will be given priority.

On top of this, the GAD will jointly hold its short culmination of the 2025 National Women's Month Celebration (NWM) during the morning session, featuring highlights of their activities and awarding of winners of the GAD Photo Contest.

We look forward for your active participation and cooperation. Attached are the program details for your reference.

For your guidance and compliance.

OFFICE OF THE PRESIDENT

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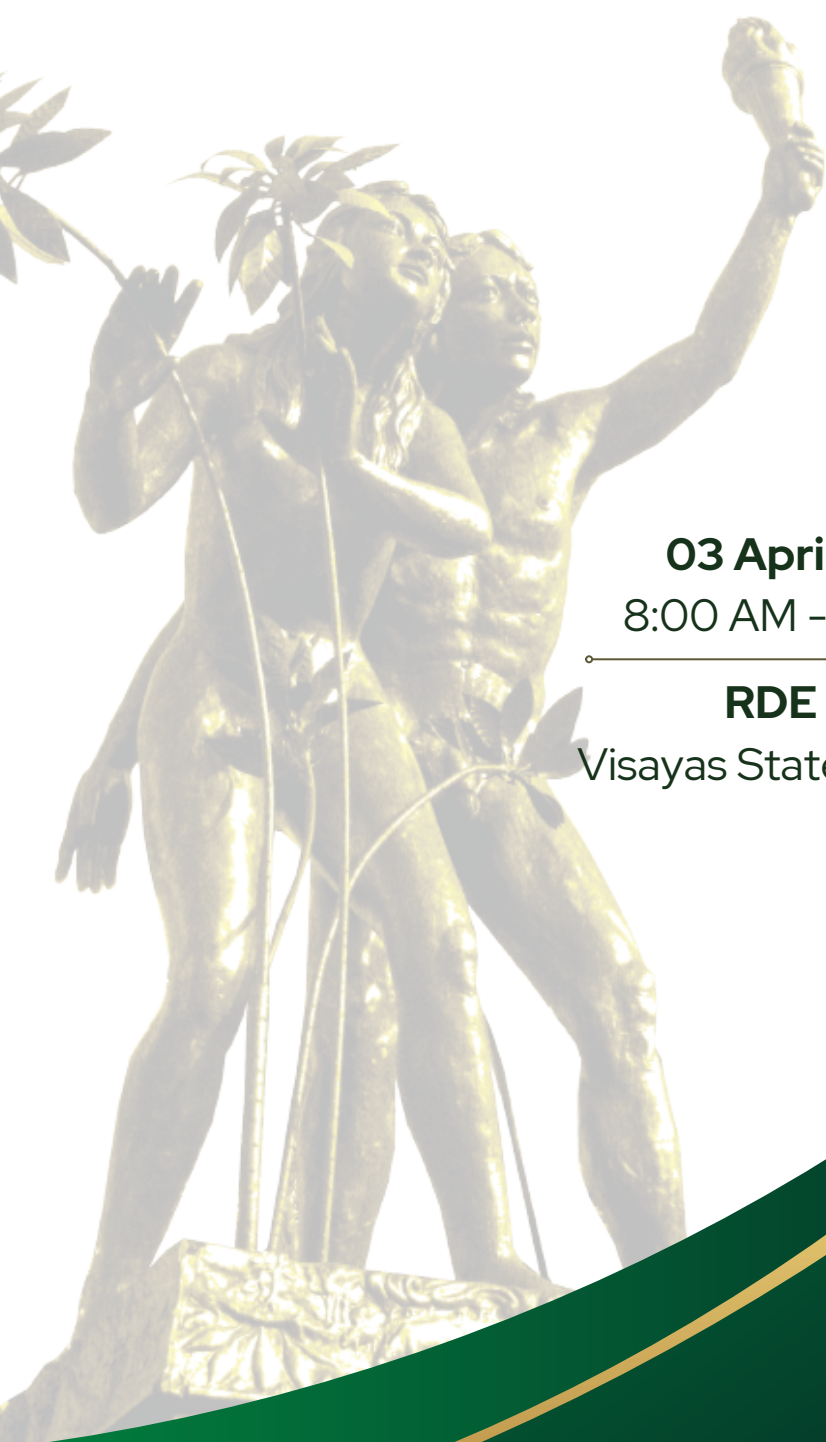
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No. **25-101**



VISAYAS
STATE UNIVERSITY

Yung Sumakses Ka!:

TOOLKITS FOR FLOURISHING



03 April, 2025

8:00 AM - 5:00 PM

RDE Hall

Visayas State University



VISAYAS
STATE UNIVERSITY

Yung Sumakses Ka!: Toolkits for Flourishing

Thursday, 03 April, 2025 | 8:00 AM - 5:00 PM
RDE Hall, Visayas State University

REGISTRATION OF MORNING PARTICIPANTS

8:15 AM – 8:30 AM

OPENING PROGRAM

Invocation and Philippine National Anthem

AV

WELCOME REMARKS

Dr. Prose Ivy G. Yepes
University President, VSU

8:30 AM – 9:30 AM

2025 National Women's Month Celebration (NWM)
Culmination Activity

GAD

9:30 AM – 12:00 PM

ACTIVITY PROPER
(Morning Group)

Kent Jan A. Beldia and Team
Guidance and Counseling

Lunch Break

REGISTRATION OF AFTERNOON PARTICIPANTS

1:30 PM – 4:30 PM

ACTIVITY PROPER
(Afternoon Group)

Kent Jan A. Beldia and Team
Guidance and Counseling

4:30 PM – ONWARDS

CLOSING PROGRAM
CLOSING REMARKS

VSU Hymn

Ms. Honey Sofia V. Colis
Director, HRMD
AV

MARIEL P. NIERVES
Master of Ceremony