



VISAYAS
STATE UNIVERSITY

OFFICE OF THE
PRESIDENT



Memorandum Circular No. 198
Series of 2024

TO: All VSU Employees

RE: MPOX Advisory

FROM: DR. PROSE IVY G. YEPES
University President

DATE: September 2, 2024

Please be informed of the attached MPOX Advisory for your reference in coordination with the University Services for Health, Emergency and Rescue (USHER). Everyone is urged to carefully review the attached document to stay informed about the necessary precautions and guidelines.

For your information and usual support.

cc: Head, USHER Public Health Unit
Chief of VSU Hospital
VPAF

OFFICE OF THE PRESIDENT

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VISAYAS
STATE UNIVERSITY

**UNIVERSITY SERVICES FOR
HEALTH, EMERGENCY AND
RESCUE (USHER)**

August 29, 2024

PROSE IVY G. YEPES, EdD
VSU President

Thru: ELWIN JAY V. YU, MD, MPH
Chief of Hospital and VP for Admin and Finance



PUBLIC HEALTH ADVISORY: MPOX

Mpox is a viral illness caused by the monkeypox virus, a species of the genus Orthopoxvirus. When infected, patient symptoms include fever, headache, muscle aches, back pain, low energy, swollen lymph nodes and a rash that can last for 2 to 4 weeks. This viral illness is mainly spread through direct contact with infectious sores, scabs, or bodily fluids but can also be transmitted through respiratory droplets and contaminated materials.

In light of the heightened surveillance of the disease, the World Health Organization (WHO) has declared Mpox (formerly monkeypox) a Public Health Emergency of International Concern (PHEIC).

As of August 28, DOH has detected 5 new cases of Mpox in the Philippines. On August 25, a suspected case was reported in Northern Samar. Currently, no case has been reported in our vicinity.

With the increase in cases, it is important to take precaution and protect everyone in our community. USHER would like to advise every one of the following in order to prevent the spread of Mpox:

Preventive Measures:

1. Practice good hygiene

Hand hygiene is the single most important means of preventing the spread of infection. An alcohol-based hand rub (ABHR) is the preferred method of hand hygiene, unless hands are visibly soiled, then plain soap and water is recommended.

2. Avoid contact

Do not touch the rash or sores of a person with Mpox. Avoid contact with contaminated materials and surfaces and use Personal Protective Equipment (PPE) including gloves and masks.

3. Isolate if sick and seek medical attention

Isolate yourself from others and seek medical advice to the nearest healthcare facility promptly and follow the recommended protocols to prevent potential spread.



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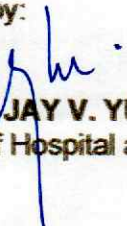
The health and safety of VSU is our top priority. We urge everyone to stay informed and take necessary precautions to prevent the spread of mpox. For more information and updates, you may contact us at 09430430874 or 565-0607/565-0600 local 1047.

Thank you for your cooperation.


Sincerely,


CHRISTELLE VENUS F. CAPUNO, M.D.
Head, Public Health Unit - USHER

Noted by:


ELWIN JAY V. YU, MD, MPH
Chief of Hospital and VP for Administration and Finance

Approved by:


PROSE IVY G. YEPES, EdD
VSU President