



VISAYAS
STATE UNIVERSITY


**OFFICE OF THE
PRESIDENT**



MEMORANDUM CIRCULAR NO. 165
Series of 2024

TO: All VSU Employees

RE: Important Guidelines to Mitigate COVID-19 Spread: Key Practices and Quarantine Protocols

FROM:  DR. PROSE IVY G. YEPES
University President

DATE: July 26, 2024

With the recent increase in cases of COVID-19 in our neighboring regions, as reported by USHER, it is crucial that we all take proactive steps to protect ourselves, our families, colleagues, and the students. This is to remind everyone of the following key practices that are essential in curbing the spread of the virus. Attached is the recommendation from USHER for your reference.

For your information and usual support.

cc: USHER Chief
VPAF

OFFICE OF THE PRESIDENT

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V05 06-06-2024
No. **24-165**



VISAYAS
STATE UNIVERSITY

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6/18/24
**UNIVERSITY SERVICES FOR
HEALTH, EMERGENCY, & RESCUE**

June 10, 2024

PROSE IVY GUASA YEPES, EdD

President

Visayas State University

Thru: **ELWIN JAY V. YU, MD, MPH**
Chief of Hospital I, USHER
Vice-President for Admin and Finance

Dear **Dr. Yepes**,

As we navigate through these new normal as they call it, I am writing to bring to your attention the recent rise in COVID-19 cases in our neighboring regions and to emphasize the importance of continued vigilance in our community.

With the increase in cases, it is crucial that we all take proactive steps to protect ourselves, our families, colleagues, and the students. I would like to remind everyone of the following key practices that are essential in curbing the spread of the virus:

1. Good Hand Hygiene:

- Regular and thorough handwashing with soap and water for at least 20 seconds is one of the most effective ways to prevent the spread of COVID-19. Hand sanitizers with at least 60% alcohol can be used when soap and water are not available. In connection, we have available hand hygiene stations constructed outside of the departments and is accessible to the students and employees.

2. Wearing Masks:

- Proper use of masks is critical in helping not to spread the virus to protect both staff and patients. Masks should cover both the nose and mouth and be always worn within the facility.
- Responsible use of masks and correct disposal must be practice.

3. Monitoring for Symptoms:

- It is essential to stay vigilant for any signs and symptoms of COVID-19, which include fever, cough, shortness of breath, fatigue, and loss of taste or smell. If experience any of these symptoms, patient must seek medical advice to the nearest healthcare facility promptly and follow the recommended protocols to prevent potential spread.



**UNIVERSITY SERVICES FOR HEALTH,
EMERGENCY AND RESCUE (USHER)**

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▪ **HOME QUARANTINE PROTOCOL**

- **CONFIRMED (RT-PCR Positive) and PROBABLE (Positive Rapid Antigen Test)**
 - *VACCINATED INDIVIDUALS* – 5 days home quarantine or until signs and symptoms disappear. No need for retesting.
 - *UNVACCINATED INDIVIDUALS* – 14 days home quarantine or until signs and symptoms disappear

- **CLOSE CONTACT –**
 - *VACCINATED INDIVIDUALS* – Not required for home quarantine but on monitoring.
 - *UNVACCINATED INDIVIDUALS* – 14 days home quarantine

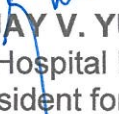
Our collective efforts in maintaining these practices are vital in protecting our community and ensuring that our healthcare facilities remain safe for the VSU constituents.

Thank you for your continued dedication and cooperation.

Sincerely,


CHRISTELLE VENUS F. CAPUNO, MD
Medical Officer III

Recommending Approval:


ELWIN JAY V. YU, MD, MPH
Chief of Hospital I and
Vice-President for Admin and Finance

Approved by:


PROSE IVY GUASA YEPES, EdD
VSU President