



3 August 2021

MEMORANDUM NO. 526
Series of 2021

T O: All Concerned

R E: Integration of Mental Health Content in the Curriculum of All Degree Programs

In compliance to CHEDRO VIII Memorandum No. 75, s. 2021 received by the Office of the President on 30 July 2021, all faculty members are required to integrate in their classes age-appropriate content about mental health and well-being of students, in order to help them cope with possible depression and anxiety during the pandemic. These topics may be included during the discussion of class policies at the start of classes or any time during the semester as necessary.

In relation to this, the Vice President for Student Affairs and Services shall mobilize the Guidance Counsellors to design mental health toolkits and integrate social and emotional learning strategies across the curriculum that can be used by the faculty in their classes.

For your guidance and compliance.


EDGARDO E. TULIN
President