



24 March 2024

MEMORANDUM CIRCULAR NO. 54

Series of 2024

T O: VPAA, Chancellors, College Deans, Institute Directors, Department Heads, Faculty Members, Students including VSUIHS

R E: Conduct of Asynchronous Classes as an Academic Wellness Break for AY 2023-2024

In light of the students' request through their Student Regent, Ms. Shaina Mae Lacaba duly endorsed by the Office of Vice President for Academic Affairs (OVPA), all faculty members across all colleges and campuses are hereby directed to conduct asynchronous classes on **March 25-27, 2024** to give both the faculty members and students some respite while maintaining academic progress and quality education. All concerned are hereby enjoined to be guided by the following:

1. Asynchronous classes will be conducted as a form of an academic wellness break of which, students can be given learning tasks, assignments and others;
2. Faculty members are enjoined to clearly communicate the expectations and requirements for asynchronous classes;
3. While asynchronous classes offer flexibility, it is important for faculty members to remain understanding of individual student circumstances; and
4. All faculty members, except for those with approved travels, will report on site while engaging with the students asynchronously.

All students are expected to report back for the on-site classes effective **April 1, 2024**.

Meanwhile, all other activities scheduled on March 25-27, 2024 that will involve and require the participation of university officials and personnel will push through as scheduled.

For your information, guidance and wide dissemination.



PROSE IVY G. YEPES
President



March 23, 2024

DR. PROSE IVY G. YEPES, EdD
President, Visayas State University

THRU: DR. BEATRIZ S. BELONIAS, PHD
VP for Academic Affairs, Visayas State University

Subject: Academic Wellness Break from March 25-27, 2024

Greetings of peace and solidarity.

As the representative of the student body, I am tasked with the vital role of ensuring the welfare of our students. In this spirit, I propose an Academic Wellness Break from March 25 to 27, 2024, or a shift to virtual or asynchronous classes during these dates to ease the academic load. The midterm examinations, originally scheduled for March 11-15, have placed considerable stress on our students, with some exams extending until March 22. A period for recuperation would greatly benefit their mental wellness, especially before returning to the university after the Holy Week Holidays on April 1.

Moreover, many of our students observe these holidays as part of their religious practices, and a significant number come from locations far from Baybay City. An early break would allow them to avoid the peak holiday travel rush and settle in their respective homes sooner. This break would not only support their mental health but also enhance their academic performance upon return. It would also demonstrate the university's commitment to inclusivity by respecting the cultural practices of its student body.

I trust that the university administration will consider this proposal favorably, recognizing the positive impact it would have on our students' well-being and academic success. I look forward to a supportive response.

For the students, I remain:


SHAINA MAE F. LACABA
Student Regent
*Chairwoman, University Supreme
Student Council Federation*

Recommending Approval:



DR. BEATRIZ S. BELONIAS

VP for Academic Affairs, Visayas State University

Approved:



DR. PROSE IVY G. YEPES, EDD

President, Visayas State University