



# LEYTE STATE UNIVERSITY

Visca, Baybay, Leyte 6521-A

Philippines

Telefax: 053-3352601

*Office of the President*

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**MEMORANDUM CIRCULAR NO. 35**

Series of 2003

**T O: All LSU Faculty and Staff**

**R E: LSU Wellness Day**

The Institute of Human Kinetics is reviving its program of "LSU Fitness and Wellness." Anent to this, everybody is encouraged to attend the Hataw activity every Tuesday and Thursday at 4-5 pm. A year round of activities are prepared by IHK to support this program.

On July 24, 2003, an LSU Wellness Day is scheduled at 4-6 pm in the Gymnatorium. Faculty and staff are requested to be in their athletic uniform or any appropriate athletic attire.

Your participation and attendance is highly enjoined.

  
**PACIENCIA P. MILAN**  
President