



11 October 2022

MEMORANDUM CIRCULAR NO. 116
Series of 2022

**T O: Advisers of Recognized Student Organizations
Advisers & Assistant Advisers of Dormitories/Cottages
Campus Ministers
College/Department-Based Guidance Facilitators
Organization Presidents**

R E: Mental Health Forum and Oath-Taking Ceremony

The Office of the Dean of Students will conduct a Mental Health Forum on **October 12, 2022, from 9:00 AM-12:00 AM at the RDE Hall for Students** and from **1:30 PM-5:00 PM at the VSU Convention Center for Faculty and Staff**.

Part II of this activity is the Oath Taking Ceremony of Campus Ministers, College/Department-Based Guidance Facilitators, and Campus Advisers (Recognized Organizations and Dormitories/Cottages) for SY 2022-2023 which will be held also at the VSU Convention Center. Your attendance in the afternoon session is therefore enjoined and please facilitate the dissemination of this information to your students.

For your information and guidance.


EDGARDO E. TULIN
President

PROGRAM OF ACTIVITIES

PART I: MENTAL HEALTH FORUM

Venue: RDE Hall

A.M. SESSION FOR STUDENTS (9:30 AM-12:00 NN)

Topic 1: *Managing Mental Health Challenges of Students*

Resource Speaker: **Dr. Kathrina Oaminal-Watin, RPsy, PhD**

Psychologist, AKVO Applied Psychology Center, Cebu City

Topic 2: *Mental Health Services/Resources*

Presenter 1: **Dr. Jerome B. Profetana, M.D.**

Medical Officer V, Baybay City Health Office

Presenter 2: **Dr. Manuel Icon P. Donaire, DPA**

City Social Welfare and Development Officer

Venue: VSU Convention Center

P.M. SESSION- ADVOCATING FOR MENTAL HEALTH FOR FACULTY AND STAFF (1:30 PM-3:30 PM)

Topic: *Mental Health and Psycho-Social Support: Strengthening
Faculty and Staff Response*

Resource Speaker: **Dr. Kathrina Oaminal-Watin, RPsy, PhD**

Psychologist, AKVO Applied Psychology Center, Cebu City

PART II. OATH TAKING CEREMONY OF DBGF's, ADVISERS & CAMPUS (3:30-5:00 P.M.)