

VISAYAS STATE COLLEGE OF AGRICULTURE
Baybay, Leyte

OFFICE OF THE PRESIDENT

March 11, 1996

MEMORANDUM NO. 34
Series of 1996

T O: Engr. Nestor M. Israel
Engr. Celso F. Gumaod

R E: REGULAR FITNESS/CHECK UP OF VISCA DRIVERS

It has been observed that drivers, due to lack of physical fitness/check up, is prone to suffer hypertension and cardio-vascular diseases.

In view thereof, you are hereby directed to coordinate a regular fitness program every weekend among all VISCA drivers.

A monthly check up with the VISCA Infirmary is also a must. The medical certificate should be submitted to the Personnel Office not later than the 5th day of the following month.

For compliance.

Samuel S. Go
SAMUEL S. GO *Ole*
President 3/12/96

cc: HRMDO — *3/13/96*
Infirmary — *me*
OVPA — *al*
Records — *uf*