



March 5, 2025

TO:

VICENTE A. GILOS
University Librarian

SUBJECT: Mental Health Break of Ms. Aruta

Please be informed that, **MAEGAN LOU A. ARUTA** (College Librarian), visited the Office today after having been referred by the University Hospital. Based on the intake interview, she is advised to take a **mental health break** on March 5-7, 2025.

It is recommended that she attends counseling sessions after her break. The details of her current situation is confidential and cannot be divulged.

Thank you.


KENT JAN A. BELDIA, RGC, CSFP
Guidance Counselor III