



VISAYAS
STATE UNIVERSITY



**DEPARTMENT OF TOURISM AND
HOSPITALITY MANAGEMENT**

Visca, Baybay City, Leyte, PHILIPPINES
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December 12, 2023

DR. DANIEL LESLIE S. TAN

OIC-President

Visayas State University

Visca, Baybay City, Leyte

Thru: **MS. HONEY SOFIA V. COLIS**

Director, Human Resource Management

OIC In-charge, Learning and Development and HR
Accreditation

Dear Dr. Tan;

Greetings!

I am writing to humbly ask for your approval for my rehabilitation leave privileges request for a maximum duration of six (6) months, starting from the time I was confined in the hospital.

On October 12, at approximately 4:00 pm, while currently on the phone with the president's secretary, reminding me to attend to represent the president at the invitation of the Department of Tourism Region III to the Launching of the Bisita Be My Guest Philippines (Please see Attachment A. notice from the OP), I experienced my first seizure causing me to collapse.

Before this day, I was already not feeling well due to the successive responsibilities I had performed, mainly for the Preliminary Survey Visit (PSV) for BSHM and BSTM program, UC consortium, and university intramurals. Still, I could not bear to be absent from work due to the different tasks that I still have to perform as an instructor, as the head of the office, and other responsibilities assigned to me by the university, especially since the midterm exam is scheduled the week after.

Thankfully, my colleagues called the VSU hospital from the time that I collapsed, and I was immediately referred to Ormoc Doctors Hospital for a thorough evaluation, including a CT scan. The initial test results showed no immediate concerns regarding my health. However, my condition has taken a challenging turn as I continue to experience recurring seizures.

Despite numerous investigations and additional CT scans, my attending doctors in Ormocdoc referred me to the Eastern Visayas Medical Center (EVMC) for an Electroencephalogram (EEG) test in the hopes of uncovering the leading cause of the seizures. I was confined in Ormoc Doctor Hospital from October 12, 2023, to October 23, 2023, with the diagnosis "*To consider Status Epilepticus*." Please see attachment B for the Medical Certificate from Ormocdoc.

While at EVRMC, I was diagnosed with *Generalized Motor Tonic-Clonic Seizure, Idiopathic Psychotic Disorder Secondary*. Please see Attachment C for the medical Certificate from EVMC.

The seizures have affected my brain, which affected my emotions and behavior. As I showed symptoms of psychosis, my attending doctor recommended that we proceed to the old EVMC

psychiatric ward to resolve the symptoms of psychosis upon our discharge from the hospital. My attending doctor (Internist) also informed us to return for a follow-up checkup on December 1, 2023, while taking the prescribed medicines (Attachment D) at home.

Upon the doctor's recommendation, we visited the psychiatric ward, and my psychiatrist prescribed the medicines shown in attachment E and I was advised to return for a follow-up checkup. The prescribed medication has helped improve my physical and mental condition. From the time I was discharged, I only experienced one seizure, and the symptoms of psychosis are slowly fading. However, I am also experiencing the side effects of the drugs, such as leg weakness, lightheadedness, hand tremors, double vision, and insomnia.

During the follow-up checkup, I informed my attending doctors of the improvement and the side effects of the medicines, and they prescribed additional drugs. Please see attachment F for the additional prescribed medicines. During this time, my attending doctor (Internist) issued a final diagnosis of "*status epilepticus resolved*" (Please see Attachment G. Medical Abstract). However, I was told that I would still be under monitoring and medication for up to one year to ensure that the seizure would not recur. I was also advised to regularly take laboratory tests to ensure that my different body organs, such as my kidney and liver, will not be damaged from the medicines that I am currently taking.

Regarding my mental state, psychiatrist will not issue a medical certificate unless I take a psychological test. I am also scheduled for a follow up checkup on December 29 and a psychological exam in January 2024. Rest assured that the result of the exam, as well as the medical certificate, will be submitted once available to show the progress of my mental and physical health condition.

Seizures are uncertain when to occur, and unfortunately, I had another seizure the day after the follow-up checkup and another one last December 5, 2023, which may have been triggered by stress from commuting from Baybay to Tacloban.

Thus, for these reasons, I humbly request your approval of this rehabilitation leave request. As a responsible employee, I want to avoid contributing further problems to the institution by reporting with a poor health condition. Approving this request would give me enough time to recover physically and mentally, enabling me to perform my duties properly.

I am looking forward to your understanding and kind response.

May God bless you more!

Respectfully yours,


HANNAH MAE E. QUIMBO
Faculty, DTHM

Attachment A. Notice From OP

OFFICE OF THE PRESIDENT	
<i>Ms. Hannah May Quimbo</i> <i>Head, DHTM</i>	
<i>in this</i> <i>signature</i>	
Office of the President <op@vsu.edu.ph>	
ch of the Bisita Be My Guest	
Wed, Oct 4, 2023 at 12:37 PM	
j.edu.ph>, "dtudtud@yahoo.com"	
of Bisita Be My Guest Philippines, which will take place	
halls, Summit Hotel, Tacloban City.	
ion and program for your kind reference.	
n or numbers 09498839916 or 09664873830.	
pation in this event.	
<i>please represent me in this meeting.</i>	
<i>10.12.23</i>	
EDGARDO E. TULIN PRESIDENT	

Gmail UC consortium X

Active VSU

Fwd: Invitation to Eastern Visayas Regional Launch of the Bisita Be My Guest Philippines External Inbox x

Office of the President <op@vsu.edu.ph>
to me

Please represent me in this meeting.

President Tulin

Forwarded message
From: dotreg8@yahoo.com <dotreg8@yahoo.com>
Date: Wed, Oct 4, 2023 at 12:38 PM
Subject: Invitation to Eastern Visayas Regional Launch of the Bisita Be My Guest Philippines
To: <op@vsu.edu.ph>, information@vsu.edu.ph <information@vsu.edu.ph>, dtudtud@yahoo.com <dtudtud@yahoo.com>, <secretary@vsu.edu.ph>

Dear Director Tulin,

Maupay na adlaw!

May we invite you to the Eastern Visayas Regional Launching of Bisita Be My Guest Philippines, which will take place on October 13, 2023, 08:30 am - 01:00 pm, Samar and Leyte Halls, Summit Hotel, Tacloban City.

Attached is the BBMG Eastern Visayas Regional Launch invitation and program for your kind reference.


For your confirmation, kindly let us know at dotreg8@yahoo.com or numbers 09498839916 or 09664873830.

Thank you very much and we look forward to your active participation in this event.

Respectfully,
Hanna

DEPARTMENT OF TOURISM
Regional Office No. 8
Brgy. 25 Kanhuraw Hill, Magsaysay Blvd.,
Tacloban City, Philippines 6500
Telephone No. : (053) 832-0901
Mobile No. : (+63) 998-888-9715

Attachment B. Medical Certificate From OrmocDoc

 **ormocdoc**
Ormoc Doctors Hospital, C. Aviles St., corner San Pablo St.,
Ormoc City, Leyte Philippines 6541

MEDICAL CERTIFICATE

TO WHOM IT MAY CONCERN:

This is to certify that QUIMBO, HANNAH MAE - EVANGELIO had been under treatment/confined
at Ormoc Doctors Hospital from October 12, 2023 to October 23, 2023 for the following

Final Diagnosis/es:

To consider Status Epilepticus

Procedure/Operation:


None

Remarks:

None


This certification is being issued upon the request of the patient and/or interested party for
whatever purpose(s) it may serve, except those involving medico-legal matters.


Issued this 23rd day of October 2023 at Ormoc City, Leyte, Philippines.


John Kenneth S. Tarongoy, RMT, M.I.
Lic No. 0161466
PTR No. _____

MARIA KATHLEEN ANGELA S. MABULAY, M.D.
Attending Physician
Lic. No.: 0139061
PTR No.: 7458261

DENNIS DANIEL C. ROA, M.D.
Attending Physician
Lic. No.: 97262
PTR No.: 7436625


Prepared by: JANELLE L. PARRILLA
Amount Paid: Php 150.00
O. R. No.: 654398
Date Paid: October 23, 2023


Physician not available

Note: This certification is not valid without the use of a facemask or printed in blue ink.

W: www.cebudocgroup.com
E: info@cebudocgroup.com
F: @CebuDocGroup
T: (053) 255 - 7522

cebudoc | **cebudoc** **mactandoc** **northgen** **sancarlosdoc**
southgen **ormocdoc** **boholdoc** **danaodoc** **charitydoc**

Attachment C. Medical Certificate from EVMC



EASTERN VISAYAS MEDICAL CENTER
Brgy. 93 Bagacay, Tacloban City, Philippines 6500

MEDICAL CERTIFICATE

Health Record Number: 00388528

Date: NOVEMBER 17, 2023

Control Number: 01280

This is to certify that QUIMBO, HANNAH MAE E., 33 years old of KILIM, BAYBAY CITY, LEYTE was confined in this hospital from OCTOBER 25, 2023 to OCTOBER 31, 2023 with the following findings and/or diagnosis:


Final Dx:

GENERALIZED MOTOR TONIC CLONIC SEIZURE; IDIOPATHIC; PSYCHOTIC DISORDER SECONDARY.

X - X

and would need medical attention for — days barring complication.

This certification is being issued at the request of HANNAH MAE QUIMBO/PATIENT for Leave of Absence.


ZARAH MAE INGHUG, M.D.
Attending Physician
License No: 0161596

(NOT VALID WITHOUT SEAL)

OR Number: 8508162
/JCB

HMD-NIC
01-October-2021
Rev.04

Attachment D. Medications Prescribed by Attending Doctor (Internal Medicine) – to be taken at home

EASTERN VISAYAS MEDICAL CENTER Brgy. 93 Bagacay, Tacloban City, Philippines 6500	
Patient Name: <u>QUIMBO, HANNAH MAE</u>	Date: <u>10/29/20</u>
Address: _____	Age: <u>33</u> Sex: <u>F</u> Hosp. No. _____
<p>Rx</p> <p><i>Depo</i></p> <p><i>carbamazepine 300mg/tab</i></p> <p><i>sig: take 1 tab, 2x a day</i></p> <p><i>(1-0-1)</i></p>	
<p><i>2</i></p> <p>Zarah Mae C. Castro, RMT, M.D. Internal Medicine M.D. Lic. No. <u>0161596</u> PTR No. _____</p> <p>CMPS-PRESC 06-September-2021 Rev. 03</p>	

EASTERN VISAYAS MEDICAL CENTER Brgy. 93 Bagacay, Tacloban City, Philippines 6500	
Patient Name: <u>QUIMBO, HANNAH MAE</u>	Date: <u>10/29/20</u>
Address: _____	Age: <u>33</u> Sex: <u>F</u> Hosp. No. _____
<p>Rx</p> <p><i>fully filled</i></p> <p><i>levetiracetam 500mg/tab</i></p> <p><i>sig: take 1 tab, 2x a day</i></p> <p><i>(1-0-1)</i></p>	
<p><i>3</i></p> <p>Zarah Mae C. Castro, RMT, M.D. Internal Medicine M.D. Lic. No. <u>0161596</u> PTR No. _____</p> <p>CMPS-PRESC 06-September-2021 Rev. 03</p>	

Attachment E.1. Medications Prescribed by Psychiatrist (during 1st visit)

EASTERN VISAYAS MEDICAL CENTER
Tacloban City, Philippines, 6500

Quimbo, Hannah Date: 10/31/23
Baybay City Age 33 Sex F Hosp No

98.00 Risperidone 2mg tablet 2x/day (Renuvie)
1 tablet 2x/day (2) 21/23

75.00 Divalproex 500mg tablet (Depakote ER)
1 tablet 2x/day

17.00 Biperiden 25mg tablet (BIZIX)
1 tablet 2x/day (age)

LEAH P. BRUN, MD
101958


11/14/23

Attachment E.1. Medications Prescribed by Psychiatrist (1st follow up checkup)

EASTERN VISAYAS MEDICAL CENTER Brgy. 93 Bagacay, Tacloban City, Philippines 6500	
Patient Name: <u>Quimbo, Hannah</u>	Date: <u>11/14/17</u>
Address: <u>Baguio, Cebu</u>	Age: <u>32</u> Sex: <u>F</u> Hosp. No. _____
Rx ① <u>Quetiapine 25mg tabs a</u> <u>30</u> <u>Sig. 1 tab at bedtime</u> <u>Calum</u>	
CONSTANTINO, JEHESUS JIREH C. M.D. Lic. No. PRC Lic. 0154884 PTR No. 042176EM22-006-1 CNPS-PRSC 06-September-2021 Rev.03	

EASTERN VISAYAS MEDICAL CENTER Brgy. 93 Bagacay, Tacloban City, Philippines 6500	
Patient Name: <u>Quimbo, Hannah</u>	Date: <u>11/14/17</u>
Address: <u>Baguio, Cebu</u>	Age: <u>32</u> Sex: <u>F</u> Hosp. No. _____
Rx ① <u>Risperidone 2mg tabs</u> <u>60</u> <u>(Risperidone)</u> <u>Sig. 1 tab 2x a day</u> <u>Calum</u>	
② <u>Divalproex 250mg tabs</u> <u>60</u> <u>(Divalproex)</u> <u>X Sig. 1 tab 2x a day</u>	
③ <u>Risperidone 2mg tabs</u> <u>30</u> <u>(Risperidone)</u> <u>X Sig. 1 tab in AM</u>	
12/14/23	
CONSTANTINO, JEHESUS JIREH C. M.D. Lic. No. PRC Lic. 0154884 PTR No. 042176EM22-006-1 CNPS-PRSC 06-September-2021 Rev.03	

Attachment F. Additional Prescribed Medicine by the Psychiatrist (2nd follow up checkup)

 **EASTERN VISAYAS MEDICAL CENTER**
Brgy. 93 Bagacay, Tacloban City, Philippines 6500

Patient Name: Quimbo, Hannah Mae Date: Dec. 01, 2023
Address: _____ Age: 53 Sex: F Hosp. No. _____

Rx Divalproex Na 500mg / tab # 60
Sig: 1 tab twice daily

Risperidone 2mg / tab # 30
Sig: 1 tab once daily at bedtime

Biperiden 2mg / tab # 30
Sig: 1 tab once daily at bedtime

ffg: 12/29/2023

LEAH P. BRITO-SALVATIERRA, MD. M.D.
Lic. No. 0101958
PTR No. _____

CMPS-PHSC
06-September-2021
Rev. 03

Attachment G. Medical Abstract (from the Internist) - during follow up checkup



EASTERN VISAYAS MEDICAL CENTER
Brgy. 93 Bagacay, Tacloban City, Philippines 6500

MEDICAL ABSTRACT
OUT-PATIENT DEPARTMENT

This is a case of Quimbo, Hannabelle, 33, F, Married
(Name) (Age) (Sex) (Marital Status)
Filipino, Baptist from Kilim, Baybay, Leyte
(Religion) (Address)
consulted to this center last 12/01/2023, at the Out-Patient Department, 1M
(Date of Consult) (Name of Clinic)
with a working diagnosis of Idiopathic Epilepsy
(Clinical diagnosis/impression)

Current Medications:

1. Levetiracetam
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Still in need of the following laboratory work-ups:

1. _____
2. _____
3. _____
4. _____
5. _____

This medical abstract is made per request of patient's relatives for the purpose of financial assistance from your good office.



Attending Physician
License No.: _____
Date Issued: DEC 01 2023