

DEPARTMENT OF TOURISM AND HOSPITALITY MANAGEMENT

Visca, Baybay City, Leyte, PHILIPPINES Landline: +63 53 565 0600 Local 1021 Email: dchm@vsu.edu.ph Website: www.vsu.edu.ph

December 12,2023

DR. DANIEL LESLIE S.TANOIC-President
Visayas State University
Visca, Baybay City, Leyte

Thru: MS. HONEY SOFIA V. COLIS

Director, Human Resource Management OIC In-charge, Learning and Development and HR Accreditation

Dear Dr. Tan;

Greetings!

I am writing to humbly ask for your approval for my rehabilitation leave privileges request for a maximum duration of six (6) months, starting from the time I was confined in the hospital.

On October 12, at approximately 4:00 pm, while currently on the phone with the president's secretary, reminding me to attend to represent the president at the invitation of the Department of Tourism Region III to the Launching of the Bisita Be My Guest Philippines (Please see Attachment A. notice from the OP), I experienced my first seizure causing me to collapse.

Before this day, I was already not feeling well due to the successive responsibilities I had performed, mainly for the Preliminary Survey Visit (PSV) for BSHM and BSTM program, UC consortium, and university intramurals. Still, I could not bear to be absent from work due to the different tasks that I still have to perform as an instructor, as the head of the office, and other responsibilities assigned to me by the university, especially since the midterm exam is scheduled the week after.

Thankfully, my colleagues called the VSU hospital from the time that I collapsed, and I was immediately referred to Ormoc Doctors Hospital for a thorough evaluation, including a CT scan. The initial test results showed no immediate concerns regarding my health. However, my condition has taken a challenging turn as I continue to experience recurring seizures.

Despite numerous investigations and additional CT scans, my attending doctors in Ormocdoc referred me to the Eastern Visayas Medical Center (EVMC) for an Electroencephalogram (EEG) test in the hopes of uncovering the leading cause of the seizures. I was confined in Ormoc Doctor Hospital from October 12, 2023, to October 23, 2023, with the diagnosis "*To consider Status Epilipticus*." Please see attachment B for the Medical Certificate from Ormocdoc.

While at EVRMC, I was diagnosed with *Generalized Motor Tonic-Clonic Seizure, Idiopathic Psychotic Disorder Secondary.* Please see Attachment C for the medical Certificate from EVMC.

The seizures have affected my brain, which affected my emotions and behavior. As I showed symptoms of psychosis, my attending doctor recommended that we proceed to the old EVMC

psychiatric ward to resolve the symptoms of psychosis upon our discharge from the hospital. My attending doctor (Internist) also informed us to return for a follow-up checkup on December 1, 2023, while taking the prescribed medicines (Attachment D) at home.

Upon the doctor's recommendation, we visited the psychiatric ward, and my psychiatrist prescribed the medicines shown in attachment E and I was advised to return for a follow-up checkup. The prescribed medication has helped improve my physical and mental condition. From the time I was discharged, I only experienced one seizure, and the symptoms of psychosis are slowly fading. However, I am also experiencing the side effects of the drugs, such as leg weakness, lightheadedness, hand tremors, double vision, and insomnia.

During the follow-up checkup, I informed my attending doctors of the improvement and the side effects of the medicines, and they prescribed additional drugs. Please see attachment F for the additional prescribed medicines. During this time, my attending doctor (Internist) issued a final diagnosis of "status epilepticus resolved" (Please see Attachment G. Medical Abstract). However, I was told that I would still be under monitoring and medication for up to one year to ensure that the seizure would not recur. I was also advised to regularly take laboratory tests to ensure that my different body organs, such as my kidney and liver, will not be damaged from the medicines that I am currently taking.

Regarding my mental state, psychiatrist will not issue a medical certificate unless I take a psychological test. I am also scheduled for a follow up checkup on December 29 and a psychological exam in January 2024. Rest assured that the result of the exam, as well as the medical certificate, will be submitted once available to show the progress of my mental and physical health condition.

Seizures are uncertain when to occur, and unfortunately, I had another seizure the day after the follow-up checkup and another one last December 5, 2023, which may have been triggered by stress from commuting from Baybay to Tacloban.

Thus, for these reasons, I humbly request your approval of this rehabilitation leave request. As a responsible employee, I want to avoid contributing further problems to the institution by reporting with a poor health condition. Approving this request would give me enough time to recover physically and mentally, enabling me to perform my duties properly.

I am looking forward to your understanding and kind response.

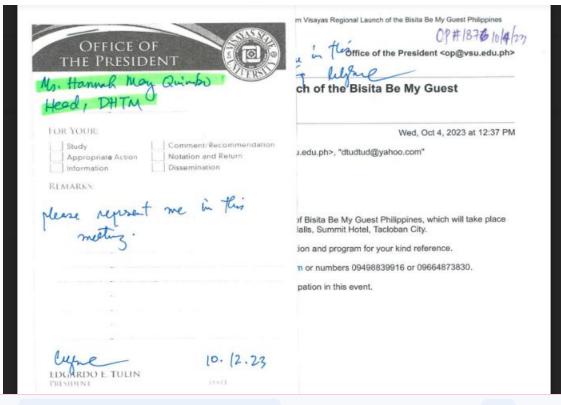
May God bless you more!

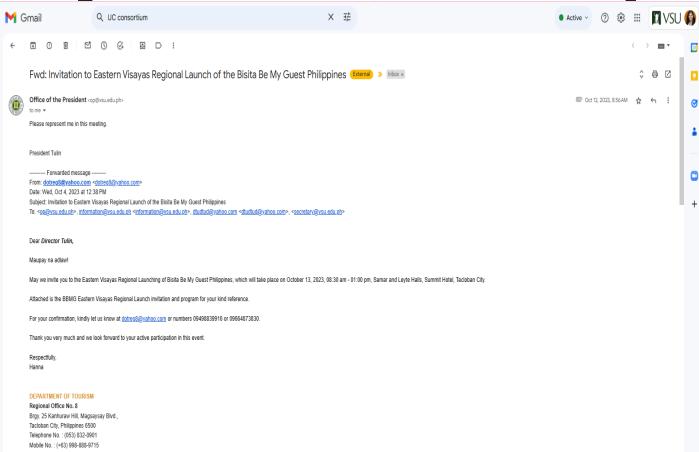
Respectfully yours,

HANNAH MAE E. QUIMBO

Faculty, DTHM

Attachment A. Notice From OP









MEDICAL CERTIFICATE

at Ormoc Doct	ors Hospital from	October 12, 2023	_ to _	October 23, 2023	for the following
Final Diagnos	is/es:				
To consid	der Status Epileptic	15			
Procedure/Op	peration:				
None					
Remarks:					
None					
		sued upon the request of except those involving			party for
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whatever purp	ose(s) it may serve,	of October 2023	medico at Orn	-legal matters. noc City, Leyte, Philipp	vines.
whatever purp	ose(s) it may serve, this <u>23rd</u> day	of October 2023	medico at Orn	legal matters.	ines. . ROA, M.D.
whatever purp	ose(s) it may serve, this 23 rd day	of October 2023	medico at Orn	DENNIS DANIEL C Attending Physic	ines. . ROA, M.D.

W: www.cebudocgroup.com

E: info@cebudocgroup.com

F: @CebuDocGroup

T: (053) 255 - 7522

cebudoc mactandoc northgen sancarlosdoc

southgen ormocdoc boholdoc danaodoc charitydoc



MEDICAL CERTIFICATE

Health Record Number: 00388528 Date: NOVEMBER 17, 2023 Control Number: 01280

This is to certify that QUIMBO, HANNAH MAE E., 33 years old of KILIM, BAYBAY CITY, LEYTE was confined in this hospital from OCTOBER 25, 2023 to OCTOBER 31, 2023 with the following findings and/or diagnosis:

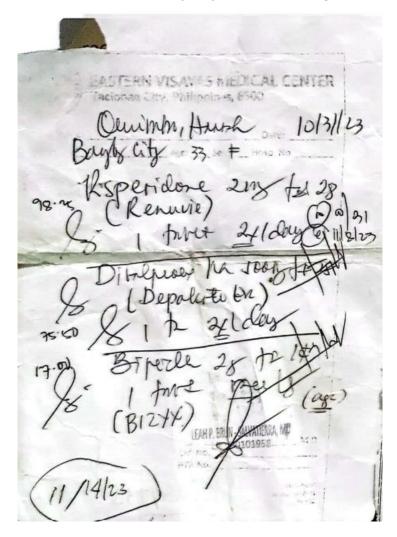
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ZARAH MAE INGHUG, M.I Attending Physician License No: 0161596

Attachment D. Medications Prescribed by Attending Doctor (Internal Medicine) – to be taken at home

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Zarah Mac Najar Rimin Md. — Internal Modiaine M.D. Lic. No. Licenson on 16,596	Zatarah Res Cristing, RMT MD M.D.
PTR No. CMPS-PRISC 06-September-3021 Roy 03	Lic. No. Integral Medicine PTR No. Esterofise No. D161596 CAMPS-MASK OR-September -20*

Attachment E.1. Medications Prescribed by Psychiatrist (during 1st visit)



Attachment E.1. Medications Prescribed by Psychiatrist (1st follow up checkup)

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Patient Name: Juny W. Hand Date: 4/14/19 Address: Byn, Gy, Age: 53 Sex: E Hosp. No.	Patient Name: Curabo tanno Date: 11/14/17 Address: Raybay, Gra Age: 372 Sex: 12 Hosp. No.
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Attachment F. Additional Prescribed Medicine by the Psychiatrist (2nd follow up checkup)

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			TAH P. DRUTT SALVAT	TIERRA MD _{M.D.}	

Attachment G. Medical Abstract (from the Internist) - during follow up checkup



MEDICAL ABSTRACT OUT-PATIENT DEPARTMENT

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