SUMMARY OF INDIVIDUAL RATINGS OF FACULTY MEMBERS WITH MULTIPLE FUNCTIONS

Name of faculty Member: ANNA BETH A. VARRON

| Program Involvement | Percentage Weight of | Numerical Rating (Rating x%) | Equivalent Numerical |
|---|-------------------------|---------------------------------|-------------------------|
| (1) | Involvement | , , | Rating |
| • | (2) | (3) | $(2x \ 3)$ |
| 1. Instruction | | | |
| a. Head/Dean (100%) | | $4.98 \times 50\% = 2.49$ | |
| b. Students | | 3.80 x .50% = 1.9 | |
| Total for Instruction | 75% | 4.39 | 3.29 |
| 2. Research | | | |
| a. Client/Dir. For Research (50%) | | x50% = | |
| b. Dept. Head/Center Director 50%) | | x50% = | |
| Total for Research | | | |
| 3. Extension | | | |
| a. Client/Dir. For Extension | | | |
| b. Dept. Head/Center Director (100%) | | 5.00 x 100% = 5.00 | |
| Total for Extension | 25% | 5.00 | 1.25 |
| 4. Gen. Admin. & Support Services | | | |
| TOTAL | 100% | | 4.54 |

EQUIVALENT NUMERICAL RATING:

4.54

Add: Additional Points, if any: TOTAL NUMERICAL RATING:

4.54

ADJECTIVAL RATING:

VERY SATISFACTORY

Prepared by:

ANNA BETH A VARRON

Name of Faculty

Reviewed by:

CHARIS B. LIMBO

Director, IHK

Recommending Approval:

BAYRON S. BARREDO

College Dean

Approved:

BEATRIZ S. BELONIAS

Vice President for Academic Affairs



INDIVIDUAL PERFORMANCE COMMITMENT & REVIEW FORM (IPCR)

I, <u>Anna Beth A. Varron</u>, a faculty member of the <u>INSTITUTE OF HUMAN KINETICS</u> commit to the deliver and agree to be rated on the attainment of the following targets in accordance with the indicated measures for the period <u>July- December 2022</u>.

ANNA BETH A. VARRON

nstructor

Date: 01- 4-2023

CHARIS B. LIMBO

Department Head

Date:

| MFO | Description of MFO's/PAPs | Success/ Performance Indicators (PI) | Tasks Assigned | Target | Actual Accomplishment | | | Ratin | g | REMARKS (Indicators in percentage should be |
|--------|--|--|--|--------|--------------------------|---------|-----------|-----------|---------|---|
| No. | - | | | | Accomplishment | Quality | Eficiency | Timelines | Average | supported with numerical values in numerators and |
| UMFO | O 1. ADVANCED EDUCATION SERVICES | | | | | | | | | |
| OVPI N | IFO 2. Graduate Student Ma | nagement Services | | | | | | | | |
| | PI 4: Total FTE coordinated, implemented & monitored* | A1. Actual Faculty's FTE | Handles subjects/courses assigned | | | | | | | |
| | PI 8: Number of graduate students advised * | A2. Number of students advised | Acts as academic adviser to graduate students | | | | | | | |
| | | A3. Number of students advised on thesis/special problem/dissertation | | | | | | | | |
| | | As GAC Chairman | Advises and corrects research outline and thesis/SP/dissertation manuscript | | | | | | - | |
| | | AS GAC Member | Advises and corrects research outline and thesis/SP/dissertation manuscript | | | | | | | |
| | | A4. Number of students entertained for consultation purposes | Entertains students seeking consultation with faculty | | | | | | | |
| | PI 9: Number of instructional materials developed * | A5. Number of on-line ready coursewares developed and submitted for review | Converts the existing instructional materials into flexible learning systems | | | | | | | |





| | T | T | Prepares Instructional | | T | T | | | | |
|--------|----------------------------|-------------------------------------|--|----|----------|---|---|---|------|--|
| | | | module/laboratory | | | | | | | |
| | | On-line ready courseware | guide/workbook or a | | | | | | | |
| | | | combination thereof | | | | | | | |
| | | | | | | + | | | | |
| | | | Prepares Power Point | | | | | | | |
| | | Supplemental learning resources | presentation, video clips, movie | | | | | | | |
| | | Cappionional loaning rootates | clips, reading assignments | | | | | | | |
| | | | depending on course taught | | | | | | | |
| | | | Prepares assessment tools | | | | | | | |
| | | Assessment tools | such as long exam, quizzes, | | | | | | | |
| | | | problems sets, etc. | | | | | | | |
| | | A 6 : Number of on-line course ware | Submits the course ware duly | | | | | | | |
| | | reviewed by TRP & edited by MMDC | reviewed by TRP for editing by | | | | | | | |
| | | editor | MMDC editor | | | | | | | |
| | | 1.7.11 | Creates virtual classroom using | | | | | | | |
| | | A 7 : Number of virtual classroom | either Moddle or Google | | | | | | | |
| | | created and operational | Classroom | | | | | | | |
| | | | Designs experiential learning | | | | | | | |
| | PI 10. Additional outputs: | A 8. Other outputs implementing the | activities and other outputs to | | | | | | | |
| | TTTO. Madaona output. | new normal due to covid 19 | implement new normal | | | | | | | |
| UMFO 2 | 2. HIGHER EDUCATION SE | RVICES | | | | | | | | |
| | | | | | | - | | | | |
| OVPI U | IMFO 3. Higher Education N | llanagement Services | | | | | | | | |
| | PI 5: Total FTE, | A9. Actual Faculty's FTE | Handles and teaches courses | | | | | | | |
| | coordinated, implemented | | assigned | 18 | 29.55 | 5 | 5 | 5 | 5.00 | |
| | and monitored * | | | | | - | | | | |
| | | A10. Number of grade sheets | Prepares gradesheet and | | | | | | | Phed 13n Philippine Folk Dance |
| | | submitted within prescribed period | submits on or before deadline | 8 | 10 | 5 | 5 | 5 | 5.00 | (3), Phed 13n Volleyball (4), PrEd 153b (1), PrEd 154b (1), |
| | | * | deadilite | | | | | | | CAEd 115 (1), |
| | | A 11. Number of INC forms with | Facilitates students in their | | | | | | | |
| | | grade submitted within prescribed | completion of the subject and | 2 | | 5 | 5 | 5 | 5.00 | Phed 13n Philippine Folk Dance (4), CAEd 115 (1) |
| | | period | submits completion forms with grade within prescribed period | | | | | | | (-), OAEG 110 (1) |
| | | A12. Number of trainings attended | Attend mandated trainings | | | | | | | |
| | | related to instruction | | | | | | | | |
| | | | | | <u> </u> | | | | | |





| | | | | | - | - | _ | The same of the sa | |
|--|---|--|----|-----|---|---|---|--|--|
| | A13. Number of long examinations administered and checked | Administers and checks long examination for subjects taught | 2 | | 5 | 5 | 5 | 5.00 | Phed 14n (1), CAEd 115 (2) |
| | A14. Number of quizzes administered and checked | Prepares and checks quizzes for lec and lab | 3 | | 5 | 5 | 5 | 4.99 | Phed 14n (5), Phed 12n (2), CAEd 115 (3) |
| | A15. Number of lab reports and term papers checked and graded | Checks lab reports and term papers submitted as required | 2 | | | | | | |
| PI 8: Number of s advised: * | udents A16. Number of students advised: | Acts as academic adviser to students | 30 | 62 | 5 | 5 | 5 | 5.00 | Bachelor of Culture and Arts Education Students |
| | A17. Number of students advised on thesis/ field practice/special problem: | | | 11 | 5 | 5 | 5 | 5.00 | Bachelor of Culture and Arts Education Students |
| | As SRC Chairman | Advises, and corrects research outline and thesis/SP manuscript | | | | | | | |
| | As SRC Member | Advises and corrects research outline and thesis/SP manuscript | | | | | | | |
| | A18. Number of students entertained for consultation purposes | Entertains students consulting on subject taught, thesis and grades | 6 | 581 | 5 | 5 | 5 | 5.00 | Service Physical Education Students (400), BCAEd (90), BPEd (91) |
| PI 9: Number of sorganizations advisors assisted * | | Advises student organizations recognized by USOO | | 1 | 5 | 5 | 5 | 5.00 | Adarna (BCAEd Student Organization) |
| | A20. Number of Student organizations assisted on student related activities | Assists student organizations in implementing student related activities | | 13 | 5 | 5 | 5 | 5.00 | Commencement Exercises, Intramural Games Opening Program, G Malakas at B Maganda 2022, Intramural Games Closing Program, SCUAA 2022, BCAED/BPED Acquaintance Party, COEd Christmas Party, BCAEd Apprenticeship Orientation, BCAEd Apprenticeship Culmination, ZEAMAYS Taler Showdown, BCAED/BPED General Asembly, BCAEd Election, Student Orientation |
| PI 10: Number of instructional mater developed * | A 21 : Number of on-line course ware developed and submitted : | Prepares and submits for review by the Technical Review Panel | 1 | 2 | 5 | 5 | 5 | 5.00 | Phed 13n Philippine Folk Dand & CAEd 115 Foundation of Dance |

| | | On-line ready courseware | Prepares Instructional module/laboratory guide/workbook or a combination thereof | 1 | 2 | 5 | 5 | 5 | 5.00 | Phed 13n Philippine Folk Dance & CAEd 115 Foundation of Dance |
|--------|---|--|---|---|----|---|---|---|------|---|
| | | Supplemental learning resources | Prepares Power Point presentation, video clips, movie clips, reading assignments depending on course taught | 3 | 18 | 5 | 5 | 5 | 4.99 | Phed 13n Philippine Folk Dance, Phed 13n Volleyball & CAEd 115 Foundation of Dance (Slideshows and Activity Sheets) |
| | | Assessment tools | Prepares assessment tools such as long exam, quizzes, problems sets, etc. | 3 | 17 | 5 | 5 | 5 | 5.00 | 5 Phed 13n Philippine Folk Dance, 5 Phed 13n Volleyball & 7 CAEd 115 Foundation of Dance |
| | | A 23 : Number of on-line course ware reviewed by TRP & edited by MMDC editor | Submits the course ware duly reviewed by TRP for editing by MMDC editor | | | | | | | |
| | | A 24: Number of virtual classroom created and operational | Creates virtual classroom using either Moddle or Google Classroom | 2 | 2 | 5 | 5 | 5 | 5.00 | Phed 13n Philippine Folk Dance & CAEd 115 Foundation of Dance |
| 1 | PI 11. Additional outputs | A 25. Number of Additional outputs accomplished: | | | | | | | | |
| | | Program accreditation/evaluation | Prepares documents and /or program profile and other materials required during program/institutional accreditation and/or evaluation | | | | | | | |
| | | Agency/firm/Industry linkages | Coordinates with potential firms and maintains linkages with firms willing to accept OJT students from VSU | | | | | | | |
| | | A 26. Other outputs implementing the new normal due to covid 19 | Designs experiential learning activities and other outputs to implement new normal | | | | | | | |
| UMFO 3 | . RESEARCH SERVICES | | | | | | | | | |
| | PI 1. Number of research outputs in the last three (3) years utilized by the industry or by other beneficiaries * | A27. Number of research outputs in the last three (3) years utilized by the industry or by other beneficiaries * | Conducts research for possible utilization by industry or other beneficiaries | | | | | | | |
| | PI 2. Number of research outputs completed within the year * | A 28. Number of research outputs completed within the year * | Conducts and completes research oroject within the year | | | | | | | |





| | | | | | | | |
|------|--|--|---|--|--|------|--|
| | PI 3. Percentage of research outputs published in internationally-referred or CHED recognized journal within the year (2%) * | A 29. Percentage of research outputs published in internationally-refereed or CHED recognized journal within the year | Writes publishable materials out of research outputs and submits for publication | | | | |
| | | In refereed int'l journals | | | | | |
| | | In refereed nat'l/regional journals | | | | | |
| | PI 4. Number of research outputs presented in regional/national/ int'l fora/conferences | A 30. Number of research outputs presented in regional/national/ int'l fora/conferences * | Prepares, submits and presents research paper in scienfic for a/conferences | | | | |
| | | In int'l fora/conferences | | | | | |
| | | In nat'l/regional fora/conferences | | | | | |
| | PI 5. Percent of research proposals approved * | A 31. Percentage of of research proposals prepared, submitted and approved | Prepares research proposals, submits and follows up its approval for immediate implementation | | | | |
| | Pl 6. Additional outputs* | A 32. No. of research-related awards (research conducted by faculty or | | | | | |
| | | A 33. Number of journal articles/scientific paper received and reviewed as peer-reviewer | Acts as peer reviewer of journal articles/scientific papers, reviews the paper received and returns duly reviewed paper | | | | |
| | | A 34. Number of UMs submitted to ITSO, VSU | Prepares and submits application for UM of technology generated out of research output | | | | |
| | | A 35.Other outputs implementing the new normal due to covid 19 | Designs research related activities and other outputs to implement new normal | | | | |
| UMFO | 4. EXTENSION SERVICE | S | | | | | |
| | PI 1. Number of active partnerships with LGUs, industries, NGOs, NGAs, SMEs, and other stakeholders as a result of | A 36. Number of active partnerships with LGUs, industries, NGOs, NGAs, SMEs, and other stakeholders facilitated and maintained | Identifies and links with probable partners for extension activities and maintains this active partnership | | | | |
| | extension activities | | | | | | |



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| | | | | | _ | - | NAME AND ADDRESS OF THE OWNER, WHEN PERSONS ADDRESS | _ | |
|--|---|--|---|---|---|---|--|------|---|
| <u>PI 2</u> . Number of trainees weighted by the length of | <u>A 37</u> . Number of trainees weighted by the length of training | Conducts trainings among beneficiaries of technologies | | | | | | | |
| training | are length of training | for transfer | | | | | | | |
| PI 3. Number of extension | A 38. Number of extension | Implementes duly approved | | | | | | | |
| programs organized and | programs/projects implemented | extension projects | | | | | | | |
| supported consistent with the | | | | | | | | | |
| SUC's mandated and priority | | | | | | | | | |
| programs | 9 | | | | | | | | |
| PI 4. Percentage of | A 39. Percentage of beneficiaries who | Provides quality and relevant | | | | | | | |
| beneficiaries who rated the | rated the training course/s and advisory | training courses and advisory | | | | | | | |
| training course/s and | services as satisfactory or higher in | services | | | | | | | |
| advisory services as | terms of quality and relevance | | | | | | | | |
| satisfactory or higher in | | | | | | | | | |
| terms of quality and | | | | | | | | | |
| relevance | | | | | | | | | |
| PI 5. Number of | A 40. Number of technical/expert | Provides the technical and | | | | | | | |
| technical/expert services | services as/in: | expert services requested by | | | | | | | |
| , | | beneficiaries | | | | | | | |
| December Mantaging | | | | | 5 | 5 | 5 | | |
| Research Mentoring | Research Mentor/Sports Trainer/ Dance | | | 9 | 0 | | | 5.00 | Varsity Coach |
| | Trainer | | | | | | | | |
| Peer | Peer reviewers/Panelists/Coach | | | 0 | 5 | 5 | 5 | 5.00 | Varsity Coach |
| reviewers/Panelists | | | | 9 | | | | 5.00 | varsity Coach |
| Resource Persons | | | | | | | | | "Capacitating Teachers for the |
| | Resource Persons/ Coach of Different | | | 1 | 5 | 5 | 5 | 5.00 | Revival and Diffusion of Cultural Heritage in |
| | Sports/Dance Adjudicator | | | | | | | | Schools Through Local Folk |
| Convener/Organizar | | | | | | | | | Dance Workshop" |
| Convenor/Organizer | | | | | | | | | |
| | | | | | | | _ | | Intramural Opening, Closing |
| | Convenor/Organizer | | 1 | 3 | 5 | 5 | 5 | 5.00 | and ASEAN Celebration |
| | | | | | | | | | |
| | | | | | | | | | |
| Consultancy | Consultant | | | | | | | | |
| ŕ | | | | | | | | | |
| | | | | | | | | | PIPCI I Fellidores Composition |
| Evaluator | Evaluator | | | 0 | 5 | 5 | 5 | 5.00 | BIPSU Folkdance Competition, Zeamays Talent Showdown |
| | | | | 2 | 0 | 0 | 0 | 5.00 | |
| | | | | | | | | | |

| | | - | | | | | | |
|------|--|---|---|---|---------------------|--|--|----------|
| | PI 8. Percent of extension proposals approved * | A 41. Percent of extension proposals approved * | Prepares extension project proposals, submits and follow up its approval for immediate implementation | | | | | |
| | PI 11. Additional outputs * | A 42. No. of extension-related awards (extn. conducted by faculty or student & faculty) * | | | | | | V |
| | | A 43. Other outputs implementing the new normal due to covid 19 | Designs extension related activities and other outputs to implement new normal | | | | | - |
| UMFC | 5. SUPPORT TO OP | ERATIONS | | | | | | |
| | OVPI MFO 4. Program and | Institutional Accreditation Services | | | | | | |
| | PI 8. Compliance to all requirements thru the established/adequate implementation, maintenance and improvement of the QMS of the core processes of the College/department under ISO 9001:2015* | A 44. Compliance to all requirements of theQMS core processes of the university under ISO 9001:2015* | Ensures that all the QMS core processes of the university are complied with in the performance of his/her functions as faculty member | | zero non-conformity | | | |
| | | A 45. Compliance to all requirements of the program and institutional accreditations: | Prepares required documents and complies all requirements as prescribed in the accreditation tools | 9 | 100% compliant | | | |
| | | On program accreditations | | | | | | |
| | | On institutional accreditations | | | | | | |
| UMFC | 6. General Admin. 8 | Support Services (GASS) | | | | | | |
| | PI 2. Zero percent complaint from clients served | A 46. Customerly friendly frontline services | Provides customer friendly frontline services to clients | | Zero % complaint | | | |
| | PI 3: Additional Outputs | A 47. Number of /new initiatives introduced resulting to best practice replicated/benchmarked by other depts/agencies * | Initiates/introduces improvements in performfing functions resulting to best practice | | | | | |
| | | A 48.Other outputs implementing the new normal due to covid 19 | Designs administration/management related activities and other outputs to implement new | | | | | |

normal

| Total Over-all Rating | | 100 | 100 100 | 99.98 | |
|-----------------------|--|-----|---------|-------|--|
| Average Rating | | 5 | 5 5 | 5.00 | |
| Adjectival Rating | | | | | |

| Average Rating (Total Over-all rating dividedby 4) | 4.98 | Comments & Recommendations for Development Purpose: |
|--|-------------|---|
| Additional Points | | pependable of hard-working |
| Approved Additional Points (with copy of approval) | | |
| Final Rating | 4.98 | |
| Adjective Rating | Outstanding | |

Evaluated & Rated by:

CHARIS B. LIMBO

Department Head

Date:

Recommending Approval

BAYRON S. BARREDO

Dean, College of Education Date: Approved by:

BEATRIZ S. BELONIAS

Vice President for Instruction

Date:

Exhibit I

PERFORMANCE MONITORING FORM

Name of Employee: ANNA BETH A. VARRON

| | Name of Employee: ANNA | BETH A. VARRUN | | | | | | |
|-------------|---|--|----------------------|----------------------------|------------------------------------|------------------------|----------------------------------|--------------------------------|
| Task No. | Task Description | Expected Output | Date Assigne d | Expected Date to Accomplis | Actual Date Accompl ished | Quality of Output* | Over-all Assessmen t of Output** | Remarks/ Recommen dation |
| 1 | Teach undergraduate course | Deliver quality learning to students in the undergraduate program | July 2022 | July 2022- 202 | December | Very impressiv e | Outstandin g | All students passed |
| 2 | Enrollment Focal Person | Assisted the enrollment of BPED, BCAED students Reviewed conflict schedules of service Physical Education subjects Printed faculty workloads | | July 2022 | | Very impressiv e | Outstandin g | Tasks done on time |
| 3 | Faculty subject workload and schedule | Make the individual IHK faculty subject workload AY 2022-2023 first semester and their schedules. | | July 2022 | | Very impressiv e | Outstandin g | Tasks done on time |
| 4 | Service Physical Education coordinator | Entertain students on changing subject, dropped, withdrawal, enrollment, and adding and conflict schedule on service | July 20 | 22- Decemb | er 2022 | Very impressiv e | Outstandin g | Tasks done on time |

| | | physical education subject. | | | | | |
|----|---|---|--------------|-----------------------------|------------------------|-----------------|--------------------------------------|
| 5 | Advice BCAED students | Empowered students to graduate on time and face challenges courageously Assisted and follow- up during enrolment | July 2022 | July 2022- December 2022 | Very impressiv e | Outstandin g | Was able to cater advice to students |
| 6 | Develop evaluation and assessment tools to rate students' performance | Collect projects, assignments, check, develop rubrics to assess students in designing and creating modified games and activities with students with special needs | July 20 | 22- December 2022 | Very impressiv e | Outstandin g | Tasks done on time |
| 7 | Develop lecture presentations, educational videos. | Deliver 18 quality educational materials to students | July 20 | 22- December 2022 | Very impressiv e | Outstandin g | Tasks done on time |
| 8 | Submit reports and other requirements | Submitted DTR and grade sheets | July 20 | 22- December 2022 | Very impressiv e | Outstandin g | Was able to submit on time |
| 9 | Operates Virtual Classrooms | Developed 2 Virtual Classroom using Moodle | July 2022 | July 2022- December 2022 | Very impressiv e | Outstandin g | Responsible in all assigned task |
| 10 | Implements duly approved extension projects | Deliver quality learning to participants | July 20 | 22- December 2022 | Very impressiv e | Outstandin g | Tasks done on time |

| 11 | Organize VSU Programs Commencement Exercises, Intramural Games Opening Program, G Malakas at B Maganda 2022, Intramural Games Closing Program, SCUAA 2022, BCAED/BPED Acquaintance Party, COEd Christmas Party, BCAEd Apprenticeship Orientation, BCAEd Apprenticeship Culmination, ZEAMAYS Talent Showdown, BCAED/BPED General Asembly, BCAEd Election, Student Orientation | Provides the technical and expert services requested by beneficiaries | July July 2022- December 2022 2022 | impressiv e | Outstandin g | Responsible in all assigned task |
|----|--|--|------------------------------------|------------------------|-----------------|----------------------------------|
| 12 | Resource Person | Deliver technical and expertise services. | July 2022- December 2022 | Very impressiv e | Outstandin g | Tasks done on time |
| 13 | Attendance in regular, emergency & special meetings | Attend meetings in the institute and department Up to date knowledge and information on the current status of the institute, the college and university as a whole. | July 2022- December 2022 | Very impressiv e | Outstandin g | Attended meetings promptly |
| 14 | Committee assignments as member/chairperson in institute and University affairs | Attended regular meetings of VSU Alumni Association as alumni communicator | July 2022- December 2022 | Very impressiv e | Outstandin g | Responsible in all assigned task |
| 15 | Dance Director of VSU Dance Company, Culture and Arts Center | Presented Virtual Dance performances to international audience during Sayaw Pinoy Goes Virtual 2022 | July 2022- December 2022 | Very impressiv e | Outstandin g | Responsible in all assigned task |

| 16 | Prepare Learning Modules | Make the PhEd 14n PATHFIT 1 (Outdoor and Adventure) Learning Module CAEd 126 Teaching Dance | January 2022 | July 2022 | Very impressiv e | Outstandin g | Was able to submit on time |
|----|--------------------------------|--|-----------------|-----------|------------------------|-----------------|------------------------------------|
| 17 | Attended mandated Trainings | Professional growth and development | January 2022 | July 2022 | Very impressiv e | Outstandin g | Attended virtual training promptly |

Prepared by:

CHARIS B. LIMBO Unit Head

^{*} Either very impressive, impressive, needs improvement, poor, very poor ** Outstanding, very satisfactory, satisfactory, unsatisfactory, poor

EMPLOYEE DEVELOPMENT PLAN

Name of Employee: ANNA BETH A. VARRON

Performance Rating: Outstanding

Aim: To come up with attractive university wellness activities

Proposed Interventions to Improve Performance: Survey of the activities that constituents in

the university like to do

Date: January 2023

Target date: July 2023

First Step:

Conduct a survey on the activities that the university constituents like to perform

• Recall and reactivate the wellness coordinators in each offices/department.

Result:

Collaborative effort in coming up with the wellness activities

Date: January 2023

Target date: July 2023

Next Step:

• Study the result of the survey

Outcome:

A more attractive and enjoyable activity for the employees of the university

Final Step/Recommendation:

Consistent in the implementation of the program regardless of the number of attendance.

Prepared by:

CHARIS B. LIMBO Unit Head

Conforme:

ANNA BETH A. YARRON Name of Ratee Faculty/Staff