

# CARL JOHN PAUL ABERGIDO

LISENCED PROFESSIONAL TEACHER

## CONTACT

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Brgy, Proteccion Hilongos, Leyte



## PROFILE



As someone who always draw strength from life experiences, I feel the need to gain from life experiences from environment beyond my comfort zone. Experiences that will further improve my interpersonal skills, on top of my management and organizational skills.

## SKILLS/ATTRITUBES



Adaptability  
Communications  
Creativity  
Interpersonal Skill  
Attention to detail



2018 – 2022

VISAYAS STATE UNIVERSITY

Bachelor of Physical Education

Cum Laude

2016 – 2018

SAINT TERESA SCHOOL OF HILONGOS

Humanities and Social Sciences

With Honors

2012 – 2016

HILONGOS NATIONAL VOCATIONAL SCHOOL

PC Hardware Servicing

2010 – 2012

HILONGOS SOUTH CENTRAL SCHOOL

Elementary Education

2006 – 2010

LINGUNAN ELEMENTARY SCHOOL

Primary Education



## EXPERIENCES

INSTITUTE OF HUMAN KINETICS, VSU-MAIN,

August 2023 – December 2024

Part-time Instructor

PLARIDEL NATIONAL HIGH SCHOOL, April 2022

BAYBAY NATIONAL HIGH SCHOOL, April 2022

VSU INTEGRARED HIGH SCHOOL, March 2022

Practice Teaching Internship

SAINT TERESA SCHOOL OF HILONGOS, 2018

Work Immersion and

Administrative Internship