

# CRIS MARIZ CONCEPCION L. PARAON

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**Objective:** To gain more experience and enhance my skills in related or not related to my field, in a dynamic and paced workplace.

## Highlights of Qualifications:

- Can work with minimal supervision
- Good in both oral and written communication
- Literate in MS Office such as MS Power Point, MS Word, and MS Excel
- Have the ability to handle multiple tasks, meeting deadlines and work under pressure
- Can play varied sports

## Educational Attainment

<b>License Professional Teacher</b>	06/12/2024
<b>Civil Service Eligible</b>	01/13/2023
<b>Visayas State University (Main Campus)</b> Visca, Baybay City, Leyte, 6521 Bachelor of Physical Education	08/12/2022 <i>Graduate</i> <i>Cum Laude</i>
<b>Plaridel National High School (Senior High)</b> Plaridel, Baybay City, Leyte	4/4/ 2018 <i>With Honors</i>
<b>Plaridel Central School</b> Plaridel, Baybay City, Leyte	2011-2012 <i>Graduate</i>

## Work Experience

<b>Baybay City Senior High School (BCSHS)</b> Baybay City, Leyte, 6521	<b>On Job Training</b>	2022
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## Biography

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- Born on December 8, 1999, a proactive, hardworking, flexible and amiable person under the sign of Sagittarius; committed to work, organized, creative, patient, careful and subtle, approachable and works well with others.

## References

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### **EDILBERTO A. ARTIGA JR. II**

Instructor, Institute of Human Kinetics  
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### **NESTY B. AGUILAN**

Teacher I, Baybay City Senior High School  
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### **VILMA P. CAYON**

MT I, Plaridel National High School  
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I hereby attest that the above information is true and correct to the best of my understanding.

Very truly yours,

  
CRIS MARIZ CONCEPCION L. PARAON