



Republic of the Philippines
LEYTE NORMAL UNIVERSITY
 Tacloban City, Philippines
Office of the Registrar



+63 53 888 0855
registrar@lnu.edu.ph
www.lnu.edu.ph

Official Transcript of Records

Personal Data

Name **BALABA, MIKAELA JOY**
 Birth Date **18 August 2000**
 Birth Place **Dulag, Leyte**
 Gender **Female**
 Religion **Roman Catholic**
 Citizenship **Filipino**
 Parent/Guardian **Maxima G. Balaba**
 Address **Brgy. Cambula, Dulag, Leyte**
 Entrance Data **F-138A, F-137A, GMC, PSA Live Birth**



Educational Background

Junior High School **Dulag National High School**
 Senior High School **ACLC College - Tacloban City** **2019**

Course : Bachelor of Physical Education
Purpose : Issued for Employment Purposes

COLLEGIATE RECORD

School Term & Course No.	Descriptive Title	Final Rating	Re-Exam Units
First Semester S.Y. 2019 - 2020 Leyte Normal University, BPED			
GE 103	The Contemporary World	1.8	3.0
GE 108	Ethics	1.9	3.0
NSTP 101	National Service Training Program 1	1.7	3.0
PE101	Movement Enhancement	1.0	2.0
PED 101	Philosophical and Socio-Anthropological Foundations of Physical Education and Sports	1.7	3.0
PED 102	Anatomy and Physiology of Human Movement	1.6	3.0
PED 103	Individual and Dual Sports (Racket Sports, Athletics, Martial Arts)	1.5	3.0
PROFED101	The Child and Adolescent Learners and Learning Principles	2.3	3.0
PROFED105	The Teaching Profession	2.0	3.0
Second Semester S.Y. 2019 - 2020			
GE 101	Understanding the Self	1.7	3.0
NSTP 102	National Service Training Program 2	1.8	3.0
PE102	Fitness Exercises	1.0	2.0
PED 105	Principles of Motor Control and Learning of Exercise, Sports and Dance	1.2	3.0
PED 106	Philippine Traditional Games and Sports	1.2	3.0
PED 107	Drug Education, Consumer Health Education and Healthy Eating	1.0	3.0

UNDERGRADUATE GRADES TRANSMUTATION TABLE: THE FINAL RATING IS CUMULATIVE

1.0(100-95) Excellent; 1.1-1.5(94-90) Very Good; 1.6-2.5(89-80) Good; 2.6-3.0(79-75) Fair; 4.0(74-70) Conditioned;
 5.0(69 and below) Failure; student must repeat; WDR - Withdrawn Subject, DR - Dropped, INC - Incomplete,
 CREDITS.

One unit of credit is one hour of lecture or three hours of laboratory

GRADUATE Grading System Transcript Guide

1.0 - Superior	1.7
1.1	1.8
1.2 - Very Good	1.9 - Satisfactory
1.3	2.0
1.5	3.0 - Poor but Passing
1.6 - Good	5.0 - Failed

Other Symbols

T - Term Work Incomplete
 P - Passed
 HP - High Passed
 SP - Satisfactory Progress
 UP - Unsatisfactory Progress
 SC - Satisfactory Completion
 INC - Incomplete
 DR - Dropped

Certified Correct:

GAY A. PINOTE, DPA
 Registrar III

18 June 2023

Prepared by: **RONADEL A. ASIS**
 Admin. Aide VI

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PED(E) 104	MUSIC in the K-12 Curriculum	1.8	3.0
PROFED102	Foundation of Special and Inclusive Education	1.1	3.0
PROFED104	Building and Enhancing New Literacies Across the Curriculum with Emphasis on the 21st Century Skills	1.7	3.0
First Semester S.Y. 2020 - 2021			
GE 106	Art Appreciation	1.1	3.0
GE 122	Kontekstwalisadong Komunikasyon sa Filipino (KOMFIL))	1.4	3.0
PE103	Physical Activities towards Health and Fitness I	1.1	2.0
PED 111	Applied Motor Control and Learning of Exercise, Sports and Dance	1.2	3.0
PED 112	Movement Education	1.3	3.0
PED 113	International Dance and other Forms	1.0	3.0
PED 114	Physiology of Exercise and Physical Activity	1.2	3.0
PROFED103	Facilitating Learner-Centered Teaching: The Learner-Centered Approaches with Emphasis on Trainers Methodology 1	1.7	3.0
PROFED106	Technology for Teaching and Learning 1	1.5	3.0
Second Semester S.Y. 2020 - 2021			
PE104	Physical Activities towards Health and Fitness II	1.1	2.0
PED 115	Personal, Community and Environmental Health	1.4	3.0
PED 116	Team Sports	1.1	3.0
PED 117	Sports and Exercise Psychology	1.7	3.0
PED 118	Curriculum and Assessment for Physical Education and Health Education	1.2	3.0
PED(E) 110	Arts in the K-12 Curriculum	1.3	3.0
PROFED107	Assessment in Learning 1	2.0	3.0
PROFED108	The Teacher and the School Curriculum	1.7	3.0
PROFED110	The Teacher and the Community, School Culture and Organizational Leadership	1.8	3.0
First Semester S.Y. 2021 - 2022			
GE 105	Purposive Communication	2.2	3.0
GE 123	Filipino sa Iba't Ibang Disiplina	1.3	3.0
PED 119	Philippine Traditional Dances	1.1	3.0
PED 120	Process of Teaching PE and Health Education	2.6	3.0
PED 121	Technology for Teaching and Learning 2 (Technology Application in Teaching PE and Health Education including IMs Development)	1.4	3.0
PED 122	Emergency Preparedness and Safety Management	1.6	3.0
PED 123	Research in Physical Education 1 (Preparation of Thesis Proposal)	1.5	3.0
PROFED109	Assessment in Learning 2	1.7	3.0

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Second Semester S.Y. 2021 - 2022			
GE 102	Readings in Philippine History	2.2	3.0
PED 108	Swimming and Aquatics	1.6	3.0
PED 109	Coordinated School Health Education Program	1.5	3.0
PED 124	Research in Physical Education 2 (Writing the Thesis Manuscript)	INC	1.5 3.0
PROFED111	Field Study 1	1.3	3.0
PROFED112	Field Study 2	1.4	3.0
First Semester S.Y. 2022 - 2023			
GE 104	Mathematics in the Modern World	1.4	3.0
GE 107	Science, Technology and Society	1.3	3.0
GE 109E	Life and Works of Rizal	2.2	3.0
GE 126	Sinososyedad/Pelikulang Panlipunan	1.4	3.0
STE 100BPED	Seminar in Teacher Education: Trends and Issues in Physical Education	2.0	3.0
Second Semester S.Y. 2022 - 2023			
PROFED113	Teaching Internship	1.4	6.0
GRADUATED: with the DEGREE of Bachelor of Physical Education on June 13, 2023 as per Board Resolution No. 285, s. 2023.			

End of Student's Records

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REMARKS: NOT VALID AS TRANSFER CREDENTIAL

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18 June 2023

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