



Work Experience

Head, Pulmonary Section | OSPA -
Farmers Medical Center

July 2009 - Present | Ormoc City

Chairman, Research Committee |
Department of Internal Medicine,
OSPA - Farmers Medical Center

January 2023 - Present | Ormoc
City, Leyte

Active Consultant | Gatchalian
Medical Center

March 2009 - Present | Ormoc
City, Leyte

Active Consultant | Ormoc
Doctors' Hospital

January 2013 - Present | Ormoc
City, Leyte

Consultant - Infection Control
Committee | Ormoc Doctors'
Hospital

January 2013 - December 2018 |
Ormoc City, Leyte

TB Coordinator | Committee of
German Doctors

October 1999 - December 2001 |
Cagayan de Oro City



Training Institutions

Post Graduate Internship - Silliman
University Medical Center, Dumaguete City,
Negros Oriental, 1998-1999

Residency Training in Internal Medicine -
Chong Hua Hospital, Cebu City, 2002 to 2004

Fellowship Training in Pulmonary Medicine -
University of the Philippines - Philippine
General Hospital, Manila, 2006 to 2008
(Chief Fellow)



JUDITH P. SANICO

HEAD, PULMONARY
SECTION



Contact



OSPA - Farmers Medical
Center, Ormoc City, Leyte



+63 9615604715



judithpsanico@gmail.com



Education

University of the Philippines -
Cebu, Lahug, Cebu City,

Bachelor of Science in Biology, April 1994

Scholar (1st Yr. - 4th Yr.)

Xavier University - Ateneo de
Cagayan, Cagayan de Oro City

Doctor of Medicine, March 1998

*Committee of German Doctors Scholar
for 5 years*

San Lorenzo College of Ormoc,
Ormoc City,

Bachelor of Science in Pharmacy, July 2024

Academic Achievement Award



Rewards/Achievements

- **Sezary Syndrome : A Case Report on Cutaneous B - cell Lymphoma (Finalist - Chong Hua Hospital Interdepartmental Research Competition, 2004)**
- **The Correlation of Carotid Intima - Media Thickness to Framingham Score in Cardiovascular Risk Assessment (Third Place, Regional Research Contest, 2004 and Best Poster, Philippine College of Physicians (PCP) Annual Convention, 2005)**
- **PCP - Pfizer Medical Quiz Contest, Annual PCP Convention (Champion, 2004)**



Certifications

- **Physician Licensure Examination/ August 1999**
- **Philippine Specialty Board in Internal Medicine/ January 2005**
- **Philippine Specialty Board in Pulmonary Medicine/ February 2008**
- **Licensure Examination for Pharmacists/ November 2024**
- **Basic Life Support and Advanced Cardiac Life Support Training/ 2024**
- **Good Clinical Practice Training - on going (online)**



About Me

- **Fellow and Diplomate, Philippine College of Physicians Fellow and Diplomate, Philippine College of Chest Physicians**
- **Registered Pharmacist**
- **Recipient, 2025 PRIME Award for Medicine (University of the Philippines Cebu BS Biology Program)**



Organizations

- **Chairman, Comelec Committee - Ormoc City Medical Society**
- **Regular Fellow, Philippine College of Physicians**
- **Regular Fellow, Philippine College of Chest Physicians**
- **Member, American College of Chest Physicians**
- **Member, American Thoracic Society**
- **Member, Asian Pacific Society of Respiriology**
- **Member, European Respiratory Society**
- **Vice President, INSPIRE (Respiratory Specialists in Region 8) - 2024 - Present**
- **Member, Philippine Pharmacists Association**
- **Member, Lion's Club International**
- **Member, Ormoc Bethel Temple, Inc**



Scientific Contributions: Published (Co-author)

- **The Effect of Superior Vena Cava Dose Radiotherapy on Dyspnea Among Patients with Superior Vena Cava Syndrome. Chest 2007.**
- **Epidemiology and Outcome of Hospital - Acquired and Ventilator Associated Pneumonia at the Philippine General Hospital Central Intensive Care Unit. Chest 2007**
- **Metaanalysis on the Use of Systemic Corticosteroids in the Prevention of Postextubation Stridor among Adult Patients. Chest 2007.**
- **Comparing the Reliability of Asthma Control Instruments: Clinic Questionnaire vs Daily Diary. Chest 2007**



Scientific Contributions: Unpublished - Primary Author

- Epidemiology and Outcome of Ventilator-Associated Pneumonia at the Philippine General Hospital- Oral presentation, Asian Pacific Society of Respiriology at Kuala Lumpur, Malaysia, August 2007- Electronic poster presentation, European Respiratory Society, Stockholm, Sweden, September 2007- Oral presentation, Chest Annual Assembly, Chicago, Illinois, USA, October 2007.- Accepted for Poster presentation, Brisbane, Queensland, Australia, November 2007
- Correlation of Pleural LDH with Light's Criteria in Exudative Pleural effusion- Poster presentation, European Respiratory Society, Berlin, Germany. October 2008.- Finalist, Philippine College of Chest Physician Annual Convention, 2008



Scientific Contribution: Unpublished - Co-Author

- Knowledge, Attitude and use of VAPE among the Students of San Lorenzo College of Ormoc



Hobbies/Interests

- Gardening
- Dancing
- Digital Content Creation
- Birdwatching
- Trekking



Voluntary Works/ Involvement

- President - Baybay City Coalition Against Tuberculosis (BayCiCat, 2009-2010)
- Medical Mission Coordinator, American College of Chest Physicians - Philippine Delegation, 2008 to 2010
- Consultant, Clinicopathologic Conference at RTR College of Medicine, 2021
- Lecture on Basic Life Support to OSPA - Farmers Medical Center OPD Clinic Assistants, April 2024
- Lecture on Vaping and its effect on health to OSPA - Farmers Medical Center employees, August 2024
- Lecture on Vaping and its effect on Health to STI College of Ormoc Senior High Students, September 2024
- Participation in Hands only CPR training for CPR ready Ormoc
- Participation in different medical missions and blood donor screening
- Initiated medical missions in communities, churches and other areas in Leyte
- Initiated relief giving operations for some typhoon and landslide victims
- Lecturer, Aerosol Therapy Workshop, 2024
- Medical Mission with San Lorenzo Ruiz College of Ormoc - 02/07/2025
- Lay Forum, World TB Day at OSPA Farmers Medical Center - 03/24/2025
- Medical Mission with Baybay Assembly of God - 04/19/2025