

# KENT JAN A. BELDIA

Registered Guidance Counselor  
Master of Education – Guidance  
Director, Guidance and Counseling  
Dean, Student Services & Alumni Affairs

## APPLICANT

Guidance Counselor III  
Visayas State University  
Baybay, Leyte

AUGUST 2023

# KENT JAN A. BELDIA, RGC

0906 327 8659    kentbeldia@gmail.com

San Jose Village, Roxas City

## EXPERTISE & INTERESTS

Solution-Focused Brief Therapy  
Mindfulness Meditation  
Stress and Suicide Prevention

## CORE COMPETENCIES

- Experienced in the development of research-based psychoeducation programs.
- Excellent in the articulation of community mental health and counseling services.
- Proficient in delivering structured learning experiences, seminars, and trainings related to mental health and psychosocial support.
- Well-versed in using cloud conferencing and online instructional platforms.

## TRAINING & EDUCATION

### Certified Solution-Focused Therapist

InTouch Philippines  
August 2023 (*Ongoing*)

### Doctor of Philosophy in Psychology (Clinical Psychology)

Silliman University  
August 2023 (*To enroll*)

### Master of Education – Guidance

University of the Philippines Visayas  
Graduated 2011

### Bachelor of Science in Psychology

University of San Agustin  
Graduated 2007

## AFFILIATION

### Philippine Guidance & Counseling Association – Eastern Visayas Chapter

Honorary Officer

### Philippine Guidance & Counseling Association

Member

### Philippine Association of Practitioners of Student Affairs and Services

Member

## VOLUNTEER SERVICE

### Volunteer Counselor / Teacher

Jesuit Volunteers Philippines  
Divine Child Academy, Lawaan, E. Samar  
2015-2016

## AWARD

### Certificate of Distinction – Top 2 Guidance & Counseling Board Exam

Professional Regulations Commission  
September 18, 2017  
Malate, Manila

## ELIGIBILITY

### Registered Guidance Counselor

Top 2 (*Rating: 89.30*)

## LEADERSHIP

### Director, Guidance & Counseling

Eastern Samar State University System

2021-Present

- Established the University Center for Counseling and Psychosocial Development that highlighted the mental health functions of the Guidance Offices in the entire university system.
- Led in the development of operations manual that outlines the unified structure and delivery systems of the Guidance Offices across the five campuses.
- Crafted research-informed psychosocial development programs and trained Guidance Designates in the articulation of these programs.
- Initiated the university assessment program for student placement and employee selection.
- Put in place a system that allows Guidance Designates to refer cases for online counseling.

### Dean, Student Services & Alumni Affairs

Eastern Samar State University Salcedo Campus

2021-Present

- Devised procedures for ease in doing transactions with the different units under the office.
- Trained and supervised student services unit heads.
- Established linkages with different organizations and institutions in the delivery of student development programs.

### Head, Guidance & Counseling

Eastern Samar State University Salcedo Campus

2018-2021

- Crafted the vision, mission, goals & objectives of the Guidance Office and authored the new Guidance & Counseling framework of the campus based on the said VMGO.
- Developed the Guidance & Counseling program and implemented career development and pre-employment activities.
- Gave trainings on paraprofessional COVID-19 psychosocial support.

## EXPERIENCE

### Guidance Counselor III

Eastern Samar State University Salcedo Campus

2022-Present

### Instructor I

Eastern Samar State University Salcedo Campus

2018-2022

- Taught general education courses: *Ethics; Science, Technology & Society; Pagbasa at Pagsulat Tungo Sa Pananaliksik*.
- Taught professional education courses: *Assessment of Learning; Child and Adolescent Development*.

### Faculty Member (Graduate School, Part-time)

Eastern Samar State University Salcedo Campus

2018-Present

- Taught major courses: *Philo-social Foundations of Education; Biopsychological Foundations of Education; Human Behavior in Organization*.

### Guidance Advocate & High School Teacher (As Jesuit Volunteer)

Divine Child Academy, Lawaan, Eastern Samar

2015-2016

- Taught English in Junior High School and Research in Senior High School.
- Established the Quiet Time, a mindfulness mediation program.
- Started the teacher's effectiveness program--Teachers Achieving More (TeAM).



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## RESEARCH-BASED OUTPUTS

### **Green grounded action: A framework for school-based environmental leadership**

An educational action-centered framework for the development of students' competencies on environmental leadership that was created through a thematic inquiry with the Frankena model as an underpinning.

Unpublished, 2022

### **Hingyap para ha palibot: Environmental aspirations of student leaders**

Through photo voice, drawing, and plenary discussions, the hopes and aspirations on environmental care of student leaders were determined.

Unpublished, 2021

### **Students' perceived difficulties and coping behaviors toward remote learning**

A simple survey of the challenges that students have encountered with the delivery of offline remote learning modality in the time of COVID-19 pandemic and the ways by which they cope with these challenges.

Unpublished, 2020

## RECENT PUBLIC SERVICE

### **RACE Against Suicide: A Gatekeeper's Training for Suicide Prevention in Schools** 2023

Engagement: Organizer; Resource Speaker; Facilitator

Provider: UNILAB with Philippine Guidance & Counseling Association – Eastern Visayas Chapter, Inc.

### **GAD Seminar on SOGIESC** 2023

Engagement: Resource Speaker

Provider: GAD Office, Eastern Samar State University Salcedo Campus

### **Stress Management: Building a Happier College Life** 2022

Engagement: Resource Speaker

Provider: Christ the King College, Calbayog, Samar

### **Mental Health, Teenage Pregnancy, Illegal Drugs, and Solid Waste Management** 2022

Engagement: Resource Speaker

Provider: DILG with Brgy. Bagtong, Salcedo, E. Samar

## PROGRAMS DEVELOPED FOR CONSULTANCY SERVICE

### **ResILIENCE: Responsive Innovations In Learning & Instruction For Effective & Nurturing Catholic Education**

A learning and student development curriculum in response to educational situation during the COVID-19 pandemic.

Recipient: Divine Child Academy, Lawaan, E. Samar 2020

### **Remote Psychosocial Support Program** 2020

A mental health and psychosocial support program provided to students and teachers in response to the COVID-19 pandemic situation.

Recipient: Divine Child Academy, Lawaan, E. Samar

### **Teachers' Partners Program** 2020

An academic and psychosocial support program for students that trains adults at home to supervise home-based learning & student development activities in partnership with teachers.

Recipient: Divine Child Academy, Lawaan, E. Samar

## REFERENCES

**Rev. Fr. Rey Anthony P. Navidad, Ph.D.**  
Superintendent, Borongan Catholic Schools  
Former Regent (Private Sector) ESSU  
0917 1183 992

**Prof. Evelyn O. Alobba**  
UP Visayas  
0917 5792 919

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