

JOHN LOUISE R. CABAL

Brgy. Poblacion, Inopacan, Leyte

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639611414733

OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

EXPERIENCE

F.A.S.T Laboratories - Cebu Branch

July 2, 2018 - July 23, 2018

On-the-Job Training (Intern)

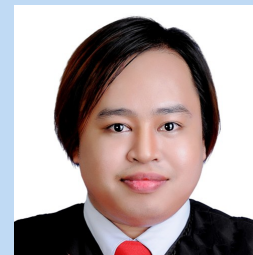
- Performed and Assisted in performing Physico-chemical Analysis for Food and Water Samples
- Performed and Assisted in Microbiological Analysis
- Calibrated Laboratory Equipment
- Worked closely with experienced Chemists

Visayas State University - Main Campus

October 5, 2020 - February 28, 2021

Laboratory Instructor

- Performed teaching functions as designated in the Faculty's Actual Teaching Workload.
- Conducted and assisted in performing laboratory experiments to be put in video, edited, and used for the laboratory subjects assigned.
- Participated in the making of Course Syllabi, updating Laboratory Manuals, and attended the necessary seminars and workshops for Newly-hired Faculty for VSU.
- Assisted in the First ISO Surveillance Audit by helping out with the preparation of some needed documents by the Department.
- Attended to students concerns, clarifications, and queries during and after of the faculty's consultation period.
- Performed other necessary tasks as assigned by superiors.



PERSONAL DETAILS

A graduate of Bachelor of Science in Chemistry and a Registered Chemical Technician. Motivated to apply the knowledge and skills he has learned and seek opportunities to help him gain relevant experiences from. Has worked extensively in the laboratory, worked on an original thesis concerning antioxidants and anthocyanin in bell peppers, and has a relevant teaching experience as a Part-time Laboratory Instructor. He is eager to be mentored and learn new things that will help him become more effective in teaching.

SKILLS

Time Management Laboratory Techniques

Communication and Writing Skills

Computer Literacy Team Player



REFERENCE

Elizabeth S. Quevedo - "Visayas State University - Main Campus"

Associate Professor

elizabeth.quevedo@vsu.edu.ph

Maria Robelyn A. Insik - "Visayas State University - Main Campus"

Instructor

mariarobelyn.insik@vsu.edu.ph

Jailenn Jannaraine S. Puray - "Visayas State University - Main Campus"

Instructor

jailenn.puray@vsu.edu.ph

Visayas State University - Main Campus

August 16, 2021 - January 28, 2022

Laboratory Instructor

- Performed teaching functions as designated in the Faculty's Actual Teaching
- Modified and updated some of the learning materials uploaded to the online l
- Participated in updating Course Syllabi and attended the necessary seminars VSU.
- Attended to students concerns, clarifications, and queries during and after of 1
- Performed other necessary tasks as assigned by superiors

Visayas State University - Main Campus

September 9, 2022 - February 1, 2023

Laboratory Instructor

- Performed teaching functions as designated in the Faculty's Actual Teaching
- Conducted and assisted students in performing laboratory experiments for cl
- Participated in updating Course Syllabi and attended the necessary seminars VSU.
- Attended to students concerns, clarifications, and queries during and after of 1
- Performed other necessary tasks as assigned by superiors.

EDUCATION**Visayas State University - Main Campus**

2020

Bachelor of Science in Chemistry

Visayas State University Laboratory High School

2015

Inopacan Central School

2011
