

# KAREN O. PAÑA

Brgy. Kambonggan Baybay City, Leyte

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## OBJECTIVE:

I aspire to utilize my passionate understanding in the field of forestry using my background in ecological research and environmental education. I also aim to motivate and educate future forestry experts, promoting interactive learning experiences and conducting meaningful research that upholds sustainable forestry practices for the benefit of people.

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## PERSONAL INFORMATION:

Age: 26

Date of Birth: July 29, 1997

Place of Birth: Baybay, Leyte

Height: 1.54 m

Weight: 50 kg

Nationality: Filipino

Religion: Baptist

Language Spoken: English, Tagalog, Bisaya

Civil Status: Single

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## EDUCATIONAL BACKGROUND:

Year	School	Organizations Involved
2022-2024	Visayas State University (Visca Baybay City, Leyte) Master of Science in Forestry DOST-ASTHRDP Scholar	<ul style="list-style-type: none"><li>• Graduate Student Society: Forestry Representative</li></ul>
2014-2021	Visayas State University (Visca Baybay City, Leyte) Bachelor of Science in Forestry Bachelor of Science in Computer Science (1 <sup>st</sup> year – 3 <sup>rd</sup> year)	<ul style="list-style-type: none"><li>• Forestry Student Society: President (2018-2019)</li><li>• College of Forestry and Environmental Science – Supreme Student Council (SSC): Board Member (2018-2019)</li></ul>
2010-2014	Makinhas National High School (Makinhas Baybay City, Leyte)	<ul style="list-style-type: none"><li>• YES-O President (2013-2014)</li><li>• SSG President (2013-2014)</li></ul>

		<ul style="list-style-type: none"> <li>• Photojournalism Participant Regional Level (2012) – Campus Journalism</li> </ul>
2004-2010	Kambonggan Elementary School (Kambonggan Baybay City, Leyte)	<ul style="list-style-type: none"> <li>• SPG President (2009-2010)</li> </ul>

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## WORK EXPERIENCE:

Date	Place or Institution	Position
August 27 2024 to December 13, 2024	Visayas State University	Part – time Instructor – Department of Forest Science
December 2021 to June 2022	Visayas State University	<b>Science Research Assistant</b> – Exploring Nature-based Solutions and Circularities in Household Practices and Consumption to Achieve Net Zero Carbon Emissions in Eastern Visayas (ENHANCE) Project

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## TRAININGS AND SEMINARS ATTENDED:

Date	Place or Institution	Title of Training or Seminar
December 2, 2024	University of the Philippines – Los Banos (Webinar)	<ul style="list-style-type: none"> <li>▪ Identifying plants for Priority Conservation in Samar Island Natural Park Forests over Limestone using a Localized Conservation Priority Index</li> </ul>
October 16, 2024	DOST – PCAARRD	<ul style="list-style-type: none"> <li>▪ Introduction to Genomics for Wildlife Conservation</li> </ul>
September 9, 2024	Visayas State University	<ul style="list-style-type: none"> <li>▪ ISO 9001:2015 Awareness &amp; Re-Awareness Seminar</li> </ul>
August 19, 2024	University of the Philippines – Los Banos (Webinar)	<ul style="list-style-type: none"> <li>▪ Empowering BOSIS: Sustainable Resource Utilization and Capacity Building in Kaigangan - Updates on Extension Activities: Vinegar Production, Nursery Improvement, and Gene Bank Establishment</li> </ul>
August 16, 2024	Department of Forest Science – Visayas State University	<ul style="list-style-type: none"> <li>▪ Forester’s Licensure Examination Review Class 2024 (Review Master)</li> </ul>
August 13, 2024	School of Environmental Science and Management UP Los Banos (Webinar)	<ul style="list-style-type: none"> <li>▪ Space Technology and Applications to Agriculture and</li> </ul>

July 29, 2024	University of the Philippines – Los Banos (Webinar)	Natural Resources & Climate Types and Climate Change ▪ Mapping the Distribution of Top Priority Plants in the Forests over Limestone Landscapes of Samar Island Natural Park, Philippines; Kaigangan Biodiversity Webinar Series
November 29, 2023	Visayas State University	▪ One-Day Seminar Workshop on Circular Economy
March 29-31, 2023	Visayas State University	▪ Training Workshop on Preparing Manuscripts for Publication
December 5, 2022 December 9, 2021	Visayas State University University of the Philippines – Los Banos (Webinar)	▪ Recent Trends in Soil Research ▪ Agroforestry Research and Development Initiatives: Experiences of Visayas State University
November 25, 2021	National Academy of Science and Technology (NAST) (Webinar)	▪ Climate Resilient Pathways for Future Generation
November 17, 2021	DENR-ERDB	▪ Effects of Climate Change on the Phenology of Forest Trees
October 14, 2021	ALAB Solutions Inc. (Webinar)	▪ Eat Green: Decrease Your Carbon Footprint
October 13, 2021	ALAB Solutions Inc. (Webinar)	▪ Sustainable Energy Source
October 12, 2021	ALAB Solutions Inc. (Webinar)	▪ Pollution and Solution
October 11, 2021	ALAB Solutions Inc. (Webinar)	▪ Climate Change and Ozone Depleting Substances

## SKILLS

- Oriented in Microsoft Office Application:
  - Microsoft Office Word
  - Microsoft Excel
  - Microsoft PowerPoint

## OTHER COMPETENCIES

- Licensed Forester.
- Has good interpersonal skills.
- Willing to work in a challenging environment.
- Has strong written and verbal communication skills.
- Have significant experiences and highly oriented in field works.
- Have been trained in conducting Focus Group Discussions thru Forestry Extension course.



**KAREN O. PAÑA**  
Applicant