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Personal Profile

I am a licensed professional teacher with robust problemsolving skills and proven experience in teaching physical education and research writing.

Career Summary

Grade 12 Adviser

Air Link International Aviation College May 2020-Present

- Designs and creates modules in Practical Research 1 and 2, and Music, Arts, Physical Education and Health
- Teaches Physical Education in elementary, junior high school and senior high school

Research Associate/Staff

Air Link International Aviation College May 2021-Present

- Collect, collate, and upload statistical data;
- Prepare materials for review;
- Prepare, maintain, and update website materials;
- Attend project meetings and seminar; and
- Maintain the progress reports as determined by Research Director

Educational Training

University of the Philippines-Diliman

Master of Science in Human Movement Science

- Enrolled since Sept. 2021 to present
- Taking up specialization courses in Physical Education to broaden skill set
- Taking up electives in Education

Bukidnon State UniversityBachelor of Physical Education major in School Physical Education

- Attended from June 2015 to April 2019
- 2nd Year representative, Student Body Organization
- Physical Education Society member

Training, Seminar and Workshop

- 1st Seminar-Workshop in Research Held at Bukidnon State University, Audio-Visual Center 2018
- Research result validation Held at Bukidnon State University, Audio-Visual Center 2018
- 4th Provincial Folk dance Seminar Workshop Held at Bukidnon State University Gymnasium
- Conceptual Approach in Teaching Physical Education and Sports Seminar Workshop Held at Bukidnon State University Gymnasium 2018
- Empowering Teachers Through Action Research: Methods and the Writing Process in Focus-June 9, 2020-De La Salle University
- National Seminar-Workshop on Instructional Development Design and Assessment in a Flexible Learning Development-December 19, 2020 (15 CPD Units)
- National Seminar-Workshop on Digital and Media Platforms for English, Science and Mathematics Teachers-December 18, 2020 (15 CPD Units)
- National Training Workshop on Blended and Flipped Instruction: Covid 19 Alternative Learning Modality-December 20, 2020 (15 CPD Units)
- National Seminar-Workshop on Improvised Games and Theater Arts as Alternative Teaching Strategies-December 21, 2020 (15 CPD Units)
- National Training Workshop on Localization and Contextualization in the K-12 Curriculum- December 22, 2020 (15 CPD Units)
- International Webinar on 21 st Century School Leadership and Management December 23, 2020 (15 CPD Units)
- Understanding the In's and Outs of Homeschooling-December 20, 2020
- Navigating Mental Health for Teachers- December 21, 2020
- Making Learning Happen During Covid-19 Emergency (May 22, 2020, Vibal)
- Back to Normal: Post-pandemic Realignment of Learners' Predisposition to Learning (May 21, 2020, Vibal)
- Shifting to Online Learning: The Effects on Students' and Teachers' Mental Health (May 26, 2020, Vibal)
- Once Upon a Time: A Discussion on Children's Literature(May 25, 2020)
- Contextualized Learning Delivery Modalities (May 27, 2020, Vibal)
- Inquiry-based Approach to Science Investigatory Project (May 21, 2020, Vibal)
- Horizontal Integration of Subject Area Competencies (May 26, 2020, Vibal)
- Alignment of Different Learning Tasks to Most Essential Learning Competencies (May 25, 2020, Vibal)
 Preparing Earth Science Lessons in the New Normal:
- Freparing Earth Science Lessons in the New Normal.
 SE/7E Inquiry Model in Focus (June 1, 2020, Vibal)
 Conducting Assessments on Online Distance Learning
- (June 5, 2020, Vibal)
 Key Considerations in Designing Modules for Distance
- Learning (June 4, 2020, Vibal)

 Bite-sized Distance Learning through Practical Modular
- Approach (June 3, 2020, Vibal)

 Empowering the Youth towards Community Service in
- Time of Pandemic (June 3, 2020, Vibal)

 Utilizing Common Applications and Devices in Inclusive Education for Learners with Visual Impairment During
- COVID-19 Pandemic (June 2, 2020, Vibal)

 Modular Distance Learning: A Key in Developing
- Learners' Autonomy (June 2, 2020, Vibal)
 Offline Learning Opportunities: Implementing Modular Approach in the Current Educational System (June 1, 2020, Vibal)

Character References

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