

# CLARISSA MAE L. SAS

Brgy. Mantahan, Maasin City Southern Leyte  
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## Summary

A dedicated and detail-oriented biologist with a genuine passion for education. I aim to contribute to a dynamic educational environment, nurturing curiosity and helping students develop foundational knowledge and skills while committed to continuous personal and professional growth.

## Education

**Visayas State University** 2023

**Bachelor of Science in Biology, Major in Zoology**

Brgy. Pangasugan, Baybay City, Leyte

- **Honors:** magna cum laude
- **Award:** Department of Science and Technology Science Education Institute (DOST-SEI) Medal of Excellence Awardee
- **Thesis:** Life History Characteristics of *Toxoryhnchites splendens* (Diptera: Culicidae) as influenced by larval food sources
- Adviser: Dr. Darius Noel C. Miñoza

**Saint Joseph College** 2019

**Senior High school Graduate (Science, Technology, Engineering and Mathematics Strand)**

Brgy. Tunga-tunga, Maasin City, Southern Leyte

- **Honors:** With High Honors
- **Research:** Patient's Satisfaction on the nursing services of selected private hospitals in Sogod, Southern Leyte
- Adviser: Almira Leonor-Miras, EdD

**Maasin City National High school** 2017

**High school completer (Science, Technology and Engineering Class)**

Brgy. Combado, Maasin City, Southern Leyte

- **Honors:** With Honors
- **Science Investigatory Project- Life Science (Individual):** Utilization of *Codiaeum variegatum* (San Francisco) leaf extract as a mosquito larvicide
- Adviser: Rodman Rick P. Adobas

**Maasin City SPED Center** 2013

**Elementary Graduate**

**Brgy. Mantahan, Maasin City, Southern Leyte**

**Honors:** Second Honorable mention

## Pre-professional Experience and Roles

**Organization of Biology Students**

September 2022 to August 2023

**4th Year BS Biology Representative**

**Head, Creative Committee**

- Acted as a communication liaison. Organized and participated in events, activities, and meetings that foster a sense of community and address the needs and interests of fellow students.

**Baybay City Immaculate Conception Hospital  
Laboratory Intern**

August 2022

Brgy. Cogon, Baybay City, Leyte

- Assisted laboratory staff in performing experiments, tests, and analyses according to established protocols.

**Department of Biological Sciences  
Intern**

July 2022 to August 2022

**Pangasugan, Baybay City Leyte**

- Conducted experiments, collected and recorded data, and maintained a clean and organized work environment.

**Organization of Biology Students (OBioS)  
3rd Year BS Biology Representative**

August 2021 to July 2022

- Acted as a bridge between the students in the 3<sup>rd</sup>-year level and the school administration, conveying important information, concerns, and feedback.

**Saint Joseph College  
Class Secretary**

August 2017 to May 2019

**Maasin City National High school  
Class President**

June 2014 to March 2017

## **Awards and Achievements**

**Visayas State University (College)**

- Top 5 of Visayas State University Class of 2023
- Consistent President's Honor
- Member, TARSIER Philippines (A.Y. 2019-2023)
- Member, Organization of Biology Students (OBioS) (A.Y. 2019-2023)
- Department of Science and Technology- Science Education Institute (DOST-SEI) Scholar (RA 7687)

**Saint Joseph College of Maasin (Senior High school)**

- Top 17 of Saint Joseph College Class of 2019
- Consistent with High Honors
- 1st Placer TV Broadcasting (Filipino)- District and Division School's Press Conference 2017
- Participant TV Broadcasting (Filipino)- Regional School's Press Conference 2017

**Maasin City National High school**

- Top 4 of Maasin City National High School Class of 2017
- Consistent with Honors
- Supreme Students Government, Member (A.Y. 2013-2017)
- School publication writer (A.Y. 2013-2017)
- 1st placer Science Investigatory Project- Life Science (Individual)- District and Division Level 2016
- Participant Science Investigatory Project- Life Science (Individual)- Regional Festival of Talents 2016
- 1st placer Science and Technology Writing- District and Division School's Press Conference 2015
- Participant Science and Technology Writing- Regional School's Press Conference 2015
- Philippine Red Cross Youth- Volunteer

## Skills

- Skilled in Microscopy
- Competent in Fieldwork
- Data analysis skills
- Proficient in MS Office
- Excellent scientific writing
- Critical thinking
- Tech-savvy
- Leadership
- Communication
- Emotional and social intelligence
- Interpersonal skills
- Strong work ethic
- Multi-tasking
- Adaptability

## Training and Seminars

- Plant Pathology and Scientific Writing | Mark Angelo Balendres, Ph. D. | 2023
- Molecular Evolutionary Analysis of Indigenous Animal Genetic Resources Contributing to Sustainable Agriculture in Southeast Asia and Its Utilization: Chicken, Pigs & Wild Animals | Masahide Nishibori, Ph.D. | 2023
- Talent Basket Talk Campus | Talent Basket | 2023
- Understanding Natural Hazards in the Philippines | Department of Science and Technology- Science Education Institute | 2021
- Strengthening Individual and Family Resiliency | Department of Science and Technology- Science Education Institute | 2021
- Scholars' Values Formation Program | Department of Science and Technology- Science Education Institute | 2021
- Deepening Civic Leadership and Humanitarianism among Patriot Scholars through Sectoral Initiatives | Department of Science and Technology- Science Education Institute | 2020
- Staying Healthy: Mind, Body and Spirit | Department of Science and Technology- Science Education Institute | 2020

## References

**Dr. Darius Noel C. Miñoza** | VSU, VISCA BAYBAY CITY, LEYTE | (+63) 929-802-2017

**Dr. Justine Bennette H. Millado** | VSU, VISCA BAYBAY CITY, LEYTE | (+63) 921-572-5222

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