

PERSONAL DATA SHEET

WARNING: Any misrepresentation made in the Personal Data Sheet and the Work Experience Sheet shall cause the filing of administrative/criminal case/s against the person concerned.

READ THE ATTACHED GUIDE TO FILLING OUT THE PERSONAL DATA SHEET (PDS) BEFORE ACCOMPLISHING THE PDS FORM.

Print legibly. Tick appropriate boxes () and use separate sheet if necessary. Indicate N/A if not applicable. DO NOT ABBREVIATE.

1. CS ID No.

(Do not fill up. For CSC use only)

I. PERSONAL INFORMATION

| | | | | |
|----------------------------------|---|--|---|-------------------|
| 2. SURNAME | MILALLOS | | | |
| FIRST NAME | MARK GILBERT | | NAME EXTENSION (JR., SR) | N/A |
| MIDDLE NAME | SINSUAN | | | |
| 3. DATE OF BIRTH (mm/dd/yyyy) | 10/2/1990 | 16. CITIZENSHIP | <input checked="" type="checkbox"/> Filipino <input type="checkbox"/> Dual Citizenship <input checked="" type="checkbox"/> by birth <input type="checkbox"/> by naturalization Pls. indicate country: | |
| 4. PLACE OF BIRTH | CAGAYAN DE ORO CITY | If holder of dual citizenship, please indicate the details. | | |
| 5. SEX | <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female | | | |
| 6 CIVIL STATUS | <input checked="" type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Separated <input type="checkbox"/> Other/s: | | | |
| 7. HEIGHT (m) | 1.68 | 17. RESIDENTIAL ADDRESS | UNIT 707 | JUANA OSMENA ST |
| 8. WEIGHT (kg) | 120 | | House/Block/Lot No. | Street |
| 9. BLOOD TYPE | AB "+" | | CITYSCAPE TOWER II UPTOWN | LOREGA-SAN MIGUEL |
| 10. GSIS ID NO. | 2005811622 | | Subdivision/Village | Barangay |
| 11. PAG-IBIG ID NO. | 121026862816 | | CEBU CITY | CEBU |
| 12. PHILHEALTH NO. | 120509191390 | ZIP CODE | City/Municipality | Province |
| 13. SSS NO. | 0630550331 | 18. PERMANENT ADDRESS | B7 L2 | |
| 14. TIN NO. | 293703317 | | House/Block/Lot No. | Street |
| 15. AGENCY EMPLOYEE NO. | N/A | | VILLA THERESA HEIGHTS SUBD. | SAN ISIDRO |
| | | | Subdivision/Village | Barangay |
| | | | ORMOC CITY | LEYTE |
| | | ZIP CODE | City/Municipality | Province |
| 19. TELEPHONE NO. | | | 6541 | |
| 20. MOBILE NO. | | | 09275646200 | |
| 21. E-MAIL ADDRESS (if any) | | | markmilallos@outlook.com | |

II. FAMILY BACKGROUND

| | | | | |
|--------------------------|----------------|---------------------------------|---|----------------------------|
| 22. SPOUSE'S SURNAME | N/A | | 23. NAME of CHILDREN (Write full name and list all) | DATE OF BIRTH (mm/dd/yyyy) |
| FIRST NAME | N/A | NAME EXTENSION (JR., SR) N/A | N/A | N/A |
| MIDDLE NAME | N/A | | | |
| OCCUPATION | | | | |
| EMPLOYER/BUSINESS NAME | | | | |
| BUSINESS ADDRESS | | | | |
| TELEPHONE NO. | | | | |
| 24. FATHER'S SURNAME | MILALLOS | | | |
| FIRST NAME | GILBERT | NAME EXTENSION (JR., SR) N/A | | |
| MIDDLE NAME | COQUILLA | | | |
| 25. MOTHER'S MAIDEN NAME | | | | |
| SURNAME | SINSUAN | | | |
| FIRST NAME | MARIA ELIZELDA | | | |
| MIDDLE NAME | ARTACHO | | (Continue on separate sheet if necessary) | |

III. EDUCATIONAL BACKGROUND

| 26. LEVEL | NAME OF SCHOOL (Write in full) | BASIC EDUCATION/DEGREE/COURSE (Write in full) | PERIOD OF ATTENDANCE | | HIGHEST LEVEL/ UNITS EARNED (if not graduated) | YEAR GRADUATED | SCHOLARSHIP/ ACADEMIC HONORS RECEIVED |
|------------------------------|-------------------------------------|--|----------------------|---------|--|----------------|--|
| | | | From | To | | | |
| ELEMENTARY | ORMOC CITY CENTRAL SPED CENTER | GRADE SCHOOL | 1995 | 2001 | N/A | 2001 | N/A |
| SECONDARY | NEW ORMOC CITY NATIONAL HIGH SCHOOL | HIGH SCHOOL | 2002 | 2006 | N/A | 2006 | N/A |
| VOCATIONAL / TRADE COURSE | N/A | | | | | | |
| COLLEGE | CEBU TECHNOLOGICAL UNIVERSITY | DIPLOMA IN PROFESSIONAL EDUCATION | 2013 | 2014 | N/A | 2014 | N/A |
| GRADUATE STUDIES | CEBU NORMAL UNIVERSITY | DOCTOR OF SCIENCE IN NURSING | 2019 | PRESENT | 48 UNITS | N/A | N/A |

(Continue on separate sheet if necessary)

| | | | |
|-----------|---|------|---------------|
| SIGNATURE |  | DATE | July 29, 2023 |
|-----------|---|------|---------------|

PERSONAL DATA SHEET

WARNING: Any misrepresentation made in the Personal Data Sheet and the Work Experience Sheet shall cause the filing of administrative/criminal case/s against the person concerned.

READ THE ATTACHED GUIDE TO FILLING OUT THE PERSONAL DATA SHEET (PDS) BEFORE ACCOMPLISHING THE PDS FORM.

Print legibly. Tick appropriate boxes () and use separate sheet if necessary. Indicate N/A if not applicable. **DO NOT ABBREVIATE.** 1. CS ID No. (Do not fill up. For CSC use only)

I. PERSONAL INFORMATION

| | | | |
|-------------------------------|--|--|--|
| 2. SURNAME | MILALLOS | | |
| FIRST NAME | MARK GILBERT | | NAME EXTENSION (JR., SR) N/A |
| MIDDLE NAME | SINSUAN | | |
| 3. DATE OF BIRTH (mm/dd/yyyy) | | 16. CITIZENSHIP If holder of dual citizenship, please indicate the details. | <input checked="" type="checkbox"/> Filipino <input type="checkbox"/> Dual Citizenship <input type="checkbox"/> by birth <input type="checkbox"/> by naturalization Pls. indicate country: |
| 4. PLACE OF BIRTH | | | |
| 5. SEX | <input type="checkbox"/> Male <input type="checkbox"/> Female | | |
| 6 CIVIL STATUS | <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Separated <input type="checkbox"/> Other/s: | 17. RESIDENTIAL ADDRESS ZIP CODE | House/Block/Lot No. Street |
| 7. HEIGHT (m) | | | Subdivision/Village Barangay |
| 8. WEIGHT (kg) | | | City/Municipality Province |
| 9. BLOOD TYPE | | | 6000 |
| 10. GSIS ID NO. | | | |
| 11. PAG-IBIG ID NO. | | 18. PERMANENT ADDRESS ZIP CODE | House/Block/Lot No. Street |
| 12. PHILHEALTH NO. | | | Subdivision/Village Barangay |
| 13. SSS NO. | | | City/Municipality Province |
| 14. TIN NO. | | | |
| 15. AGENCY EMPLOYEE NO. | | 19. TELEPHONE NO. | |
| | | 20. MOBILE NO. | |
| | | 21. E-MAIL ADDRESS (if any) | |

II. FAMILY BACKGROUND

| | | | | |
|--------------------------|--|------------------------------|---|----------------------------|
| 22. SPOUSE'S SURNAME | | | 23. NAME of CHILDREN (Write full name and list all) | DATE OF BIRTH (mm/dd/yyyy) |
| FIRST NAME | | NAME EXTENSION (JR., SR) N/A | | |
| MIDDLE NAME | | | | |
| OCCUPATION | | | | |
| EMPLOYER/BUSINESS NAME | | | | |
| BUSINESS ADDRESS | | | | |
| TELEPHONE NO. | | | | |
| 24. FATHER'S SURNAME | | | | |
| FIRST NAME | | NAME EXTENSION (JR., SR) N/A | | |
| MIDDLE NAME | | | | |
| 25. MOTHER'S MAIDEN NAME | | | | |
| SURNAME | | | | |
| FIRST NAME | | | | |
| MIDDLE NAME | | | (Continue on separate sheet if necessary) | |

III. EDUCATIONAL BACKGROUND

| 26. LEVEL | NAME OF SCHOOL (Write in full) | BASIC EDUCATION/DEGREE/COURSE (Write in full) | PERIOD OF ATTENDANCE | | HIGHEST LEVEL/ UNITS EARNED (if not graduated) | YEAR GRADUATED | SCHOLARSHIP/ ACADEMIC HONORS RECEIVED |
|---------------------------|--------------------------------|---|----------------------|------|--|----------------|---------------------------------------|
| | | | From | To | | | |
| ELEMENTARY | | | | | | | |
| SECONDARY | LINAO NATIONAL HIGH SCHOOL | HIGH SCHOOL | 2001 | 2002 | FIRST YEAR | N/A | N/A |
| VOCATIONAL / TRADE COURSE | | | | | | | |
| COLLEGE | UNIVERSITY OF CEBU - BANILAD | BACHELOR OF SCIENCE IN NURSING | 2006 | 2010 | N/A | 2010 | N/A |
| GRADUATE STUDIES | CEBU NORMAL UNIVERSITY | MASTER OF SCIENCE IN NURSING | 2014 | 2018 | N/A | 2018 | N/A |

(Continue on separate sheet if necessary)

| | | | |
|-----------|---|------|---------------|
| SIGNATURE |  | DATE | July 29, 2023 |
|-----------|---|------|---------------|

IV. CIVIL SERVICE ELIGIBILITY

| 27. | CAREER SERVICE/ RA 1080 (BOARD/ BAR) UNDER SPECIAL LAWS/ CES/ CSEE BARANGAY ELIGIBILITY / DRIVER'S LICENSE | RATING (If Applicable) | DATE OF EXAMINATION / CONFERMENT | PLACE OF EXAMINATION / CONFERMENT | LICENSE (if applicable) | |
|-----|--|---------------------------|--|-----------------------------------|-------------------------|---------------------|
| | | | | | NUMBER | Date of Validity |
| | RA1080 (LICENSURE EXAMINATION FOR PROFESSIONAL TEACHERS) | 81.2 | 1/26/2014 | CEBU CITY | 1288646 | 10/2/2023 |
| | RA1080 (NURSING LICENSURE EXAMINATION) | 79.6 | 7/3/2010-7/4/2010 | CEBU CITY | 0659917 | 10/2/2022 |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

(Continue on separate sheet if necessary)

V. WORK EXPERIENCE

(Include private employment. Start from your recent work) Description of duties should be indicated in the attached Work Experience sheet.

| 28. INCLUSIVE DATES (mm/dd/yyyy) | | POSITION TITLE (Write in full/Do not abbreviate) | DEPARTMENT / AGENCY / OFFICE / COMPANY (Write in full/Do not abbreviate) | MONTHLY SALARY | SALARY/ JOB/ PAY GRADE (if applicable)& STEP (Format "00-0")/ INCREMENT | STATUS OF APPOINTMENT | GOV'T SERVICE (Y/ N) |
|-------------------------------------|------------|---|---|-------------------|---|------------------------------------|----------------------------|
| From | To | | | | | | |
| 1/1/2023 | Present | CLINICAL INSTRUCTOR | CEBU NORMAL UNIVERSITY | 45,280.00 | N/A | CONTRACTUAL | N |
| 8/14/2021 | 12/31/2022 | CLINICAL INSTRUCTOR | CEBU NORMAL UNIVERSITY | 26,051.00 | N/A | CONTRACTUAL | N |
| 7/15/2021 | 12/31/2021 | UNIVERSITY RESEARCH ASSOCIATE | CEBU NORMAL UNIVERSITY | 26,051.00 | SG-12 | CONTRACTUAL | N |
| 1/1/2021 | 3/31/2021 | NURSE I | DEPARTMENT OF HEALTH CENTRAL VISAYAS CENTER FOR HEALTH DEVELOPMENT | 33,575.00 | SG-15 | JOB ORDER | N |
| 9/1/2020 | 12/31/2020 | NURSE II | DEPARTMENT OF HEALTH CENTRAL VISAYAS CENTER FOR HEALTH DEVELOPMENT | 32,053.00 | SG-15 | PERSONNEL SERVICE - CONTRACTUAL | Y |
| 6/1/2020 | 8/31/2020 | NURSE II | DEPARTMENT OF HEALTH CENTRAL VISAYAS CENTER FOR HEALTH DEVELOPMENT | 32,053.00 | SG-15 | JOB ORDER | N |
| 4/1/2020 | 5/31/2020 | PUBLIC HEALTH ASSOCIATE / NURSE | DEPARTMENT OF HEALTH CENTRAL VISAYAS CENTER FOR HEALTH DEVELOPMENT | 32,053.00 | SG-15 | JOB ORDER | N |
| 6/27/2016 | 4/15/2020 | SENIOR PROCESS EXECUTIVE - DATA | COGNIZANT TECHNOLOGY SOLUTIONS PHILIPPINES, INC. | 34,654.00 | N/A | REGULAR | N |
| 7/29/2014 | 4/18/2016 | NURSE ASSOCIATE | EXL SERVICE PHILIPPINES, INC. | 21,500.00 | N/A | REGULAR | N |
| 4/17/2012 | 1/18/2014 | CUSTOMER SERVICE PROFESSIONAL I | STREAM GLOBAL SERVICES, INC. | 16,500.00 | N/A | REGULAR | N |
| 11/1/2010 | 7/1/2011 | NURSE | ASSUMPTION COLLEGE THONBURI | 30,000.00 | N/A | CONTRACTUAL | N |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

(Continue on separate sheet if necessary)

| SIGNATURE |  | DATE | July 29, 2023 |
|-----------|---|------|---------------|
|-----------|---|------|---------------|

VI. VOLUNTARY WORK OR INVOLVEMENT IN CIVIC / NON-GOVERNMENT / PEOPLE / VOLUNTARY ORGANIZATION/S

| 29. | NAME & ADDRESS OF ORGANIZATION (Write in full) | INCLUSIVE DATES (mm/dd/yyyy) | | NUMBER OF HOURS | POSITION / NATURE OF WORK |
|-----|---|---------------------------------|-----|-----------------|---------------------------|
| | | From | To | | |
| N/A | | N/A | N/A | N/A | N/A |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

(Continue on separate sheet if necessary)

VII. LEARNING AND DEVELOPMENT (L&D) INTERVENTIONS/TRAINING PROGRAMS ATTENDED

| 30. | TITLE OF LEARNING AND DEVELOPMENT INTERVENTIONS/TRAINING PROGRAMS (Write in full) | INCLUSIVE DATES OF ATTENDANCE (mm/dd/yyyy) | | NUMBER OF HOURS | Type of LD (Managerial/ Supervisory/ Technical/etc) | CONDUCTED/ SPONSORED BY (Write in full) |
|-----|---|---|------------|-----------------|---|--|
| | | From | To | | | |
| | Writing Researches Utilizing Phenomenological Design | 7/21/2021 | 7/23/2021 | 24.0 | Technical | Cebu Normal University Center for Research and Development |
| | 4th Department of Health Central Visayas Center for Health Development Regional Research Congress | 6/15/2021 | 6/18/2021 | 12.0 | Technical | Department of Health Central Visayas Center for Health Development |
| | 5th Summer Conference 2021 | 5/25/2021 | 5/26/2021 | 6.0 | Technical | Philippine Nurses Association, Inc. |
| | Gerontology Nurses Association of the Philippines Virtual 2020: Managing Older Persons with Frailty: Interprofessional Approach | 8/20/2020 | 8/20/2020 | 3.0 | Technical | Gerontology Nurses Association of the Philippines, Inc. |
| | Basic Phlebotomy Training | 6/17/2020 | 6/17/2020 | 4.0 | Technical | Department of Health Subnational Blood Center for Visayas |
| | Training on Functional Nursing | 4/1/2020 | 4/17/2020 | 88.0 | Technical | Vicente Sotto Memorial Medical Center |
| | Building Student Character inside the Classroom | 3/26/2020 | 3/28/2020 | 8.0 | Technical | Vibal Group, Inc. |
| | International Conference of Nurses 2019 (ICoNs9) Theme: Bracing Disruptive Health Innovations in the Society 5.0: Implications to Nursing Education, Research and Nursing | 11/29/2019 | 11/29/2019 | 8.0 | Technical | Cebu Normal University College of Nursing |
| | 2nd Biennial Conference on Nursing Education, Practice, and Research Theme: Advancing Innovations in Healthcare through Research, Education and Practice | 8/2/2019 | 8/3/2019 | 16.0 | Technical | Nurse Educators and Practitioners Guild |
| | Preventing Dementia Massive Open Online Course | 7/9/2019 | 9/27/2020 | 8.0 | Technical | University of Tasmania Wicking Dementia Research and Education Centre |
| | Philippine Nurses Association Cebu Chapter 83rd Founding Anniversary, Annual Regional Convention and General Assembly Theme: Nurses Role in Healthcare Diversity | 7/26/2019 | 7/26/2019 | 8.0 | Technical | Philippine Nurses Association Cebu Chapter |
| | Understanding Dementia Massive Open Online Course | 5/14/2019 | 7/1/2019 | 8.0 | Technical | University of Tasmania Wicking Dementia Research and Education Centre |
| | Seminar on Issues and Problems in Gerontology NursingTheme: Evidence Based Practice: Challenges for Nurse Academicians and Clinicians | 4/27/2019 | 4/27/2019 | 4.0 | Technical | Cebu Normal University College of Nursing |
| | Acute Care: Nurses Role and Skills | 12/15/2018 | 12/15/2018 | 8.0 | Technical | Philippine Nurses Association Cebu Chapter and Cebu Normal University College of Nursing |
| | 2nd Global Conference on Nursing and Healthcare Theme: Incorporating inter-professional collaborative practices to Advance Healthcare | 8/13/2018 | 8/15/2018 | 24.0 | Technical | Scient Global Conferences |
| | 3rd Annual Central Visayas Health Research and Innovation ConferenceTheme: Research and Innovations: Linking Theory and Practice | 5/7/2018 | 5/9/2018 | 24.0 | Technical | Department of Science and Technology Central Visayas Health Research and Development |
| | International Conference of Nurses 2017 (ICoNs7) Theme: Nurse's Role in Transforming Health Care through Health Research Innovations | 11/24/2017 | 11/24/2017 | 8.0 | Technical | Cebu Normal University College of Nursing |
| | 2nd Borneo International Nursing Conference Theme: Improving Quality of Care through Primary Health Care Management, Education, Practice and Research | 8/19/2017 | 8/20/2017 | 16.0 | Technical | Universitas Muhammadiyah Pontianak |
| | 2nd Annual Central Visayas Health Research and Innovation Conference Theme: Translating Health Research: From Basic Science to Meaningful Health Outcomes | 6/21/2017 | 6/22/2017 | 16.0 | Technical | Department of Science and Technology Central Visayas Health Research and Innovation |
| | Florence Nightingale International Nurses Day Seminar 2017 Theme: Nursing as a Force for Change: Improving the Resilience of Persons within the Healthcare System | 6/17/2017 | 6/17/2017 | 8.0 | Technical | Beta Nu Delta Nursing Society Cebu Chapter |
| | Research Congress 2017 Theme: Empowering the Nursing Profession through Research | 3/25/2017 | 3/25/2017 | 4.0 | Technical | Cebu Normal University College of Nursing |
| | Dispute Settlement: Arbitration and Bargaining | 3/18/2017 | 3/18/2017 | 4.0 | Technical | Cebu Normal University College of Nursing |
| | Challenging Norms to Evidence-Based Practices: A Key Role of Nurses and Nurse Managers | 3/5/2016 | 3/5/2016 | 4.0 | Managerial | Cebu Normal University College of Nursing |

(Continue on separate sheet if necessary)

VIII. OTHER INFORMATION

| 31. | SPECIAL SKILLS and HOBBIES | 32. | NON-ACADEMIC DISTINCTIONS / RECOGNITION (Write in full) | 33. | MEMBERSHIP IN ASSOCIATION/ORGANIZATION (Write in full) |
|-----|----------------------------|-----|---|-----|---|
| | DANCING | | UNIVERSITY OF CEBU NURSING STUDENT BODY ORGANIZATION SERVICE AWARD | | PHILIPPINE NURSES ASSOCIATION |
| | COOKING | | UNIVERSITY OF CEBU PENLIGHT (THE OFFICIAL PUBLICATION OF THE UNIVERSITY OF CEBU COLLEGE OF NURSING) SERVICE AWARD | | ASSOCIATION OF MEN IN NURSING PHILIPPINES |
| | BAKING | | | | AMERICAN ASSOCIATION OF MEN IN NURSING |
| | ARTS AND CRAFTS | | | | |
| | BACKPACKING | | | | |
| | YOGA | | | | |
| | RESEARCH | | | | |

(Continue on separate sheet if necessary)

| | | | |
|-----------|---|------|---------------|
| SIGNATURE |  | DATE | July 29, 2023 |
|-----------|---|------|---------------|

