



# ANNA BETH VARRON

## EDUCATOR

+63921 866 1311

[abvarron@vsu.edu.ph](mailto:abvarron@vsu.edu.ph)

Baybay City Leyte, Philippines 6521

### OBJECTIVE

I aim to obtain a teaching position as a faculty member where I can share my years of experience and expertise in physical education and dance education to foster academic growth and instill a love for lifelong learning.

### EDUCATION

Master of Arts in Education with Specialization in Physical Education  
*Philippine Normal University (Taft, Manila)*

Expected A.Y. 2024-2025

Bachelor of Secondary Education (Music, Arts, Physical Education & Health)  
*Visayas State University (Pangasugan, Baybay City, Leyte)*

April 2013

### PROFESSIONAL ACCOMPLISHMENTS

#### Physical Education | Culture & Arts Education Course Instructor

- Dedicated and enthusiastic educator with over 7 years of professional experience in teaching Physical Education and Culture and Arts Education at the university and senior high school levels. Developed unique activities, learning modules, and course syllabi in physical education and dance, with active participation as the fundamental goal.

#### Professional Competence

- Adept at using technology to enhance classroom instruction and foster 21st-century skills. Throughout my career, I have demonstrated a passion for creating a dynamic and interactive learning atmosphere by immersing my students in activities that simulate real-life experiences. Additionally, I actively participate as a sports and dance coach, leading various programs and activities in school, such as coordinator of the university fitness program on campus, regional event coordinator, and dance director of VSU Dance Company.
- As an adaptable and student-focused educator, I am committed to staying current with educational trends and implementing innovative teaching methodologies. My goal is to continue positively influencing students' academic and personal development while contributing to the overall success of the school community.

### WORK HISTORY

#### Instructor 1 | Institute of Human Kinetics, Visayas State University, Baybay City, Leyte 2018- 2023

- Teaching Physical Education courses at the university level, including Bachelor of Culture and Art Education and Bachelor of Physical Education courses, as well as senior and junior high school students.

#### Part-time Instructor | Institute of Human Kinetics, Visayas State University, Baybay City, Leyte 2015- 2026

- Teaching Physical Education courses at the university level, including Bachelor of Secondary Education major in MAPEH courses.

#### Substitute Teacher | Baybay National High School, Baybay City Division, Department of Education, Baybay City, Leyte, 2014

- Teaching English subjects to Grade 8 junior high school students.

### PROFESSIONAL AFFILIATION

- Licensed Professional Teacher (**Professional Regulation Commission**) Registration No. 1269358
- Mountaineering Federation of the Philippines Incorporated (**MFPI**)
- Philippine Finswimming Federation Inc. (**Certified Instructor**)
- Philippine Folk Dance Society- Lifetime Member (**PFDS**)
- Philippine National Historical Society Inc. (**PNHS**)

## PROFESSIONAL SKILLS AND EXPERTISE

---

### Dance Educator

*Integrated Art Workshop for Project Enhancing Skills & Enriching the Culture, NCCA | DepEd Baybay* 2023  
*Capacitating Teachers for the Revival and Diffusion of Cultural Heritage in Schools through* 2022  
*Local Folk Dance Workshop, VSU Isabel Campus, Isabel, Leyte*

- Conducted training for professional teachers, students, and dance enthusiasts on the basic steps and skills of various Philippine folk dances.

### Dance Trainer

*Baybay City School for the Arts (Dance Workshop Series), Baybay City* 2022-2023

- Developed social and interpersonal skills through involvement in recreational dance forms.

### Dance Director

*Visayas State University Dance Company, Culture & Arts Center* 2015-2023

- Directed VSU Dance Company performances.
- Mentored dancers by providing feedback and facilitating both technical and artistic growth, while fostering a positive and collaborative working environment.

### Coaching

*Philippine Association of State Universities and Colleges (PASUC) Cultural and SCUAA, Visayas State University* 2015-2022  
*(Swimming and Pageant)*

- Guided the athletes and contestants in developing their skills, achieving goals, and navigating challenges when competing in regional and national competitions.

### Swimming Instructor

*Aquatic Module 2017 BSP Summer Training Program, Mater Carmeli School, Quezon City* 2017

*Swim Camp/ Disaster Preparedness Training of Hayag Family Development Center, Ormoc City* 2013

- Conducted training in basic swimming techniques, strokes, and safety skills for swimmers.

### Tournament Manager

*Dance Sports Regional SCUAA Games, Visayas State University* 2017

- Coordinated the tournament promptly with relevant authorities.

### Dance Adjudicator

*Magsanga Festival (Festival Dances), Merida, Leyte* 2023

*Linggo ng Kabataan (Dancesport and Hiphop Competition), Albura Leyte* 2023

*Biliran Province State University Founding Anniversary Folk Dance Competitions, Naval, Biliran* 2022

*Southern Leyte State University 16<sup>th</sup> Charter Anniversary (Festival Dance), Sogod, Southern Leyte* 2020

*Festival of Talents Baybay City Division DepEd, Baybay City, Leyte* 2019

- Assessed and scored numerous performances based on criteria such as technique, choreography, stage presence, and overall execution, ensuring fair and unbiased evaluation.

## LANGUAGES

---

English: Proficient

Tagalog: Fluent

Cebuano: Fluent

## REFERENCES

---

### Jo-Ann Cerna-Rapada Ph.D., Education Program Supervisor

Baybay City Division, Department of Education

+63 977 718 6552 | [joann.cerna002@deped.gov.ph](mailto:joann.cerna002@deped.gov.ph)

### Aleli A. Villocino Ph.D. Assistant Professor IV, Vice President for Student Affairs and Services

Visayas State University, Pangasugan, Baybay City, Leyte

+63 917 304 0879 | [aleli.villocino@vsu.edu.ph](mailto:aleli.villocino@vsu.edu.ph)

### Joselle R. Cayetano, Assistant Professor II

Institute of Human Kinetics

Visayas State University, Pangasugan, Baybay City, Leyte

+63 917 673 4281 | [joselle.cayetano@vsu.edu.ph](mailto:joselle.cayetano@vsu.edu.ph)