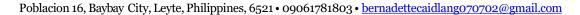
# BERNADETTE CAIDLANG





## **OBJECTIVES**

To contribute my expertise in physical education and passion for promoting health and wellness as a part-time instructor at Visayas State University, fostering an engaging and inclusive learning environment that inspires students to excel in both their academic and physical pursuits while upholding the university's standards of excellence. And To leverage my hands-on experience as a dance sports trainer and athlete to inspire and mentor students at Visayas State University, fostering their skills, discipline, and passion for dance while promoting excellence in physical education and the performing arts.

## PERSONAL INFORMATION

Age 22

Birthdate : July 07, 2002

Birth Place : Baybay City, Leyte

Height : 147cm

Weight : 42kg

Nationality : Filipino

Civil Status : Single

## **EDUCATION**

Eastern Visayas State University | Bachelor of Physical Education

Ormoc City, Leyte | 2020-2024

- ACADEMIC ACHIEVER 2024
- -ATHLETIC AWARDEE 2024

### **ACHIEVEMENTS**

- One of the Prime team of Dancesports Team Ormoc City
- Local athlete of Ormoc City
- Lucy and Richard's talents
- EVRAA 2018 Dancesports Competition Finalist Calbayog City
- Region 8 SCUAA 2022 Finalist Southern Leyte State University
- 11<sup>th</sup> Philippine Summer ball Dance Festival International Open (FESSAP UNIVERSITY-TERTIARY VISAYAS LEG LATIN) Bronze Medalist
- World Dancesports Federation Cebu Open 2023 (Adult Grade C and Grade D1) Semi-finalist
- Region 8 SCUAA 2023 Dancesports Competion Bronze Medalist Visayas State University

## **WORK EXPERIENCE**

Internship Practice teaching - New Ormoc City National High School (60 hours)

## **SKILLS**

**Competency Level:** 

MS Word, Power point, and other MS **Software Tools:** 

Advanced

tools

Written and verbal: English, Filipino, **Communication:** 

Advanced

Cebuano

Events and programs Management skills:

Advanced

## **REFERENCES**

Novamae M. Felicita DTOC President Brgy. Alta Vista Omoc City (0907)517 0268

<u>Danreve D. Revez</u> SPA Coordinator| New Ormoc City National High School revezrd@gmail.com

## Guillermo M. Sodomia

BPED Coordinator | Eastern Visayas State University guillermo.sodomia@evsu.edu.ph