

BERNADETTE CAIDLANG

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OBJECTIVES

To contribute my expertise in physical education and passion for promoting health and wellness as a part-time instructor at Visayas State University, fostering an engaging and inclusive learning environment that inspires students to excel in both their academic and physical pursuits while upholding the university's standards of excellence. And To leverage my hands-on experience as a dance sports trainer and athlete to inspire and mentor students at Visayas State University, fostering their skills, discipline, and passion for dance while promoting excellence in physical education and the performing arts.

PERSONAL INFORMATION

Age	22
Birthdate	: July 07, 2002
Birth Place	: Baybay City, Leyte
Height	: 147cm
Weight	: 42kg
Nationality	: Filipino
Civil Status	: Single

EDUCATION

Eastern Visayas State University | *Bachelor of Physical Education*

Ormoc City, Leyte | 2020-2024

- *ACADEMIC ACHIEVER 2024*

- *ATHLETIC AWARDEE 2024*

ACHIEVEMENTS

- One of the Prime team of Dancesports Team Ormoc City
- Local athlete of Ormoc City
- Lucy and Richard's talents
- EVRAA 2018 Dancesports Competition Finalist - Calbayog City
- Region 8 SCUAA 2022 Finalist - Southern Leyte State University
- 11th Philippine Summer ball Dance Festival International Open (FESSAP UNIVERSITY-TERTIARY VISAYAS LEG LATIN) Bronze Medalist
- World Dancesports Federation Cebu Open 2023 (Adult Grade C and Grade D1) Semi-finalist
- Region 8 SCUAA 2023 Dancesports Competition Bronze Medalist - Visayas State University

WORK EXPERIENCE

Internship Practice teaching – New Ormoc City National High School (60 hours)

SKILLS

		<u>Competency Level:</u>
Software Tools:	MS Word, Power point, and other MS tools	Advanced
Communication:	Written and verbal: English, Filipino, Cebuano	Advanced
Management skills:	Events and programs	Advanced

REFERENCES

Novamae M. Felicita

DTOC President

Brgy. Alta Vista Omoc City

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Danreve D. Revez

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High School

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Guillermo M. Sodomia

BPED Coordinator | Eastern Visayas State
University

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