# MARIA BELLA FRONTERAS ORAPA

500-A 30 de Deciembre St., Población Zone 18, Baybay City, Leyte, 6521, Philippines Mobile No: +63-9167766814

Email: mariabellaorapa1009@gmail.com



# **PROFILE:**

- Bachelor of Science in Nursing Degree Holder
- Registered Nurse with 15 years hospital nursing experiences
- Specialty are in Medical Surgical Ward Pediatric Ward

# **EDUCATION**

College : Cebu Doctor's College

College of Nursing Cebu City, Philippines

- Graduated the Degree of Bachelor of Science in Nursing – 1981

- Took and passed the Nurses Board Examination – October 1981

High School : Baybay National High School

Baybay, Leyte, Philippines

1974-1978

Elementary : Baybay South Central School

Baybay, Leyte, Philippines

1968-1974

#### **ELIGIBILITY**

October, 1981 Nurse Licensure Examination

**Professional Regulation Commission** 

Board of Nursing Manila, Philippines

Professional License RN – Philippines License # 0132356

Valid until October 9, 2021

### **WORK EXPERIENCE**

December 2015 to Present
 Senior Staff Nurse

Baybay Doctors' Hospital Baybay City, Leyte

• April 2006 to April 2009 Staff Nurse

(Under SAMAMA – Company) King Fahad Central Hospital

May, 2009 – March 15, 2010 Jizan, K.S.A (Under S.O.P)

• March 2005 to March 2006 Staff Nurse

Baybay Doctors' Hospital

Baybay, Leyte

• January 2003 – October 31 2003 Staff Nurse

Madserud Sykehjem Madserud Nursing Home

Oslo, Norway

• June 5, 2000 – December 31,2000 Medical/Clinical Secretary
San Bernardo Medical Clinic

• November 30, 1991 – August 30, 1993 Staff Nurse

Green Crescent Health Services

Riyadh, Saudi Arabia

• July 1,1983 – February 11, 1985 Staff Nurse

Reinstated Feb.26, 1990 – June 30, 1991 Western Leyte Prov. Hospital

Baybay, Leyte

#### NURSING RESPONSIBILITIES

- Utilities the nursing to asses, plan, implement and evaluate patient in accordance with established policies & procedure, provide guidance direction & coordination or assignes personnel in activities directed towards standards of patient care, safety and infection control.

- Assist the doctor in performing special procedure.

- Ensure clean, safe & orderly environment in the area.

- Relay problem if patient to his/her attending physician.

- Administer IV meds & oral meds & observe the right of patient/client.

- Attend nursing studies to uplift quality nursing care are placed in the chart & relay abnormalities physician – once for further management.

#### SEMINARS/TRAINING

Nov. 21, 2007 Year 2007 Epilepsy Update: Women & Newborns

With Epilepsy

(King Fahad CentraL Hopital – Jizan)

K.S.A

Feb.2009 CPR Training

(Saudi Heart Association and American Heart Association) (Jazan Health Affairs Directorate Scholarship and Training

Department

KFCH – Jizan, K.S.A

Nov. 21, 2006 Cardiac Emergencies Symposium

King Fahad Central Hospital

Jizan, K.S.A

June 9-10, 2009 Diabetes Conference Metanolid Syndrome

KFCH – Jizan, K.S.A

# PROFESSIONAL MEMBERSHIP

- Philippine Nurses Association

### **REFERENCES**

Dr. Nonie Cabal, MD DPPS Chief Executive Officer Baybay Doctors' Hospital Baybay City, Leyte Baybay Doctors' Hospital Baybay City, Leyte

Mr. Shawqi Mohammed Alam

Project Manager (Samama Company)

Dr. Evelyn C. Cabal, MD

Medical Director

Baybay Doctor's Hospital Mr. Ahmad Attafi Baybay City, Leyte Nursing Director

King Fahad Central Hospital

Mrs. Norita E. Gorre – RN

Chief Nurse

Jizan, K.S.A

KFCH, Jizan, K.S.A