

MA.LORIEMAE M. ABASOLA

Brgy. Doos del Sur Hindang, Leyte
Contact No. 09468644072
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PERSONAL INFORMATION

Date of Birth:	July 29, 1998
Citizenship:	Filipino
Sex:	Female
Civil Status:	Single
Height:	5'0 ft.
Weight:	45 kg.
Religion:	Roman Catholic

CAREER OBJECTIVE

To teach and share my knowledge and experiences to students in a motivational way that is understanding to all students' needs; to provide leadership in the classroom; to keep embraced on the new technology and new teaching techniques and to be always a good teacher I can be.

EDUCATION

Tertiary:	VISAYAS STATE UNIVERSITY Visca Baybay City, Leyte Bachelor of Science in Agribusiness 2014-2018
Secondary:	BONTOC NATIONAL HIGH SCHOOL Brgy. Bontoc Hindang, Leyte 2011-2014
Elementary:	DOOS SUR ELEMENTARY SCHOOL Brgy. Doos del Sur Hindang, Leyte 2004-2011

PERSONAL SKILLS

- Communication skills
- Honesty
- Work ethic
- Adaptability

- Determination and persistence
- Ability to work in harmony with co-workers
- Eager and willing to gain new information, expand knowledge and explore new ways of doing things

TECHNICAL SKILLS

- Oriented in Microsoft Office Application such as:
 - ✓ Microsoft Office Word
 - ✓ Microsoft Excel
 - ✓ Microsoft Powerpoint
- Business Plan Writing
- Marketing Skills
- Management Skills

SEMINARS AND TRAININGS ATTENDED

SABS Orientation-Seminar and Socials

VSU, RDE Hall, Visca Baybay City, Leyte
September 3, 2016

Seminar -Workshop on Entrepreneurship and Business Proposal Writing

VSU, CCE Building, Visca Baybay City, Leyte
November 5, 2016

Entrepreneurship and Export Competitiveness Seminar

VSU, CCE Building, Visca Baybay City, Leyte
March 17, 2017

Investment Literacy Seminar

VSU, Convention Hall, Visca Baybay City, Leyte
September 6, 2017

Marketing Management Seminar

VSU, Beach Resort, Visca Baybay City, Leyte
March 25, 2018

Marketing Organic Fruit Vegetables

Teraoka Farms, Inc., Mangatarem, Pangasinan
January 15, 2018- March 21, 2018

Basic Training on Restaurant Operations

Chowking Training Centre Pioneer, Pasig City Philippines
August 30, 2018- October 12, 2018

Enhancing E-Learning Through the use of OBS studio and Excel QM Applications

VSU, Department of Economic Building, Visca Baybay City, Leyte
May 31, 2021

ACHIEVEMENTS AND RESPONSIBILITIES

Cum Laude

Visayas State University
June 15, 2018

Salutatorian

Bontoc National High School
March 28, 2014

Valedictorian

Doos Sur Elementary School
March 30, 2011

Vice-President

Supreme Student Government (SSG)
Bontoc National High School (2013-2014)

PROFESSIONAL LICENSE

Civil Service Eligibility (2018)

WORK EXPERIENCE

Assistant Restaurant Manager, Chowking Heart Center

Matalino St. East Avenue, Diliman, Quezon City
August 31, 2018 – August 31, 2020

Part-Time Instructor

VSU, Department of Business and Management, Visca Baybay City, Leyte
March 15, 2021- July 16, 2021

CHARACTER REFERENCES

- Mr. Ronell Absalon
Group Manager, Pro-Heart Food Corporation
Contact No. 09228796990
- Jenecil P. Saniel
Restaurant Manager, Chowking Heart Center
Contact No. 09496703833
- Mrs. Hera Paz B. Yamson
Principal, Bato National High School
Contact No. 09171425939

I hereby certify that the above statement are true and correct to the best of my knowledge and belief.



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