

# MILDRED SEMINO RAÑON, RN, USRN

AREA 3, COGON, BAYBAY CITY, LEYTE

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## CAREER OBJECTIVE

A hard-working individual who is willing to go through challenging positions that her knowledge, skills, and attitude can be applied and enhanced; likewise, to contribute to the success of the institution, together with colleagues, by being competent and competitive in fulfilling any duties and responsibilities.

## EDUCATIONAL BACKGROUND

### TERTIARY

**Saint Michael College, *Hindang, Leyte***

**Bachelor of Science in Secondary Education (2017-2018)**

**University of Perpetual Help System Dalta, *Las Piñas City, Metro Manila***

**Bachelor of Science in Nursing (2004 – 2007)**

Achievements:

- Consistent Dean's list
- Class Vice President
- Ranking: Top 24 out of 1547 nursing graduate of batch 2007 with GPA of 90% and RLE grade of 89%.

**Philippine Normal University, *Prosperidad, Agusan Del Sur***

**Bachelor of Secondary Education Major in English (2002 – 2003)**

Achievements:

- Dean's list for two semesters

**Visayas State University formerly *Leyte State University, Baybay City, Leyte***

**Bachelor of Animal Science (2001-2002)**

### SECONDARY

**Sta. Maria National High School, *Trento, Agusan Del Sur (1997 – 2001)***

Achievements:

- First Honorable Mention
- Chess Player of the Year
- Editor-in-chief of the school paper (The Ringing Bell)
- Math Olympiad School Representative Provincial level
- Science Fair School Representative Provincial level
- Treasurer of School Body Organization

### PRIMARY

**Upper Calumpang Adventist Elementary School, *Calumpang, General Santos City (1991 – 1997)***

Achievements:

- Consistent First Honor
- Most Outstanding Student
- Class President



## TRAININGS ATTENDED

### **“Basic Life Support: Cardiopulmonary Resuscitation for Health Care Providers”**

**Philippine National Red Cross - Las Piñas Sub-Chapter** (*August 13-14, 2007*)

### **“Standard First Aid Training”**

**Philippine National Red Cross - Las Piñas Sub-Chapter** (*August 15-17, 2007*)

### **“Basic I.V. Training Program”** (Medical Center Muntinlupa)

Accredited by the **Association of Nursing Service Administrators of the Philippines, Inc. (ANSAP)**  
(*February 27-29, 2008*)

## WORK EXPERIENCE

<b>PUBLIC HEALTH ASSOCIATE</b>	<b>Department of Health Region VIII</b> ( <i>2020 – 2022</i> )
<b>MEDICAL SURGICAL STAFF NURSE</b>	<b>University of Perpetual Help Medical Center</b> ( <i>April 2008 – February 2009</i> )
<b>VOLUNTER STAFF NURSE</b>	<b>Democrito O. Plaza Memorial Hospital</b> ( <i>November 21-December 22, 2007</i> ) Medical Ward Duties and Responsibilities: <ul style="list-style-type: none"><li>• Admit patient from Emergency Room.</li><li>• Carry out Doctor’s order.</li><li>• Charting and Provide nursing care to admitted patient which includes administration of medication, reinsertion of IV cannula, ECG monitoring and other nursing procedures.</li></ul>
<b>COMPANY NURSE</b>	<b>MEDPRO – Hewlett Packard, Makati City, Metro Manila</b> ( <i>April 15, 2008</i> ) Duties and Responsibilities: <ul style="list-style-type: none"><li>• Attend to the health-related needs of the employees and provide health teaching how to improve their health and free from illness.</li><li>• Develop and implement nursing care plans and keep medical records of employees.</li><li>• Administer nursing care to employees who are ill and injured</li><li>• Provide first aid and refer patients to nearest hospital for the continuity of care.</li><li>• May advice on health maintenance and disease prevention or provide case management.</li></ul>
<b>PART TIME PRIVATE NURSE</b>	( <i>March 8, 2008</i> ) Duties and Responsibilities: <ul style="list-style-type: none"><li>• Vital signs monitoring</li><li>• Administration of medication</li><li>• Ensures client safety</li><li>• Assist patient in performing daily activities</li></ul>

## PERSONAL INFORMATION

**Date of Birth:** February 3, 1984

**Place of Birth:** Sta. Maria, Trento, Agusan Del Sur

**Gender:** Female

**Age:** 39

**Height:** 5'4

**Civil Status:** Married

**Citizenship:** Filipino

**Religion:** Seventh-Day Adventist

## SKILLS AND INTEREST

- Knows how to deal with other people from all walks of life.
- Knowledgeable in clerical works such as typing, filing, and encoding
- Willing to work under time pressure, customer service oriented.
- Dedicated to work with a positive attitude.
- Committed to serving my client with the best of my abilities.
- Trained to be patient and empathetic to my client
- Computer savvy specifically using MS Office.