

# Curriculum Vitae

Name: **JOHN CLARK M. MESIAS**  
Age: 27  
Sex: Male  
Birthday: December 21, 1994  
Birth place: Julita, Leyte  
Nationality: Filipino  
Religion: Roman Catholic  
Language: Waray, Filipino and English



## Educational Background:

**Elementary:** Julita Central Elementary School S.Y.  
2006-2007

**Secondary:** Julita National High School  
S.Y. 2010-2011

**Tertiary:** Visayas State Univeristy Tolosa  
Tanghas, Tolosa Leyte  
Bachelor of Secondary Education Major in  
MAPEH  
S.Y. 2014-2015  
Cum Laude

**Graduate Studies:** Leyte Normal University  
Tacloban City Philippines  
Master in Physical Education  
S.Y. 2021-2022  
With Thesis Title: *“Out-of-Field Public Senior High  
School Teachers’ Competencies and Challenges in  
Teaching Physical Education”*

**Post-Graduate Studies:** Eastern Visayas State University-Main Campus  
Tacloban City Philippines  
Doctor of Philosophy Major in Educational  
Programs Management (*on-going*)

**Qualifications:** Computer literate, hardworking, able to manage multi tasks.

**Honors and Award:** College Supreme Student Council Auditor  
Best in Practice Teacher  
Cum Laude

## SEMINARS ATTENDED:

- ✓ **Symposium on Media Information Literacy** (*served as Resource Speaker on Cyberbullying*)  
*Burauen Comprehensive National High School*  
*February 19, 2019*

- ✓ **Reorientation Program: Teaching in the 21<sup>st</sup> Century** (*served as Resource Speaker on Classroom Management*) Department of Teacher Education, Visayas State University-Tolosa  
August 25, 2017
- ✓ **National Annual Convention on PE, Wellness, Sports & Recreation**  
*National Association for Physical Educators, Rizal Memorial Sports Complex*  
February 22-25, 2017
- ✓ **Seminar Workshop on Lesson Planning, T.O.S. Making, Classroom Management, and IMs Making**  
Department of Teacher Education, Visayas State University-Tolosa  
August 17-19, 2016
- ✓ **National Webinar on Qualitative Research**  
Date: April 26-28, 2021  
Conducted by: ACE IT UP Center for Learning and Development, Ugong Valenzuela City  
Philippines
- ✓ **Kanta Binisaya: Promoting and Understanding Eastern Visayan Musical Culture, Heritage and Identity**  
Date: June 24, 2021  
Conducted by: Visayas State University-Tolosa Sports and Cultural Affairs
- ✓ **Research Ethics for Teachers and Students**  
Date: October 13, 2021  
Conducted by: Teaching and Learning Resource Center, University of the Philippines Cebu,  
Cebu City
- ✓ **International Conference 2021 on Global Leadership and Management in Higher Education: Innovations and Best Practices**  
Date: October 28-29, 2021  
Conducted by: SEAMEO Regional Training Center Vietnam (SEAMEO Retrac)

#### **Experiences:**

Teacher II	Department of Education Burauen Comprehensive National High School-SHS June 2018-Present
Prof. Ed. and P.E. Instructor	Visayas State University-Tolosa July 2015-May 2018
Part-time P.E. Instructor	Eastern Visayas State University Burauen Campus S.Y. 2016-2017
Part-time P.E. Instructor	ACLC College Tacloban S.Y. 2015-2016
Documenter	Plan International 2014-2015

#### **Affiliations:**

Deputy Minister/Ambassador	<i>International Association of Physical Education and Sports (IAPES) Incorporated</i>
Officiating Official (Lawn Tennis)	<i>Department of Education Division of Leyte</i>

Vice-President

*Visayas State University-Tolosa Campus Alumni Association  
College of Education*

Member

*National Association of Physical Educators (NAPE)*

Member

*Philippine Association for Teachers and Educators (PAFTE)*

**CHARACTER REFERENCES:**

**MR. DANILO D. LERIOS**

*Head, Sports and Cultural Affairs  
Visayas State University-Tolosa Campus  
0918-439-0817*

**ANDREA ROA BOCO**

*Founder, One Block for Batug/Int'l Yoga  
Hongkong Based  
+852-9137-6269 (*

I hereby certify that the above-mentioned information are true and correct to the best of my knowledge and belief.



**JOHN CLARK M. MESIAS, LPT, M.P.E.**

*Applicant*