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MARK GILBERT SINSUAN MILALLOS

WORK & VOLUNTEER EXPERIENCE:

August 2021 – Present	<u>CEBU NORMAL UNIVERSITY – MAIN CAMPUS</u> <i>Faculty, College of Nursing</i>	<i>Osmeña Boulevard., Cebu City</i>
July 2021 – December 2021	<i>University Research Associate</i> <i>Project Title: Future Proofing Central Visayas Against Pandemics: A Roadmap Study</i>	
April 2020 – March 2021	<u>DEPARTMENT OF HEALTH REGION VII</u> <i>Nurse II</i>	<i>Osmeña Boulevard., Cebu City</i>
January 2020 – Present	<u>MEDICAL ONE SOLUTIONS PHILS., INC.</u> <i>Reliever Nurse (Part Time)</i>	<i>Cebu City</i>
December 2019 – Present	<u>AVENTUS MEDICAL CARE, INC. (VARIOUS SITES)</u> <i>Occupational Health Nurse (Reliever)</i>	<i>Cebu City</i>
January 2019 – April 2020	<u>COGNIZANT TECHNOLOGY SOLUTIONS, INC.</u> <i>Senior Process Executive – Data</i> <i>Utilization Management Nurse</i>	<i>Cebu IT Park, Cebu City</i>
June 2016 – December 2018	<i>Process Executive – Data</i> <i>Utilization Management Nurse</i>	
July 2014 – April 2016	<u>EXL SERVICE INC., PHILIPPINES</u> <i>Nurse Associate</i> <i>Specialty Pharmacy Precertification/Prior-Authorization Nurse</i>	<i>Cebu IT Park, Cebu City</i>
April 2012 – January 2014	<u>STREAM GLOBAL SERVICES</u> <i>Customer Service Professional</i> <i>Product Support Specialist for Satellite Radios</i>	<i>Cebu IT Park, Cebu City</i>
December 2011 – June 2012	<u>PHILIPPINE RED CROSS – CEBU CHAPTER</u> <i>Emergency Medical Technician / Ambulance Nurse (Volunteer)</i>	<i>Osmeña Boulevard., Cebu City</i>
November 2010 – July 2011	<u>ASSUMPTION COLLEGE THONBURI</u> <i>Nurse</i>	<i>Bang Khae, Bangkok, Thailand</i>
August 2010 – October 2010	<u>CORDIA COMMUNICATIONS, INC.</u> <i>Sales Specialist</i>	<i>Cebu IT Park, Cebu City</i>

PROFESSIONAL EXAMINATIONS:

January 2014	Licensure Examination for Professional Teachers (Passed) License No.: 1288646
\July 2010	Nurses Licensure Examination (Passed) License No.: 0659917

PROFESSIONAL ORGANIZATIONS:

Philippine Nurses Association (PNA) Lifetime Member	American Association of Men in Nursing (AAMN) Member
Association for Men in Nursing of the Philippines (AMNP) Founding Member	

EDUCATIONAL BACKGROUND:

January 2019 – December 2024	Cebu Normal University Doctor of Science in Nursing Major in Gerontology Nursing <i>Dissertation Title: EnvironMental Nurscaping as Caring in Nursing: A Practice Theory in the Care of Older Adults</i>	<i>Osmeña Boulevard., Cebu City</i>
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November 2014 – December 2018	Cebu Normal University Master of Science in Nursing Major in Medical Surgical Nursing Thesis: <i>From Testing to Coping: The Voices of People Living with HIV/AIDS</i>	Osmeña Boulevard., Cebu City
April 2013 - April 2014	Cebu Technological University – Main Diploma in Professional Education Major in Biological Sciences	MJ Cuenco Ave., Cebu City
April 2006 – April 2010	University of Cebu – Banilad Bachelor of Science in Nursing Service Award – Nursing Student Body Organization Service Award – Penlight: The Official Publication of the University of Cebu College of Nursing	Banilad, Cebu City
June 2002 – March 2006	New Ormoc City National High School High School Diploma	Ormoc City, Leyte
June 1995 – March 2001	Ormoc City Central SpEd Center Elementary School Diploma	Ormoc City, Leyte

SHORT TERM COURSES:		
November 2023	Understanding Dementia Massive Open Online Course University of Tasmania Wicking Dementia Research and Education Centre	
October 2023	Preventing Dementia Massive Open Online Course University of Tasmania Wicking Dementia Research and Education Centre	
August 2023	Understanding Traumatic Brain Injury University of Tasmania Wicking Dementia Research and Education Centre	

TRAININGS AND SEMINARS:	
<ul style="list-style-type: none"> • Writing Gender and Development (GAD) Related Research Proposals at Tandang Sora Nursing Hall by Center for Research and Development, Cebu Normal University, March 2022 • Writing a Good Thesis/Dissertation Proposal: A Touch of the New Normal by the Graduate School Students’ Organization, Cebu Normal University, December 2020 via Zoom online meetings • Training on the Conduct of Systematic Reviews by Center for Research and Development, Cebu Normal University, August 2021 via Zoom online meetings. • Conducting Focus Group Discussions by Center for Research and Development, Cebu Normal University, August 2021 via Zoom online meetings. • Writing a Publishable Paper by Center for Research and Development, Cebu Normal University, August 2021 via Zoom online meetings • Writing Researches Utilizing Phenomenological Design by Center for Research and Development, Cebu Normal University, July 2021 via Zoom online meetings • 4th Department of Health Central Visayas Center for Health Development Regional Research Congress, June 2021 via Zoom online meetings • 5th Summer Conference 2021 "Nurses: A Voice to Lead - A Vision for Future Healthcare" by Philippine Nurses Association, Inc., May 2021 via Zoom online meetings • GNAP Virtual 2020: Managing Older Persons with Frailty: Interprofessional Approach by Gerontology Nurses Association of the Philippines, Inc. August 2020 via Zoom online meetings • Basic Phlebotomy Training by Department of Health Subnational Blood Center for Visayas at the Central Visayas Center for Health Development COVID-19 Center, Old Sacred Heart Campus, Lorega-San Miguel, Cebu, Philippines. June 2020 • Training on Functional Nursing by Vicente Sotto Memorial Medical Center, B. Rodriguez St., Cebu City. April 2020 • Building Student Character inside the Classroom (Online) by Vibal Group, Inc. March 2020 • Philippine Nurses Association Cebu Chapter 83rd Founding Anniversary, Annual Regional Convention and General Assembly at Casino Español de Cebu, Cebu, Philippines. July 2020 • Seminar on Issues and Problems in Gerontology Nursing at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. April 2019 • Acute Care: Nurses Role and Skills at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. December 2018 • Florence Nightingale International Nurses Day Seminar 2017 at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. June 2017 • Dispute Settlement: Arbitration and Bargaining at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. March 2017 • Challenging Norms to Evidence-Based Practices: A Key Role of Nurses and Nurse Managers at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. March 2016 • ASEAN Integration: Impact to the Future of Nurses and Nurse Managers at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. October 2015 	

RESEARCH CONFERENCES AND PRESENTATIONS:

- “The deductive axiomatic approach in developing the EnvironMental Nurscaping as Caring in Nursing: A Wellness Theory.” **Oral presentation** at the International Conference of Nurses 2023 (ICoNs12), Golden Peak Hotel & Suites, Cebu City. November 2023
- “Defining Incarceration: Stories of Older Persons Deprived of Liberty.” **Oral presentation** at the International Conference of Nurses 2022 (ICoNs11), Mezzo Hotel, Mabolo, Cebu City. November 2022
- “The Road to Recovery and Role Modeling: The Journey of Persons Undergoing a Community-Based Drug Rehabilitation Program.” **Oral Presentation** at the 2021 International Conference on Methodological Advances in Research (ICMAR), via Zoom Online Meeting, Visayas-Mindanao Consortium for Journal Publication Inc., (VMCJPI) in partnership with Bukidnon State University, December, 2021.
- **Session Manager/ Organizer**, International Conference of Nurses 2021 (ICoNsX), via Zoom Online Meetings, Cebu Normal University, Cebu, Philippines, November 2021
- CNU Virtual Research Conference 2021, via Zoom Online Meetings, Cebu Normal University, Center for Research and Development, Cebu, Philippines, October 2021
- “From Testing to Coping: The Voices of People Living with HIV/AIDS.” **Oral and Infomercial presentation** at the International Conference of Nurses 2019 (ICoNs9), Teaching Arts Centrum Auditorium, Cebu Normal University, Cebu, Philippines. November 2019
- “From Testing to Coping: The Voices of People Living with HIV/AIDS.” **Oral presentation** at the 2nd Biennial Conference on Nursing Education, Practice, and Research, Bayfront Hotel Cebu, Cebu, Philippines. August 2019
- “Going Beyond Skin Deep: Life After Leprosy.” **Oral presentation** at the 2nd Biennial Conference on Nursing Education, Practice, and Research, Bayfront Hotel Cebu, Cebu, Philippines. August 2019
- **Panelist**: Oral Defense, Grade 11 Practical Research I Course, Apas Integrated Senior High School, March 2019
- “Going Beyond Skin Deep: Life After Leprosy.” **Oral presentation** at the 2nd Global Conference on Nursing and Healthcare, DoubleTree by Hilton Hotel London Heathrow Airport, London, United Kingdom. August 2018
- 3rd Annual Central Visayas Health Research and Innovation Conference at Cebu Normal University, Cebu, Philippines. May 2018
- “Going Beyond Skin Deep: Life After Leprosy.” Awarded ‘**Best Podium Presenter**’ at the International Conference of Nurses 2017 (ICoNs7), Marco Polo Plaza Hotel, Cebu, Philippines, November 2017
- “Going Beyond Skin Deep: Life After Leprosy.” Awarded ‘**Best Oral Presentation**’ at the 2nd Borneo International Nursing Conference, Aston Pontianak Hotel and Convention Center Pontianak City, West Kalimantan, Indonesia, August 2017
- “Going Beyond Skin Deep: Life After Leprosy.” Awarded ‘**2nd place Poster Presentation Category**’ and ‘**Winner – Infomercial Presentation**’ at the 2nd Annual Central Visayas Health Research and Innovation Conference, Waterfront Cebu City Hotel, Cebu, Philippines, June 2017
- “Going Beyond Skin Deep: Life After Leprosy.” Awarded ‘**2nd place Oral presentation,**’ ‘**Winner – Poster Presentation,**’ and ‘**Winner – Infomercial Presentation**’ at the Research Congress 2017, Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines, March 2017
- 2015 CNU National Research and Extension Congress Managers at Cebu Normal University, Cebu, Philippines. November 2015

RESEARCH PUBLICATIONS:

- Milallos, M. G. S. and Cutamora, J. C. (2024). Defining incarceration: Stories of older persons deprived of liberty. *Philippine Journal of Nursing*, 94(2) 4-14.
- Pananganan, J. M. C., Milallos, M. G. S. and Lapa, M. M. I. M. (2024). The consequences of the COVID-19 pandemic on human development, education and social welfare: A case of Central Visayas. *International Journal of Disaster Risk Reduction*, 104787. <https://doi.org/10.1016/j.ijdr.2024.104787>
- Dumaguing, J. J. M., Sonido, M. P., Quimque, E. A., Milallos, M. G. S., and Bejoc, J. A. (2021). The road to recovery and role modeling: The journey of persons undergoing a community-based drug rehabilitation program. *The Malaysian Journal of Nursing*
- Garcia, I. C. D. and Milallos, M. G. S. (2021). Airway management in a patient with an incidental finding of vallecular cyst during induction of general anesthesia. *Malaysian Journal of Medical Research*, 5(1) 1-5. doi: 10.31674/mjmr.2021.v05i01.001
- Milallos, M. G. S. and Cutamora, J. C. (2019). From testing to coping: The voices of people living with HIV/AIDS. *Philippine Journal of Nursing*, 89(2) 21-27.
- Milallos, M. G. S. and Basubas, S. M. R. (2019). Going beyond skin deep: Life after leprosy. *The Malaysian Journal of Nursing*, 10(4) 24-32. doi:10.31674/mjn.2019.v10i04.004