



# DUNHILL DUFRENS

Health and Physical Education Teacher

## About Me

Experienced Educator with 13+ years of teaching primary to high school students.

Demonstrated success in advancing education through research and innovation.

Skilled in team leadership and fostering collaboration within organizations.



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Rich Park Condo, Suan Luang, Bangkok

## LANGUAGE

- English (Fluent)
- Filipino (Native Language)
- Thai (Basic)

## EXPERTISE

- Health and Fitness
- Physical Activities
- Organization
- Creativity
- Leadership
- Teamwork
- Communication
- Computer Literacy
- Attention to Detail
- Research and Innovation

## EXPERIENCE

**King Mongkut's International Demonstration School - Whole School Health Education Teacher**  
2019 - 2024

Responsible for preparing lesson plans, educating students about the importance of health, and informing students of different dimensions of wellness, first aid, disease control, nutrition, human growth and development, and conflict resolution.

**Bromsgrove International School - Primary Teaching Assistant Year 4 Class**  
2018 - 2019

Support learning by reviewing material with students individually or in small groups. Uphold school and class rules to teach proper behavior effectively. Work collaboratively with the homeroom teacher

**Saint Joseph Bangna School - Teacher of Health and Physical Education** 2011 - 2018

Teach sports skills to students and teachers. Participate in sports activities, organize school events, and offer English instruction on sports and health. Promote sportsmanship and inclusivity in the school community.

## EDUCATION

**Saint Paul University Surigao**  
Bachelor of Physical Education  
2004-2009

**Mindanao State University - Iligan Institute of Technology**  
Master of Science in Physical Education  
2020-2024

## REFERENCES

Mr. Marc Bourget  
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