

**CAIDLANG, BERNADETTE**

**Poblacion Zone 16, 6521**

**Cellphone #: 09061781803**

**Email Address: [bernadettecaidlang070702@gmail.com](mailto:bernadettecaidlang070702@gmail.com)**



**OBJECTIVE:**

To leverage my education, passion for physical fitness, and instructional skills as a Physical Education Instructor at Visayas State University, fostering a supportive learning environment that promotes holistic student development and lifelong wellness.

**PERSONAL INFORMATION:**

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**Date of Birth:** July 07, 2002

**Place of Birth:** WLPH Baybay City

**Age:** 22

**Civil Status:** Single

**Nickname:** Berna

**Gender:** Female

**Mother:** Pamela V. Caidlang

**Occupation:** House Wife

**Father:** Andres Bonifacio I. Makahila

**Occupation:** Tricycle Driver

**EDUCATIONAL ATTAINMENT:**

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**Tertiary Education**

**School:** Eastern Visayas State University – Ormoc City Campus

**Degree:** Bachelor of Physical Education

**Address:** Brgy. Don Felipe Larrazabal, Ormoc City, Leyte

**School Year:** 2023-2024

**Secondary Education:**

**Junior High School**

**School:** Baybay National High School

**Address:** 30 De Diciembre Street

**School Year:** 2019-2020

**Senior High School**

**School:** Baybay City Senior High School

**Address:** 30 De Diciembre Street

**School Year:** 2017-2018

**Elementary School:**

**School:** Pres. Carlos P. Garcia Elementary School

**Address:** Zone 20, Baybay City

**School Year:** 2013-2014

**WORK EXPERIENCE:**

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**Internship Practice Teaching**

New Ormoc City National High School

60 Hours

**Seminars/Trainings:**

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- A member of the DANCESPORT TEAM OF ORMOC CITY.
- Lucy and Richard's Talents.
- Competed in regional and national dancesports competition.
- Student-athlete of EVSU-OCC
- Attended dancesport workshops and conferences.
- Special Program In the Arts Alumna major in dance at Baybay National High School

**AWARDS:**

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**INTERNATIONAL LEVEL**

11<sup>TH</sup> PHILIPPINE SUMMER BALL DANCE FESTIVAL INTERNATIONAL OPEN

- BRONZE MEDALIST- FESSAP University- Tertiary Visayas Leg Latin
- FINALIST- Special Event 1C

**NATIONAL LEVEL**

WORLD DANCESPORT FEDERATION (WDSF) CEBU OPEN & PDSF 3<sup>RD</sup>  
QUARTERLY RANKING AND COMPETITION 2023 (CEBU CITY)

- SEMI- FINALIST - Adult Grade C
- SEMI-FINALIST- Grade D1

***REGIONAL LEVEL***

- BRONZE MEDALIST- R8SCUAA Dancesports Competition 2023 (VSU, Baybay City, Leyte)
- 5<sup>th</sup> PLACER- R8SCUAA Dancesports Competition 2022 (SLSU, Southern Leyte)
- ACADEMIC ACHIEVER
- ATHLETIC AWARDEE