



VISAYAS STATE UNIVERSITY

MAIN CAMPUS

(Formerly Visayas State College of Agriculture and Leyte State University)

UNIVERSITY REGISTRAR

Visayas State University, Baybay City, Leyte 6521-A, Philippines
Phone: +63 53 565 0600
Local No(s): 1010, 1066, 1067, 1137, 1138, 1136, 1139, 1140
Email: registrar@vsu.edu.ph
Website: www.vsu.edu.ph

OFFICIAL TRANSCRIPT OF RECORDS

Student Name : OPON, JON JAY BOHOLST
Student Number : 19-1-00521
Date of Birth : August 30, 2000
Place of Birth : Cagcagan, Poro, Cebu
Sex : Male
Religion : Seventh-day Adventist
Citizenship : Filipino
Parent/Spouse : Mr. & Mrs. Ric G. Opon
Address : Luna, Ormoc City, Leyte
Guardian :
Address :



PRELIMINARY EDUCATION

Elementary : Ormoc Adventist Elementary School
Toog, Ormoc City, Leyte **Year** : 2013
Junior High School : Linao National High School
Linao, Ormoc City, Leyte **Year** : 2017
Senior High School : Ormoc City Sports Senior High School
Ormoc City Sports Complex, Ormoc City, Leyte **Year** : 2019
Entrance Credential : DepEd Form 138
Ormoc City Sports Senior High School
Ormoc City Sports Complex, Ormoc City, Leyte

GRADING SYSTEM:

NUMERICAL RATING

1.00
1.25
1.50
1.75
2.00
2.25
2.50
2.75
3.00
5.00

S - Satisfactory
U - Unsatisfactory
Au - Audit (No credit)

ADJECTIVAL RATING

Excellent
Highly Outstanding
Outstanding
Very Good
Good
Very Satisfactory
Satisfactory
Fair
Passing
Failure

Inc - Incomplete
DR - Dropped

EQUIVALENT ALPHABETIC RATING

A
A+
A-
B
B+
B-
C
C+
C-
F

One unit of credit is one hour lecture or recitation or three hours of laboratory work, drafting or shop work each week for the period of a complete semester.

The semester average of a student is computed by multiplying the number of units assigned to a course by the grade earned and the product divided by the total units earned for the semester.

Note: This transcript is considered original when it bears the seal of the University and the original signature of the University Registrar. Any erasure or alteration made on this copy renders the whole transcript invalid.

Not Valid
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Management System
ISO 9001:2015



Vision: A globally competitive university for science, technology, and environmental conservation.
Mission: Development of a highly competitive human resource, cutting-edge scientific knowledge and innovative technologies for sustainable communities and environment.

MIRIAM M. DE LA TORRE
TOIC, University Registrar

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No. 24-2770



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VISAYAS STATE UNIVERSITY, Visca, Baybay City, Leyte

19-1-00521: OPON, JON JAY BOHOLST

: Bachelor of Physical Education (BPED)

Course No.	Descriptive Title	Grade	Credit
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First Semester, SY 2019 - 2020

Comm 11	PURPOSIVE COMMUNICATION	1.50	3.0
Entr 11	THE ENTREPRENEURIAL MIND	1.75	3.0
Math 111n	HISTORY OF MATHEMATICS	DR	-
Math 113n	COLLEGE AND ADVANCED ALGEBRA	DR	-
Math 11n	MATHEMATICS IN THE MODERN WORLD	2.00	3.0
ScSc 11n	UNDERSTANDING THE SELF	1.75	3.0
ScSc 12n	READINGS IN PHILIPPINE HISTORY	2.00	3.0
NSTP 11r	RESERVE OFFICERS TRAINING CORPS (ROTC)	2.75	3.0
	Serial No. : LE-R20-000215		
PhEd 11n	MOVEMENT ENHANCEMENT	1.25	2.0

Second Semester, SY 2019 - 2020

Envi 11	ENVIRONMENTAL SCIENCE	2.50	3.0
Humn 12n	READING VISUAL ARTS	1.50	3.0
PrEd 123n	THE CHILD AND ADOLESCENT LEARNERS AND LEARNING PRINCIPLES	2.00	3.0
PrEd 125	THE TEACHING PROFESSION	2.25	3.0
PrEd 128n	FACILITATING LEARNER-CENTERED TEACHING	2.50	3.0
PrEd 129n	TECHNOLOGY FOR TEACHING AND LEARNING 1	2.25	3.0
PrEd 141n	THE TEACHER AND THE COMMUNITY, SCHOOL CULTURE AND ORGANIZATIONAL LEADERSHIP	1.75	3.0
NSTP 12r	RESERVE OFFICERS TRAINING CORPS (ROTC)	1.25	3.0
	Serial No. : LE-R20-000215		
PhEd 12n	FITNESS EXERCISE	1.75	2.0

First Semester, SY 2020 - 2021

PhEd 101	ANATOMY AND PHYSIOLOGY OF HUMAN MOVEMENT	INC	-
PhEd 103	PHILOSOPHICAL AND SOCIO ANTHROPOLOGICAL FOUNDATIONS OF PHYSICAL EDUCATION AND SPORTS	INC	-
PhEd 121	PHYSIOLOGY OF EXERCISE AND PHYSICAL EDUCATION	1.75	3.0
PhEd 123	INDIVIDUAL AND DUAL SPORTS (RACKET SPORTS, ATHLETICS & MARTIAL ARTS)	1.00	3.0
PhEd 125	CURRICULUM AND ASSESSMENT FOR PHYSICAL EDUCATION AND HEALTH EDUCATION	INC	-
PrEd 146n	ASSESSMENT IN LEARNING 1	1.25	3.0
ScSc 14n	PHILIPPINE INDIGENOUS COMMUNITIES	3.00	3.0
SpEd 117n	FOUNDATION OF SPECIAL AND INCLUSIVE EDUCATION	1.50	3.0
PhEd 13n	PHYSICAL ACTIVITIES TOWARDS HEALTH AND FITNESS 1	3.00	2.0

Second Semester, SY 2020 - 2021

Humn 11	ART APPRECIATION	INC 2.75	3.0
PhEd 120	PHILIPPINE TRADITIONAL DANCES	INC 3.00	3.0
PhEd 122	PHILIPPINE TRADITIONAL GAMES AND SPORTS	2.50	3.0
PhEd 124	PROCESS OF TEACHING PE AND HEALTH EDUCATION	INC	-
PhEd 126	PRINCIPLES, MOTOR CONTROL AND LEARNING OF EXERCISE, SPORTS AND DANCE	3.00	3.0
PhEd 139	SWIMMING AND AQUATICS	INC	-
PrEd 161n	ASSESSMENT IN LEARNING 2	INC	-
PhEd 14n	PHYSICAL ACTIVITIES TOWARDS HEALTH AND FITNESS 2	INC 2.00	2.0

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19-1-00521: OPON, JON JAY BOHOLST

: Bachelor of Physical Education (BPED)

Course No.	Descriptive Title	Grade	Credit
First Semester, SY 2021 - 2022			
PhEd 131n	COORDINATED SCHOOL HEALTH PROGRAM	1.50	3.0
PhEd 133n	PERSONAL COMMUNITY AND ENVIRONMENTAL HEALTH	3.00	3.0
PhEd 135	MOVEMENT EDUCATION	2.00	3.0
PhEd 137	TECHNOLOGY FOR TEACHING AND LEARNING 2	INC 3.00	3.0
PhEd 151	ADMINISTRATION AND MANAGEMENT OF PHYSICAL EDUCATION AND HEALTH EDUCATION PROGRAM	2.50	3.0
PrEd 131	BUILDING AND ENHANCING NEW LITERACIES ACROSS THE CURRICULUM	INC 2.75	3.0
PrEd 132n	THE TEACHER AND THE SCHOOL CURRICULUM	DR	-
Scio 11	GENDER AND SOCIETY	2.25	3.0
Second Semester, SY 2021 - 2022			
PhEd 130	EMERGENCY PREPAREDNESS AND SAFETY MANAGEMENT	INC 2.25	3.0
PhEd 132n	TEAM SPORTS (SOCCER/FOOTBALL, BASKETBALL, VOLLEYBALL, NON TRADITIONAL ULTIMATE HANDBALL, FLOORBALL, FUTSAL)	1.50	3.0
PhEd 134	SPORTS AND EXERCISE PSYCHOLOGY	DR	-
PhEd 136	DRUG EDUCATION, CONSUMER HEALTH EDUCATION AND HEALTHY EATING	DR	-
PhEd 138	INTERNATIONAL DANCE AND OTHER FORMS	2.25	3.0
PhEd 139	SWIMMING AND AQUATICS	INC 2.75	3.0
PhEd 156	MUSIC IN THE K-12 CURRICULUM	INC	-
PrEd 191	SPECIAL TOPICS	INC	-
Summer, SY 2021 - 2022			
PhEd 128	APPLIED MOTOR CONTROL AND LEARNING OF EXERCISE, SPORTS AND DANCE	1.75	3.0
PhEd 140	RESEARCH I	1.50	3.0
First Semester, SY 2022 - 2023			
Litr 135	CREATIVE WRITING	1.50	3.0
PhEd 101	ANATOMY AND PHYSIOLOGY OF HUMAN MOVEMENT	2.50	3.0
PhEd 103	PHILOSOPHICAL AND SOCIO ANTHROPOLOGICAL FOUNDATIONS OF PHYSICAL EDUCATION AND SPORTS	1.50	3.0
PhEd 125	CURRICULUM AND ASSESSMENT FOR PHYSICAL EDUCATION AND HEALTH EDUCATION	1.25	3.0
Phlo 11	ETHICS	2.25	3.0
PrEd 132n	THE TEACHER AND THE SCHOOL CURRICULUM	2.00	3.0
ScSc 13n	THE CONTEMPORARY WORLD	1.00	3.0
ScSc 16	LIFE AND WORKS OF RIZAL	1.25	3.0
ScTS 11	SCIENCE, TECHNOLOGY AND SOCIETY	1.00	3.0

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: Bachelor of Physical Education (BPED)

Course No.	Descriptive Title	Grade	Credit
Second Semester, SY 2022 - 2023			
PhEd 124	PROCESS OF TEACHING PE AND HEALTH EDUCATION	1.50	3.0
PhEd 134	SPORTS AND EXERCISE PSYCHOLOGY	1.50	3.0
PhEd 136	DRUG EDUCATION, CONSUMER HEALTH EDUCATION AND HEALTHY EATING	1.25	3.0
PhEd 156	MUSIC IN THE K-12 CURRICULUM	1.50	3.0
PrEd 153b	FIELD STUDY 1: OBSERVATIONS OF TEACHING-LEARNING IN ACTUAL SCHOOL ENVIRONMENT	1.25	3.0
PrEd 154b	FIELD STUDY 2: PARTICIPATION AND TEACHING ASSISTANTSHIP	1.25	3.0
PrEd 161n	ASSESSMENT IN LEARNING 2	2.25	3.0
First Semester, SY 2023 - 2024			
PrEd 200n	TEACHING INTERNSHIP	1.25	6.0
Second Semester, SY 2023 - 2024			
PrEd 191	SPECIAL TOPICS	1.75	3.0

Graduated on August 7, 2024 with the degree of Bachelor of Physical Education (BPED) as per VSU Board of Regents Resolution No. 85, s. 2024 dated June 7, 2024.

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REMARKS : FOR EMPLOYMENT

DATE ISSUED : July 30, 2024

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