Serah Jean S. Rentosa Brgy. Himo-aw, Hilongos, Leyte rentosa.serahjean@gmail.com 09501319105 August 01, 2023



OBJECTIVE

Dedicated and enthusiastic individual seeking a part-time instructor position for Bachelor of Physical Education, utilizing strong communication and instructional skills to foster an engaging learning environment for students.

PERSONAL DATA

Date of birth: 20 June 1999

Place of birth: Hilongos, Leyte

Civil Status: Single

Citizenship: Filipino

Height: 5 feet

Weight: 45 kgs

Father's Name: Serafin U. Rentosa

Mother's Name: Jenevith S. Rentosa

EDUCATIONAL BACKGROUND

Primary Himo-aw Elementary School

2006-2013

Secondary Hilongos National Vocation School

2013-2019

Tertiary Bachelor of Physical Education, Visayas State University

2019-2023

CERTIFICATIONS

- Certificate of Attendance, Pre-deployment Orientation Program for Practice Teachers Held on February 22-24, 2023 at VSU-RDE Hall
- Certificate of Participation, LAC session on "Leaving No One Behind" Given this 17th day of March 2023 at Baybay National High School, Baybay City, Leyte
- Certificate of Participation, Symposium on Gender Equality and Inclusive Society Given this 24th day of March 2023 at VSU Beach Garden, Visca, Baybay City, Leyte

CERTIFICATIONS

- Certificate of Recognition, Exemplary effort as Committee in Volleyball during the conduct of Superintendent Cup on March 18 & 31, 2023
 Given this 17th day of April 2023 at Baybay City Gymnasium, Baybay City, Leyte
- Certificate of Recognition, as Judge in the conduct of Poster Making Contest Given this 22nd day of March 22, 2023 at Baybay National High School, Baybay City, Leyte
- Certificate of Participation, Sports Clinic: Organizing, Managing, and Officiating Swimming Competition.
 Given this 3rd day of April 2023 at VSU, Visca Baybay City, Leyte
- Certificate of Participation, "Gender Equality, Disability, and Social Inclusions: Child-Centered Teaching Strategies"
 Given this 14th day of April 2023 at Baybay National High School, Baybay City, Leyte
- Certificate of Recognition, "STUDENT TEACHING INTERNSHIP COURSE at MAPEH Department-Baybay National High School.
 Given this 15th day of May 2023 at Baybay National High School, Baybay City, Leyte
- Certificate of Completion, Teaching Internship (360 hours) on March 7, 2023 to May 15, 2023
 Given this 16th day of May 2023 at VSU, Visca, Baybay City, Leyte

Teaching Experience

- Practice Teacher at Baybay National High School in Grade 7 and Grade 8 on March 7 to May 15, 2023.
 - Observed and learned from my Cooperating Teacher, while gaining insights on how to handle classroom management and student-teacher interactions.
 - Collaborated with my Cooperating Teacher to develop engaging lesson plans for Music, Arts, PE, and Health aligned with curriculum standards.
 - Establishing a positive learning environment, managing student behavior and teaching them on how to socialize.
 - Giving a concise instruction to students engaging a particular activity.
 - Regularly monitor and supervise the daily routine of the students.
 - Served as an officiating official at the highly anticipated school event, the Superintendent's Cup 2023 Basketball (Season 1 and 2), ensuring fair play and adherence to rules while fostering a positive and competitive atmosphere.
 - Honored with the opportunity to be a judge for the esteemed Gender and Equality Poster Making Contest, contributing to the promotion of inclusivity and receiving a certificate of recognition during the award ceremony.
 - Embarked on a new journey as a Taekwondo trainee, embracing the challenges and discipline of the martial art for the first time, showcasing determination and a commitment to personal growth.
 - Took the initiative to design and create a comprehensive and well-structured third quarterly
 exam questionnaire, aimed at assessing student knowledge and skills while promoting
 effective learning outcomes.
 - Skillfully managed and calculated third quarterly grades, meticulously analyzing student performance and progress, ensuring accuracy and fairness in evaluating their academic achievements.

Additional Experience

• Private Tutor of Primary, Elementary, and high school students

Skills:

- Computer Literate and Highly Proficient with the Microsoft Office Application like PowerPoint, Word, and Excel.
- Sports-Oriented (Softball/Baseball, Badminton, Swimming)
- Good Communication Skills (English, Tagalog, and Bisaya)
- Teaching Skills (can adapt all subjects especially MAPEH)