



RUEN SABANDO

PROFILE

A Development Communication graduate with a strong foundation in risk communication, development journalism, and community broadcasting. Passionate about advancing a career in the academe and social science research, particularly in areas aligned with the Sustainable Development Goals (SDGs). Committed to using the power of communication to drive meaningful change, foster community engagement, and contribute to evidence-based development efforts.

CONTACT

- 📞 0995 432 6884
- ✉️ ruensabando298@gmail.com
- 📍 Sto. Niño St., Poblacion, Albuera, Leyte

EDUCATION

- 2020 - 2024
VISAYAS STATE UNIVERSITY
- Bachelor of Science in Development Communication
- GPA: 1.40
- Magna Cum Laude
- Consistent President's Honor
- Top of VSU-DDC Class of 2024

SKILLS

- Effective Communication
- Critical Thinking
- Teamwork
- Time Management
- Computer Savvy
- Research Writing
- Hosting
- Journalism
- Radio Broadcasting
- Layout and Design

LANGUAGES

- English (Fluent)
- Cebuano (Fluent)
- Filipino (Fluent)

WORK EXPERIENCE

Human Resource Management and Development - VSU

MARCH 2025 - PRESENT

Training Assistant

- Assist the Training Coordinator in planning and organizing in-house Learning and Development (L&D) activities, with responsibilities including the preparation of activity designs, reports, and OP memoranda; layout and design of programs, certificates, and event materials; coordination with external resource persons; and hosting of L&D sessions.
- Provide technical assistance with the revision of HR manuals and systems.
- Maintain L&D databases.

Research, Innovation, and Extension Services Offices - SLSU

OCTOBER 2024 - MARCH 2025

Project-Based Research Staff

- Write methods and non-methods research for publication in Scopus-indexed journals.
- Assist in the conceptualization, design, and preparation of project proposals and required documentation for submission to government and non-government funding agencies.
- Serve as host for activities conducted by the RIES Office and as a lecturer for students on topics related to non-methods research and bibliometric analysis.

SCOPUS-INDEXED PUBLICATIONS

- Sabando, R. A., Sy, F. a. R., Lucero-Prisno, D. E., Ramirez, L. V., & Ogaya, J. B. (2025). Bridging the climate finance gap: COP-28's inadequate response for Southeast Asia. *Sustainability and Climate Change*, 18 (2), 69-70. <https://doi.org/10.1089/scc.2025.0008>
- Buscagan, M. C. Z., Sy, F. a. R., Prisno, D. E. L., Nierves, M. P., & Sabando, R. A. (2025). Sustainable Infrastructure: an Eco-Friendly solution in combating climate change. *Sustainability and Climate Change*, 18(1), 3-4. <https://doi.org/10.1089/scc.2024.0133>
- Sabando, R.A., Sy, F. a. R., & Lucero-Prisno, D. E. (2025). Exploring the Interconnectedness of Income Inequality, Food Security, and Global Hunger. *Journal of Nutrition and Food Security*, 10(3): 469-476.

REFERENCE

Dr. Christina A. Gabrillo

Dean, VSU-SAS

Phone: 0906 262 7974

Email: christina.gabrillo@vsu.edu.ph

Honey Sofia V. Colis

Director, VSU-HRMD

Phone: 0917 634 1490

Email: honey.colis@vsu.edu.ph