



presents this

Certificate of Achievement

to

CRIS MARIZ CONCEPCION L. PARAON

during the

2015 PSC-PINAY NATIONAL VOLLEYBALL LEAGUE

Given this 12th day of February 2015
At Bagong Buhay Covered Court, Ormoc City


HON. AKIKO THOMSON-GUEVARA
Commissioner-in-Charge
Women in Sports Program



Institute of Human Kinetics
VISAYAS STATE UNIVERSITY
Visca Baybay City, Leyte Philippines



CERTIFICATE of RECOGNITION

to

CRIS MARIZ CONCEPCION L. PAREAN

in gratefulness of the invaluable technical support
as **Officiating Official** during the
Visayas State University Founding Anniversary
Goodwill Games held on April 24, 2019,
held at the Visayas State University,
Visca Baybay City, Leyte.


EDILBERTO A. ARRIGA JR II
Coordinator, Goodwill Games


MARY JEAN M. SAPAN
Director, IHK

CERTIFICATE OF MEMBERSHIP

CRIS MARIZ CONCEPCION L. PARAON

As member of the **Visayas State University Varsity**

VOLLEYBALL WOMEN

2018- 2019
School Year

Given this 5th Day of April 2019 at the
VSU Guesthouse, Visca Baybay City, Leyte, Philippines


VICENTE B. ANTIPASO
Varsity Sports Coordinator


MARY JEAN M. SAPAN
VSU Sports Director



VISAYAS
STATE UNIVERSITY



awards this

Certificate of Appearance

to

CRIS MARIZ CONCEPCION L. PARAON

during the

2015 PSC-PINAY NATIONAL VOLLEYBALL LEAGUE

*Given this 12th day of February 2015
at Bagong Buhay Covered Court, Ormoc City*

HON. AKIKO THOMSON-GUEVARA

Commissioner-in-Charge
Women in Sports Program



awards this

Certificate of Participation

to

CRIS MARIZ CONCEPCION L. PARAON

during the

2015 PSC-PINAY NATIONAL VOLLEYBALL LEAGUE

*Given this 12th day of February 2015
at Bagong Buhay Covered Court, Ormoc City*

HON. AKIKO THOMSON-GUEVARA

Commissioner-in-Charge
Women in Sports Program

CERTIFICATE OF RECOGNITION

is hereby awarded to

for presenting the action research paper entitled

during the Field Action Research Defense
held on June 6, 2022 at VSU Library
Visayas State University


BAYRON S. BARREDO
Dean, College of Education

VISAYAS
STATE UNIVERSITY



Visayas State University
College of Education
Department of Science Education
Visca, Baybay City, Leyte


CERTIFICATE OF COMPLETION


This certificate is awarded to


Cris Mariz Concepcion L. Paraon

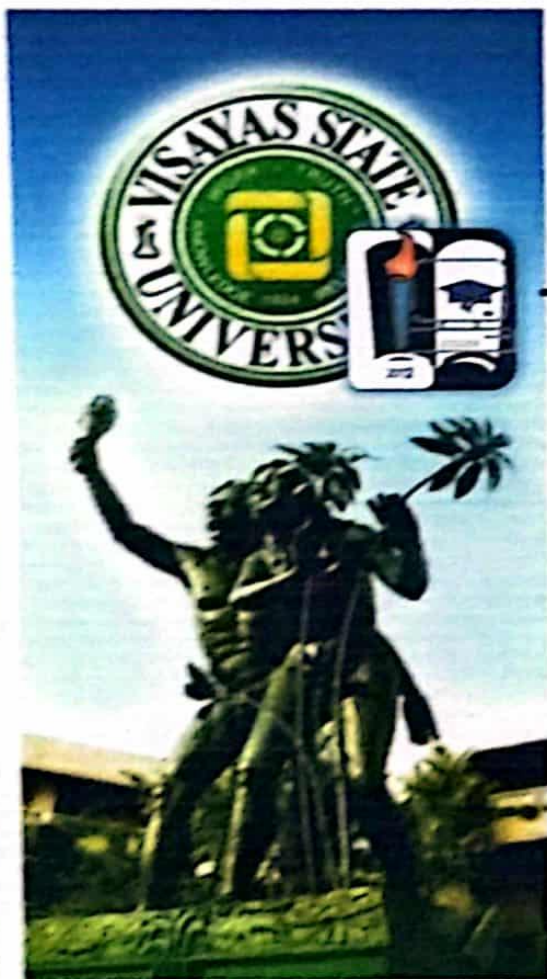
for satisfactorily completing the required number of hours
for Teaching Internship (360 hours)
on March 7, 2022 to May 27, 2022

Given this 28th day of May 2022 at VSU, Visca, Baybay City, Leyte


SHALOM GRACE C. SUGANO
*Principal, Visayas State University
Integrated High School*


ROGER O. LINGATONG
*Principal, Baybay City Senior High
School*


BAYRON S. BARREDO
Dean, College of Education



R08-20230113-005



Republic of the Philippines
Civil Service Commission
Palo, Leyte



Certification of Eligibility

This is to certify that **CRIS MARIZ CONCEPCION L. PARAON** has been granted **Honor Graduate** eligibility pursuant to Presidential Decree No. 907.

Issued upon the request of Ms. PARAON this 13th day of January 2023.

Date of Birth	DECEMBER 08, 1999
Place of Birth	BAYBAY, LEYTE
Book Number	-
Page Number	-
Seq./Line No.	-
Reg./Card/Cert. No.	100108230021
Date of Exam/Issuance/Grant	JANUARY 13, 2023
Place of Issuance	CSC RO VIII
Date of Effectivity	AUGUST 12, 2022
Date of Reg./Release	JANUARY 13, 2023

By Authority of the Commission


ATTY. FLORDELIZA C. ALGAS
Director III

WARNING :

Illegal use of this certification shall subject the owner and/or perpetrator to administrative sanction and/or criminal prosecution under RA 9416. Any alteration, erasure, or absence of the official dry seal of the Commission shall invalidate this certification.

22-13151040

PHILIPPINE ASSOCIATION OF STATE UNIVERSITIES AND COLLEGES - RS
STATE COLLEGES AND UNIVERSITIES ATHLETIC ASSOCIATION - RS



CERTIFICATE OF PARTICIPATION

PRESENTED TO:

CRIS MARIZ CONCEPCION L. PAKARAN

for actively participating as ATHLETE during the
34th Regional State Colleges and Universities
Athletic Association (SCUAA) Games
themed, "Bridging Islands Through Sports"
held at the Eastern Samar State University,
Borongan City, Eastern Samar
on December 9-14, 2018

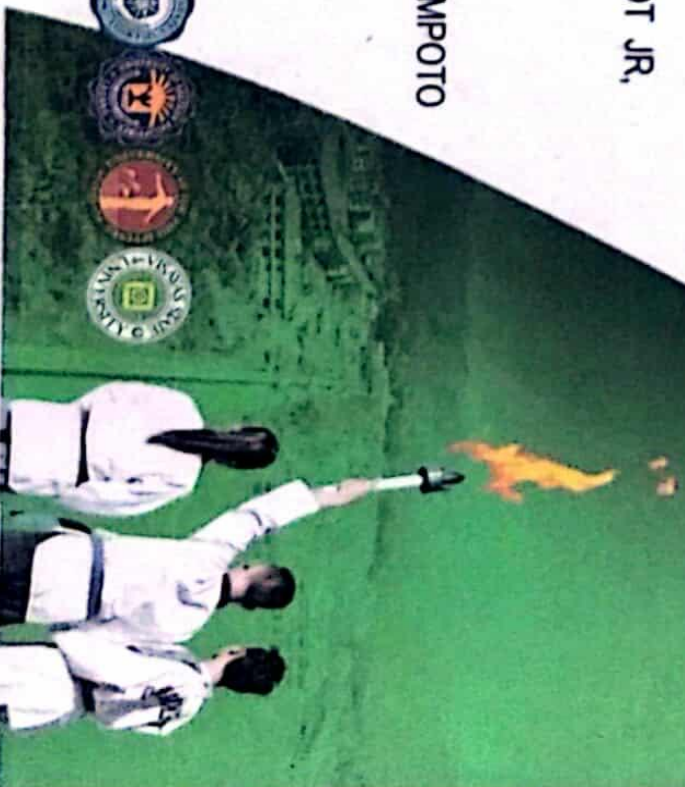
SIGNED:

Federico M. Suyot Jr.
FEDERICO M. SUYOT JR.,
SPORTS DIRECTOR

Dr. Edmundo A. Campoto
DR EDMUNDO A. CAMPOTO
ESU PRESIDENT



P18 - U017





Visayas State University
INSTITUTE OF HUMAN KINETICS
College of Education
Visayas State University
Visca, Baybay City, Leyte



CERTIFICATE OF RECOGNITION

CRIS MARIZ CONCEPCION L. PAKAON

for achieving **3rd place** in the FUN RUN in celebration of the 43rd Annual Anniversary of the Institute of Human Kinetics with a theme " Upholding Fitness Through the Years."

Given this March 26, 2019 at the New Track Oval of Visayas State University, Baybay City, Leyte Philippines.


ANDREW A. MAZO
Race Director


MARY JEAN M. SAPAN
IHK Director



CERTIFICATE of COMPLETION



is presented to

Cris Mariz Concepcion L. Parcon

for successfully completing 200 hours of teaching internship at the Arts and Design Department
of Baybay City Senior High School, Baybay City Division.

Given this 27th day of May, 2022 at Baybay City Senior High School, 30 de Diciembre Street,
Baybay City, Leyte.


ROGER O. LINDATONG
Principal IV