



VISAYAS STATE UNIVERSITY

MAIN CAMPUS

(Formerly Visayas State College of Agriculture and Leyte State University)

UNIVERSITY REGISTRAR

Visayas State University, Baybay City, Leyte 6521-A, Philippines

Phone: +63 53 565 0600

Local No(s): 1010, 1066, 1067, 1137, 1138, 1136, 1139, 1140

Email: registrar@vsu.edu.ph

Website: www.vsu.edu.ph

OFFICIAL TRANSCRIPT OF RECORDS

PERSONAL DATA

Student Name : POSAS, JULIET ESPERANZA
Student Number : 19-1-01264
Date of Birth : October 02, 2000
Place of Birth : Baybay, Leyte
Sex : Female
Religion : Roman Catholic
Citizenship : Filipino
Parent/Spouse : Mr. & Mrs. Renario P. Posas
Address : Brgy. Pomponan, Baybay City, Leyte
Guardian :
Address :



PRELIMINARY EDUCATION

Elementary : Pomponan Elementary School
Pomponan, Baybay City, Leyte **Year** : 2013
Junior High School : Pomponan National High School
Pomponan, Baybay City, Leyte **Year** : 2017
Senior High School : VSU Integrated High School
Visca, Baybay City, Leyte **Year** : 2019
Entrance Credential : SF9
VSU Integrated High School
Visca, Baybay City, Leyte

GRADING SYSTEM:

NUMERICAL RATING	ADJECTIVAL RATING	EQUIVALENT ALPHABETIC RATING
1.00	Excellent	A
1.25	Highly Outstanding	A+
1.50	Outstanding	A-
1.75	Very Good	B
2.00	Good	B+
2.25	Very Satisfactory	B-
2.50	Satisfactory	C
2.75	Fair	C+
3.00	Passing	C-
5.00	Failure	F
S - Satisfactory	Inc - Incomplete	
U - Unsatisfactory	DR - Dropped	
Au - Audit (No credit)		

One unit of credit is one hour lecture or recitation or three hours of laboratory work, drafting or shop work each week for the period of a complete semester.

The semestral average of a student is computed by multiplying the number of units assigned to a course by the grade earned and the product divided by the total units earned for the semester.

Note: This transcript is considered original when it bears the seal of the University and the original signature of the University Registrar.
Any erasure or alteration made on this copy renders the whole transcript invalid.

Not Valid
Without Seal

MIRIAM M. DE LA TORRE
VIC, University Registrar



Management System
ISO 9001:2015



www.tuv.com
ID 910855749

Vision: A globally competitive university for science, technology, and environmental conservation.
Mission: Development of a highly competitive human resource, cutting-edge scientific knowledge and innovative technologies for sustainable communities and environment.

Page 1 of 3
FM-REG-26
v1 06-30-2020

No. 23-4992



VISAYAS STATE UNIVERSITY

MAIN CAMPUS

(Formerly Visayas State College of Agriculture and Leyte State University)

UNIVERSITY REGISTRAR

Visayas State University, Baybay City, Leyte 6521-A, Philippines

Phone: +63 53 565 0600

Local No(s): 1010, 1066, 1067, 1137, 1138, 1136, 1139, 1140

Email: registrar@vsu.edu.ph

Website: www.vsu.edu.ph

OFFICIAL TRANSCRIPT OF RECORDS

VISAYAS STATE UNIVERSITY, Visca, Baybay City, Leyte

19-1-01264: POSAS, JULIET ESPERANZA

: Bachelor of Physical Education (BPED)

Course No.	Descriptive Title	Grade	Credit
First Semester, SY 2019 - 2020			
Comm 11	PURPOSIVE COMMUNICATION	2.00	3.0
Envi 11	ENVIRONMENTAL SCIENCE	1.75	3.0
PhEd 101	ANATOMY AND PHYSIOLOGY OF HUMAN MOVEMENT	2.00	3.0
PhEd 103	PHILOSOPHICAL AND SOCIO ANTHROPOLOGICAL FOUNDATIONS OF PHYSICAL EDUCATION AND SPORTS	1.75	3.0
ScSc 11n	UNDERSTANDING THE SELF	1.75	3.0
ScSc 12n	READINGS IN PHILIPPINE HISTORY	2.25	3.0
NSTP 11c	CIVIC WELFARE TRAINING SERVICE (CWTS)	1.25	3.0
Serial No. : C-08-054088-20			
PhEd 11n	MOVEMENT ENHANCEMENT	1.00	2.0

Second Semester, SY 2019 - 2020

Humn 12n	READING VISUAL ARTS	1.25	3.0
PrEd 123n	THE CHILD AND ADOLESCENT LEARNERS AND LEARNING PRINCIPLES	1.25	3.0
PrEd 125	THE TEACHING PROFESSION	1.25	3.0
PrEd 128n	FACILITATING LEARNER-CENTERED TEACHING	2.25	3.0
PrEd 129n	TECHNOLOGY FOR TEACHING AND LEARNING 1	1.75	3.0
PrEd 141n	THE TEACHER AND THE COMMUNITY, SCHOOL CULTURE AND ORGANIZATIONAL LEADERSHIP	1.75	3.0
NSTP 12c	CIVIC WELFARE TRAINING SERVICE (CWTS)	1.75	3.0
Serial No. : C-08-054088-20			
PhEd 12n	FITNESS EXERCISE	1.50	2.0

First Semester, SY 2020 - 2021

Math 11n	MATHEMATICS IN THE MODERN WORLD	3.00	3.0
PhEd 121	PHYSIOLOGY OF EXERCISE AND PHYSICAL EDUCATION	1.75	3.0
PhEd 123	INDIVIDUAL AND DUAL SPORTS (RACKET SPORTS, ATHLETICS & MARTIAL ARTS)	1.25	3.0
PhEd 125	CURRICULUM AND ASSESSMENT FOR PHYSICAL EDUCATION AND HEALTH EDUCATION	2.25	3.0
PrEd 146n	ASSESSMENT IN LEARNING 1	1.50	3.0
ScSc 14n	PHILIPPINE INDIGENOUS COMMUNITIES	2.00	3.0
SpEd 117n	FOUNDATION OF SPECIAL AND INCLUSIVE EDUCATION	1.25	3.0
PhEd 13n	PHYSICAL ACTIVITIES TOWARDS HEALTH AND FITNESS I	2.00	2.0

Second Semester, SY 2020 - 2021

Humn 11	ART APPRECIATION	1.50	3.0
PhEd 120	PHILIPPINE TRADITIONAL DANCES	1.50	3.0
PhEd 122	PHILIPPINE TRADITIONAL GAMES AND SPORTS	2.00	3.0
PhEd 124	PROCESS OF TEACHING PE AND HEALTH EDUCATION	1.75	3.0
PhEd 126	PRINCIPLES, MOTOR CONTROL AND LEARNING OF EXERCISE, SPORTS AND DANCE	1.25	3.0
PhEd 139	SWIMMING AND AQUATICS	2.00	3.0
PrEd 161n	ASSESSMENT IN LEARNING 2	1.75	3.0
PhEd 14n	PHYSICAL ACTIVITIES TOWARDS HEALTH AND FITNESS 2	1.25	2.0

<< continue to next page >>

Not Valid
Without Seal

MIRIAM M. DE LA TORRE
V-OIC, University Registrar



Management System
ISO 9001:2015



Vision: A globally competitive university for science, technology, and environmental conservation.
Mission: Development of a highly competitive human resource, cutting-edge scientific knowledge and innovative technologies for sustainable communities and environment.

Page 2 of 3
FM-REG-26
v1 06-30-2020

No. 23-4992



VISAYAS

STATE UNIVERSITY

MAIN CAMPUS

(Formerly Visayas State College of Agriculture and Leyte State University)

UNIVERSITY REGISTRAR

Visayas State University, Baybay City, Leyte 6521-A, Philippines

Phone: +63 53 565 0600

Local No(s): 1010, 1066, 1067, 1137, 1138, 1136, 1139, 1140

Email: registrar@vsu.edu.ph

Website: www.vsu.edu.ph

OFFICIAL TRANSCRIPT OF RECORDS

VISAYAS STATE UNIVERSITY, Visca, Baybay City, Leyte

19-1-01264: POSAS, JULIET ESPERANZA

: Bachelor of Physical Education (BPED)

Course No	Descriptive Title	Grade	Credit
First Semester, SY 2021 - 2022			
PhEd 131n	COORDINATED SCHOOL HEALTH PROGRAM	1.50	3.0
PhEd 133n	PERSONAL COMMUNITY AND ENVIRONMENTAL HEALTH	2.00	3.0
PhEd 135	MOVEMENT EDUCATION	1.25	3.0
PhEd 137	TECHNOLOGY FOR TEACHING AND LEARNING 2	1.50	3.0
PhEd 151	ADMINISTRATION AND MANAGEMENT OF PHYSICAL EDUCATION AND HEALTH EDUCATION PROGRAM	1.75	3.0
PrEd 131	BUILDING AND ENHANCING NEW LITERACIES ACROSS THE CURRICULUM	2.25	3.0
PrEd 132n	THE TEACHER AND THE SCHOOL CURRICULUM	2.50	3.0
Scio 11	GENDER AND SOCIETY	1.50	3.0

Second Semester, SY 2021 - 2022

PhEd 130	EMERGENCY PREPAREDNESS AND SAFETY MANAGEMENT	1.50	3.0
PhEd 132n	TEAM SPORTS (SOCCER/FOOTBALL, BASKETBALL, VOLLEYBALL, NON TRADITIONAL ULTIMATE HANDBALL, FLOORBALL, FUTSAL)	1.25	3.0
PhEd 134	SPORTS AND EXERCISE PSYCHOLOGY	1.75	3.0
PhEd 136	DRUG EDUCATION, CONSUMER HEALTH EDUCATION AND HEALTHY EATING	2.50	3.0
PhEd 138	INTERNATIONAL DANCE AND OTHER FORMS	2.25	3.0
PhEd 156	MUSIC IN THE K-12 CURRICULUM	2.00	3.0
PrEd 191	SPECIAL TOPICS	2.75	3.0

Summer, SY 2021 - 2022

PhEd 128	APPLIED MOTOR CONTROL AND LEARNING OF EXERCISE, SPORTS AND DANCE	2.50	3.0
PhEd 140	RESEARCH I	INC 1.75	3.0

First Semester, SY 2022 - 2023

Litr 135	CREATIVE WRITING	2.50	3.0
Phlo 11	ETHICS	2.25	3.0
PrEd 153b	FIELD STUDY 1: OBSERVATIONS OF TEACHING-LEARNING IN ACTUAL SCHOOL ENVIRONMENT	1.50	3.0
PrEd 154b	FIELD STUDY 2: PARTICIPATION AND TEACHING ASSISTANTSHIP	1.75	3.0
ScSc 13n	THE CONTEMPORARY WORLD	1.25	3.0
ScSc 16	LIFE AND WORKS OF RIZAL	1.50	3.0
ScTs 11	SCIENCE, TECHNOLOGY AND SOCIETY	1.50	3.0

Second Semester, SY 2022 - 2023

PrEd 200n	TEACHING INTERNSHIP	1.00	6.0
-----------	---------------------	------	-----

Graduated on August 3, 2023 with the degree of Bachelor of Physical Education (BPED) as per VSU Board of Regents Resolution No. 48, s. 2023 dated July 31, 2023.

< any entry below this line is null and void >

Doc.Stamp Paid P30.00

REMARKS : FOR EMPLOYMENT

DATE ISSUED : November 13, 2023

Not Valid
Without Seal

MIRIAM M. DE LA TORRE
VIC, University Registrar



Management System
ISO 9001:2015
www.tuv.com
ID 910655749



Vision: A globally competitive university for science, technology, and environmental conservation.
Mission: Development of a highly competitive human resource, cutting-edge scientific knowledge and innovative technologies for sustainable communities and environment.

Page 3 of 3
FM-REG-26
V1 06-30-2020

No. 23-4992