## MARIA ELENA S. GUY-AB

Brgy. Cabintan, Ormoc City, Leyte Email: elena.guy-ab@vsu.edu.ph Mobile No. 09074161225



## **OBJECTIVE**

To obtain an academic position that will utilize my dedication to students' education and development.

## **QUALIFICATIONS**

- Possess good communication skills both verbal and written
- Flexible and multi-skilled person
- Experienced in teaching and organizing
- Can work with minimal supervision
- Skilled in resolving conflicts
- Skilled at working with people with different personalities
- Able to inspire, comfort and build self-esteem
- Self-motivated and acquires initiative with a high level of energy

## **EDUCATIONAL ATTAINMENT**

#### Visayas State University, Baybay, City, Leyte 6521

Bachelor of Secondary Education Major in Music, Arts, Physical Education and Health June 2014 to June 2018

### **Cabintan National High School**

Brgy. Cabintan, Ormoc City, Leyte June 2010 to March 2014

### **Cabintan Elementary School**

Brgy. Cabintan, Ormoc City, Leyte June 2003 to March 2010

## **CERTIFICATION**

- Licensed Professional Teacher
- Technical Support during the "Sikad, Abante VSU!" Fun Ride May 2021
- Resource Person in the Learn-to-swim component of the Institute of Human Kinetics' extension program entitled "Langoy sa Kaluwasan"
  October, November, and December 2021
- Technical Support during the CHED Regional Padyak Caravan in Eastern Visayas December 2021
- Submitted to the Office of the Registrar the 2<sup>nd</sup> semester AY 2021-2022 Final Grades On Time.

October, 2022

## **WORK EXPERIENCE**

Inclusive Dates	School Company	<b>Position</b>
August 13, 2018 – May 24, 2019	Visayas State University	Part-time Instructor
August 5, 2019 – May 22, 2020	Visayas State University	Part-time Instructor
October 5, 2020 – February 26, 2021	Visayas State University	Part-time Instructor
March 5, 2021 – July 16, 2021	Visayas State University	Part-time Instructor
August 23, 2021 – January 28, 2022	Visayas State University	Part-time Instructor
September 15, 2022 – February 1, 2023	Visayas State University	Part-time Instructor

#### **Accomplishments:**

- Organized lessons in four components of MAPEH
- Made 4As lesson and plan with SMART objectives and creative instructional materials
- Developed and implemented innovative class activities
- Conducted and organized activities relevant for actual learning experiences
- Supervised and monitored the daily cleaning assignments
- Made and accomplished school forms e.g., SF1, SF2, SF5, Form 137-A and 138
- Computed grades in the second grading period.

#### **EXTRA-CURRICULAR ACTIVITIES**

- VSU Annual Intramural Games Students, Faculty and Staff Visayas State University Officiating Officials (2014-2017)
- VSU Annual United Inter-Dormitory Sports Competition Visayas State University Officiating Officials (2015-2017)

#### VSU MAPEH CLUB

Visayas State University Member (S.Y. 2017-2018)

• Member of VSU Basketball Women Varsity Team (2014-2017)

Visayas State University

• Annual Regional SCUAA

Visayas State University

Basketball Athlete (2014-2017)

• Annual Regional SCUAA

Visayas State University

Officiating Officials (2015-2016)

• "Mugna sa MAPEH" Dance and Theater Performer (2016-2018) VSU Gymnasium, Visayas State University, Visca, Baybay City, Leyte

# SEMINARS/ TRAININGS ATTENDED

- Seminar-Workshop on Outcomes Based Syllabus Making January 2020
- VSU E-Learning Environment Training Workshop Series December 2020
- Hands-only Cardiopulmonary Resuscitation July 2022

#### **OTHER SKILLS**

- Singing
- Dancing
- Playing guitar, piano, and ukulele
- Event organizing and managing
- Officiating Sports Events

#### **LANGUAGES**

- Filipino
- English

#### PERSONAL BACKGROUND

Birthday: January 19, 1998

Birthplace: Ormoc City

Age: 25 years' old

Sex: Female Citizenship: Filipino

Religion: Roman Catholic

Civil Status: Single

Language Spoken: Filipino and English Father: Rodulfo B. Guy-ab Mother: Emelinda S. Guy-ab Government Issued ID: PRC – 1734406 TIN ID: 731-557-051

TIN ID: 731-557-051 PAG-IBIG No.: 121251425589

# **REFERENCES:**

#### **JOSELLE R. CAYETANO**

Assistant Professor II Institute of Human Kinetics Visayas State University 09176734281

## VICENTE B. ANTIPASO

Associate Professor IV Institute of Human Kinetics Visayas State University 09153353118

#### MARY JEAN M. SAPAN

Assistant Professor II Institute of Human Kinetics Visayas State University 09423679323