

MILDRED SEMINO RAÑON, RN, USRN

AREA 3, COGON, BAYBAY CITY, LEYTE

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CAREER OBJECTIVE

A hard-working individual who is willing to go through challenging positions that her knowledge, skills, and attitude can be applied and enhanced; likewise, to contribute to the success of the institution, together with colleagues, by being competent and competitive in fulfilling any duties and responsibilities.

EDUCATIONAL BACKGROUND

TERTIARY

Saint Michael College, *Hindang, Leyte*

Bachelor of Science in Secondary Education (2017-2018)

University of Perpetual Help System Dalta, *Las Piñas City, Metro Manila*

Bachelor of Science in Nursing (2004 – 2007)

Achievements:

- Consistent Dean's list
- Class Vice President
- Ranking: Top 24 out of 1547 nursing graduate of batch 2007 with GPA of 90% and RLE grade of 89%.

Philippine Normal University, *Prosperidad, Agusan Del Sur*

Bachelor of Secondary Education Major in English (2002 – 2003)

Achievements:

- Dean's list for two semesters

Visayas State University formerly *Leyte State University, Baybay City, Leyte*

Bachelor of Animal Science (2001-2002)

SECONDARY

Sta. Maria National High School, *Trento, Agusan Del Sur (1997 – 2001)*

Achievements:

- First Honorable Mention
- Chess Player of the Year
- Editor-in-chief of the school paper (The Ringing Bell)
- Math Olympiad School Representative Provincial level
- Science Fair School Representative Provincial level
- Treasurer of School Body Organization

PRIMARY

Upper Calumpang Adventist Elementary School, *Calumpang, General Santos City (1991 – 1997)*

Achievements:

- Consistent First Honor
- Most Outstanding Student
- Class President

TRAININGS ATTENDED

“Basic Life Support: Cardiopulmonary Resuscitation for Health Care Providers”

Philippine National Red Cross - Las Piñas Sub-Chapter (*August 13-14, 2007*)

“Standard First Aid Training”

Philippine National Red Cross - Las Piñas Sub-Chapter (*August 15-17, 2007*)

“Basic I.V. Training Program” (Medical Center Muntinlupa)

Accredited by the **Association of Nursing Service Administrators of the Philippines, Inc. (ANSAP)**
(*February 27-29, 2008*)

WORK EXPERIENCE

PUBLIC HEALTH ASSOCIATE	Department of Health Region VIII (<i>2020 – 2022</i>)
MEDICAL SURGICAL STAFF NURSE	University of Perpetual Help Medical Center (<i>April 2008 – February 2009</i>)
VOLUNTER STAFF NURSE	Democrito O. Plaza Memorial Hospital (<i>November 21-December 22, 2007</i>) Medical Ward Duties and Responsibilities: <ul style="list-style-type: none">• Admit patient from Emergency Room.• Carry out Doctor’s order.• Charting and Provide nursing care to admitted patient which includes administration of medication, reinsertion of IV cannula, ECG monitoring and other nursing procedures.
COMPANY NURSE	MEDPRO – Hewlett Packard, Makati City, Metro Manila (<i>April 15, 2008</i>) Duties and Responsibilities: <ul style="list-style-type: none">• Attend to the health-related needs of the employees and provide health teaching how to improve their health and free from illness.• Develop and implement nursing care plans and keep medical records of employees.• Administer nursing care to employees who are ill and injured• Provide first aid and refer patients to nearest hospital for the continuity of care.• May advice on health maintenance and disease prevention or provide case management.
PART TIME PRIVATE NURSE	(<i>March 8, 2008</i>) Duties and Responsibilities: <ul style="list-style-type: none">• Vital signs monitoring• Administration of medication• Ensures client safety• Assist patient in performing daily activities

PERSONAL INFORMATION

Date of Birth: February 3, 1984

Place of Birth: Sta. Maria, Trento, Agusan Del Sur

Gender: Female

Age: 39

Height: 5'4

Civil Status: Married

Citizenship: Filipino

Religion: Seventh-Day Adventist

SKILLS AND INTEREST

- Knows how to deal with other people from all walks of life.
- Knowledgeable in clerical works such as typing, filing, and encoding
- Willing to work under time pressure, customer service oriented.
- Dedicated to work with a positive attitude.
- Committed to serving my client with the best of my abilities.
- Trained to be patient and empathetic to my client
- Computer savvy specifically using MS Office.