

## Regina Isabel Ballos Paris

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### Objective

To obtain a Part-time Instructor position in the Department of Biological Sciences at Visayas State University, where I can utilize my skills in laboratory instruction, research, communication, and adaptability to support the department's academic programs and instructional goals. I aim to assist in the implementation of academic activities, facilitate the effective delivery of learning materials and tasks, and further develop my knowledge and expertise in zoology.

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### Core Skills

- Research and Analytics
- Laboratory Techniques
- Instructional Communication
- Fieldwork Experience
- Digital and Communication Tools

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### Education

August 2020 – August 2025 **Bachelor of Science in Biology, Major in Zoology**  
University: Visayas State University, Visca, Baybay City, Leyte, Philippines

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### Experience

December 2023 - March 2024 **ESL Tutor**  
Company: Rarejob.Inc. Quezon City, Metro Manila, Philippines  
Activities & Tasks:

- Delivered one-on-one English lessons to Japanese students and professionals
- Managed teaching schedules independently and resolved lesson concerns constructively.
- Maintained professionalism and cultural sensitivity during virtual interactions.

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### Key Achievements

March 24, 2024 1st Placer of the "Entrepreneurship Challenge 2024: Game of Pitches workshop", Visayas State University  
July 15, 2021 Award for Research and Innovation, Sogod National High School

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## Trainings Attended

- 2025 12-Hour Bacterial Bioinformatics Training, Helix Biogen Institute (virtual)
- 2023 150-Hour Baybay City Immaculate Conception Hospital, Baybay City, Leyte,

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## Conference and Presentations (Selected)

- 2025 Webinar on the Weekend (WOW)! 2025 Series  
Clear the Shelves! Reducing risk of chronic kidney disease and hypertension through sodium reformulation of pre-packaged food products
- Leadership in Science and Research
- International Agri-Life and Bioresource Sciences Symposium
- 2022 Laboratory Techniques for Parasite Surveillance
- 2019 2nd International Conference on Arts and Culture  
Oral Presenter

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## Character References

### **Cheryl C. Batistel**

Ph.D., Associate Professor II and Head,  
Department of Biological Sciences, Faculty of  
Natural and Mathematical Sciences, Visayas  
State University  
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### **Berna Lou A. Regis, Ph.D., Assistant Professor IV**

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### **Rafael Junnar P. Dumalan, MSc.**

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### **Ris Menoel R. Modina, MSc.**

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### **Lorifel H. Torres, Ed.D.**

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