



**LADY WINDEROSE V. OLIVERIO,RND,MBA**

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**Executive Summary**

A registered nutritionist-dietitian who is very passionate in helping the community to have a better life specially for those who are deprived with the basic needs during emergencies and calamities, through nutrition education and updates regarding health and its back-up research.

**Education**

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**Doctor of Public Health major in Preventive Health Care**

Adventist University of the Philippines – on going  
Silang, Cavite

**18 Supplemental Units on Diploma in Teaching Secondary**

Eastern Visayas State University, 2018  
Tacloban City, Leyte

**Master in Business Administration major in Hotel & Restaurant Management**

University of Cebu, March 2016  
Sanciangko Street, Cebu City

**Bachelor of Science in Nutrition & Dietetics**

University of San Carlos, March 2011  
P. Del Rosario St., Cebu City

**Work Experience**

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2011

*Seasonal Nutritionist-Dietician on Diabetasol(KALBE)*

Imara Promo Inc.

- Do counselling on consumers especially those who are diabetic, has a high blood pressure and health conscious.
- Do medical check-up like getting their BPs, height and weight.

- 2011-May2012      **Professional Medical Representative**  
Pro Bio Pharma Inc.  
Bangkal, Makati City, Philippines
- Responsible for promoting medical products or services to healthcare sectors;
  - Plan and organize the product presentation and other activities;
  - Responsible for keeping detailed records of contacts;
  - Regularly attending company meetings, technical data presentations and briefings;
  - Developing strategies for increasing opportunities to meet and talk to contacts in the medical and healthcare sector.
- 2012      **Seasonal Nutritionist-Dietician on NIDO3+**  
Nestle, AVI Agency
- Promote the product to mothers that has a child ages 3 to 5 yrs old.
  - Give nutritional information to parents about milk.
  - Acknowledge balance diet for their family.
- 2013      **Seasonal Nutritionist-Dietician on Nestle Wellness**  
Nestle, AVI Agency
- Give nutrition advice to customers who are age 13 up.
  - Promote the products to customers of which are appropriate for their needs.
  - Acknowledge them to have a balance diet paired with exercise.
- 2013      **Registered Nutritionist-Dietician**  
MetaFit Camp, headed by Coach Alan Chua
- Gives nutrition counselling to all the participants mainly on those who are above the normal weight.
  - Gives advices on how to achieve their desirable body weight.
- 2013-2015      **Dietician, Head of the Dietary Department**  
St. Vincent General Hospital
- Do marketing, receiving and inventory of all the stocks.
  - Make diet list and prepares the formula feedings.
  - Makes the cycle menu for the Patients and for the Canteen.
  - Makes the Staff Schedules.
  - Checks the hygiene of the staff and their PPEs.
  - Give Dietary advice to patients.

- Check on the latest nutritional information that can be applied in the hospital.
- Plan the daily work schedules and at the same time has to divide the work to various workers according to their abilities.
- Leads the workers by guiding them the way of performing their daily tasks.
- Checking progress of work against the time schedule, recording the work performances at regular intervals and reporting the deviations if any from those. I can also frame rules and regulations which have to be followed by workers during their work.

2014

***Seasonal Nutritionist-Dietician on Nestle Yogurt***

Nestle, AVI Agency

- Give nutrition advice to customers who are age 13 up.
- Promote all yogurt and yogurt drinks to customers of which are appropriate for their needs especially those who have problems in their gastrointestinal system.
- Acknowledge them to have a balance diet paired with exercise.

2015-2016

***Registered Nutritionist-Dietician I***

Cebu Provincial Hospital-Balamban

- Do marketing, receiving and inventory of all the stocks.
- Make diet list and prepares the formula feedings.
- Makes the cycle menu for the Patients and for the Canteen.
- Makes the Staff Schedules.
- Checks the hygiene of the staff and their PPEs.
- Give Dietary advice to patients.
- Check on the latest nutritional information that can be applied in the hospital.
- Plan the daily work schedules and at the same time has to divide the work to various workers according to their abilities.
- Leads the workers by guiding them the way of performing their daily tasks.
- Checking progress of work against the time schedule, recording the work performances at regular intervals and reporting the deviations if any from those. I can also frame rules and regulations which have to be followed by workers during their work.

June 2016

***Operations Supervisor***

NgKhai Dev. Corp. – Lakwatsa

- Handles the commissary and store outlets.
- Make sure all the staffs observe proper hygiene and working schedules.
- Supervises the events or bookings held in our function rooms.
- Do inventory, purchasing and marketing of the ingredients.
- Plan the production of the frozen goods.
- Make the menu for the packages given to the customers.

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| April 2017               | <p><b><i>Research and Development Specialist</i></b><br/>         Harbour City Dimsum House Co., Inc</p> <ul style="list-style-type: none"> <li>• Development new foods suitable to the needs of the customers.</li> <li>• Do research on food safety of the all the products</li> <li>• Check all the branches if the procedures if being followed.</li> </ul>  |
| August-<br>December 2017 | <p><b><i>Seasonal Registered Nutritionist-Dietitian handling Glucerna</i></b><br/>         Activations Advertising Agency</p> <ul style="list-style-type: none"> <li>• Give nutrition advice to customers who are type 1 and type 2 Diabetic.</li> <li>• Promote the product to more than 25 customers per day.</li> </ul>   |
| July 2017 to<br>Present  | <p><b><i>Instructor I</i></b><br/>         Eastern Visayas State University, Main Campus</p> <ul style="list-style-type: none"> <li>• Adviser of the BS Nutrition &amp; Dietetics 3<sup>rd</sup> year Students</li> <li>• OJT Coordinator of BSND Program</li> <li>• Handles Basic Nutrition and other major subjects of the BSND Students</li> <li>• For the 4-fold functions of the university and others</li> </ul> |

### **Skills**

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- Excellent written and oral communication skills.
- Result Oriented: ability to achieve the target within the given time.
- Interpersonal Skills, able to build trust and establish rapport with others.
- Extremely productive in a high volume, high stress environment.
- Organization and prioritization skills.
- Creative thinking skills.
- Analytical thinking, planning.
- Nutrition Counseling Skills.
- First Aider

### **Character Reference**

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#### **Emylou Diputado**

Registered Nutritionist-Dietitian  
 Department of Health- Abuyog, Leyte  
 09282697731

#### **Izzem Santillan**

Faculty, Hotel, Restaurant and Nutrition Department  
 Eastern Visayas State University  
 09261217410

#### **Bernard Niño Q. Membrebe, LPT, MSFT**

Head, Innovation and Technology Support Office  
 Eastern Visayas State University  
 09175005631